**curriculum vitae**

**FEMY**

**DUBAI, U.A.E.**

C/o-Phone : +971501685421

Email : femy.344014@2freemail.com

**OBJECTIVE**

 To be a part of the growing organization, where there are ample chances for self- development.

**EDUCATIONAL QUALIFICATIon**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **COURSE** | **BOARD / UNIVERSITY** | **INSTITUTE** | **YEAR OF PASSING** | **MARKS****SCORED** |
| **B.Sc. Nursing** | Rajiv Gandhi University Of Health Sciences, Bangalore | Athena College of Nursing, Mangalore | 2010 | 57.36% |
| **Plus Two** | Board of Higher Secondary Examinations, Kerala State | Sahodaran Memmorial Higher Secondary School, Cherai | 2005 | 65.70% |
| **SSLC** | Board of Public Examinations, Kerala State | Lady of Hope Anglo- Indian High School, Vypeen | 2003 | 68.16% |

**OTHER COURSES / TRAINING**

|  |  |  |
| --- | --- | --- |
| **COURSE** | **AUTHORITY** | **REMARKS** |
| **BLS**(Basic Life Support) | American Heart AssociationINSCOL Health Centre Ltd., Kochi | Valid up to March 2018 |
| **ACLS**(Advanced Cardiac Life Support) | American Heart AssociationINSCOL Health Centre Ltd., Kochi | Valid up to March 2018 |
|  |
| **IELTS** | **Overall Score: 6.5** |
| **OET** | Read | Write | Speak | Listen |
| C | B | B | B |

**PERSONAL DATA**

 Date of Birth : 06-06-1987

 Gender : Female

 Marital Status : Married

 Name of Spouse : Praveen Saberi

 Nationality : Indian

 Religion : Christian (Roman Catholic)

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**LANGUAGES KNOWN**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **LANGUAGE** | **READ** | **WRITE** | **SPEAK** | **LISTEN** |
| **ENGLISH** | **✓** | **✓** | **✓** | **✓** |
| **HINDI** | **✓** | **✓** | **✓** | **✓** |
| **MALAYALAM** | **✓** | **✓** | **✓** | **✓** |
| **KANNADA** |  |  | **✓** | **✓** |

**PROFILE**

* A well-educated highly dedicated competent Registered Nurse with 4 years’ experience in the department of Medical and Surgical ward.
* Ambitious and motivated person, self-confident,loyal, caring,helpful and reliable,pay close attention to patient’s needs.
* Hard working,ready to adjust and adapt into the environment,eager to learn and ready for self-development

**WORK EXPERIENCE**

|  |  |  |  |
| --- | --- | --- | --- |
| **Name of the Institution** | **Position** | **Area of work** | **Duration** |
| **Jehangir Hospital**(Apollo Hospitals Group) 32 Sassoon Road, Pune 411001, India.www.jehangirhospital.com.  | **Staff Nurse** | Medical & Surgical Ward | 07 DEC 2010 –28 FEB 2013 |
| Trainee Nurse | 28 SEP 2010 –06 DEC 2010 |
| **Mangala Hospital** Mangalore, Karnatakawww.mangalahospital.in | **Staff Nurse** | Medical & Surgical Ward | 16 AUG 2014 –10 DEC 2016 |

**JOB PROFILE**

Trained and perform the following procedures and functions

* Mainly as a care giver and health educator for clinically-ill patient which include emergency management, CPR, observation of vital signs, administration of medications, observe side effects;
* Admission and discharge procedures, handling pre and post angioplasty and angiography patients, transfusion of blood and blood products, monitoring CVP, ABG collection, ET suction, RT insertion, maintain patient’s recording and documentations etc.
* Assist physicians in procedures like lumbar puncture, ascitic and pleural tapping.

**DUTIES AND RESPONSIBILITIES**

* Proper hand washing before and after every procedure.
* Provides immediate nursing care to critically ill.
* Accompany doctor’s rounds and implement treatment as required.
* Maintain the highest possible standard of patient care at all times.
* Maintain patient records and respect patient’s privacy.

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* Monitor and evaluate nursing care plan.
* Communicate with other members of health team as necessary and maintain relationship with colleagues and supervisors.
* Support the patient’s family by providing proper information about the line of treatment and its benefit.
* Providing a safe environment and required supplies for patient care.
* Allaying fears and anxiety of the patient by giving clear concise explanation and assurance.
* Providing nursing care for patients with various medical conditions like diabetes mellitus, hypertension, anemias, etc.
* Providing nursing care of elderly patients with medical conditions.
* Providing basic care and nursing care for bedridden patients.
* Assisting in various bedside procedures like ascitic tapping, lumbar puncture,etc.
* Pre and post-operative care.
* Independently perform bed side procedures like foley’s catheter, ryles tube, and i.v access.
* Performing wound dressing,ET care and suctioning.

**TYPES OF CASES HANDLED**

|  |  |
| --- | --- |
| * Craniotomy
* Head Injury
* Myocardial Infarction
* Organ Transplanted Patients
* Stroke
* Poisoning
* Hypoglycemia
* Diabetes Mellitus
 | * Liver Cirrhosis
* Bleeding Disorders
* Hypokalemia
* Hyperkalemia
* Fractures
* CABG
* COPD
* CRF, etc.
 |

**TYPES OF EQUIPMENTS HANDLED**

|  |  |
| --- | --- |
| * Cardiac Monitor
* Syringe Pump
* ECG Machine
* Pulse Oxymeter
* AMBU Bag and Crush Kit
* Glucometer
* Nebulizer
 | * Air Mattress
* Stethoscope
* B.P Apparatus
* Suction Apparatus
* Clinical and Rectal Thermometer
* Infusion Pump
* Laryngoscope with different types of blades
 |

**SKILLS**

|  |  |
| --- | --- |
| * Good communication skill
* Ability to deal with people
* Team facilitator
* Leadership skill
 | * Maintaining all equipment in working condition
* Good care giver
* Good encourager
* Computer skill
 |

**PASSPORT DETAILS**

|  |  |
| --- | --- |
|  |  |
| Place of issue | Cochin |
| Date of issue | 28/08/2012 |
| Date of expiry | 27/08/2022 |

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**LICENCES:**

* HAAD – REGISTERED NURSE
* DUBAI HEALTH AUTHORITY

 REGISTERED NURSE NURSING

DATE OF ISSUE : 18/12/2016

 DATE OF EXPIRY : 18/12/2017

* KERALA NURSING COUNCIL
* KARNATAKA NURSING COUNCIL

**DECLARAtION**

I hereby declare that the above furnished details are true to the best of my knowledge.

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