

**ALYSSA**

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PERSONAL INFORMATION

Date of Birth: July 17, 1991

Age: 25 years old

Gender: Female

Nationality: Filipino

Marital Status: Single

Languages: Tagalog, English

Religion: Roman Catholic

Passport Details:

Place of issue: Manila, Philippines

Expiry Date: April 20, 2021

EDUCATION

March 2011 **Colegio de San Juan de Letran – Calamba**

*Bachelor of Science in Nursing*

BucalCalamba City, Laguna

LICENSURE

Licensing Body: Health Authority – Abu Dhabi

Professional Status: Registered Nurse

Issue Date: March 08, 2016

Expiry Date: March 08, 2018

Licensing Body: Professional Regulation Commission

Professional Status: Registered Nurse

Registration Date: September 16, 2011

PROFESSIONAL EXPERIENCE

Inclusive Dates: July 16, 2016 up to present

Name of Hospital: Al Madar Medical Center

Address: Al Jimi, Al Ain, United Arab Emirates

Unit: Orthopaedic Department

Position: Clinic Nurse – Full Time 45 hours/week

*Duties and Responsibilities*

* Prepares equipment for in-office procedures, and aids physicians during examination, treatment, and testing of patients.
* Work with doctor to perform treatments on patients with musculoskeletal conditions.
* Assist orthopaedic doctor in performing procedure such as: cast application, application of splint, debridement of wound, wound cleaning and dressing.
* Monitor the patient’s health and general body condition and report changes and improvements to the doctor.
* Take pain prescriptions from the doctors and administer as ordered.
* Monitor and quickly attend to any signs of negative reactions to drugs and allergies.
* Assigned ICD-9/ICD10 and CPT codes to surgical musculoskeletal related diseases

Inclusive Dates: August 1, 2012 up to June 30, 2016

Name of Hospital: Laguna Medical Center

Address: J. De Leon St. Sta. Cruz, Laguna Philippines

Bed Capacity: 250 beds

Unit: Medical Ward

Position Title: Staff Nurse- Full time 40 hours/week

*Hospital & Description*

Laguna Medical Center is a government owned tertiary referral hospital providing 250 beds with technologies and treatment capabilities in the province of Laguna. It provides health services in all major specialties including Out-patient Dept., Emergency Room-Admitting Dept., Pediatric Dept., Medical Dept., Surgical Dept., Pay ward Ob- Dept., OR Complex, Recovery Room, Delivery Room Dept., Laboratory and Radiology Dept., Ophthalmology, and ENT and Dental Dept. Laguna Medical Center also offers specialty areas like ICU, NICU, PICU, SICU and other services like CT-scan imaging, 2D-echo and mammography.

*Medical Ward Nurse*

The Medical Department of Laguna Medical Center serves a variety of acute medical patients who are experiencing Cardiac, Respiratory, Gastrointestinal and Neurologic disease and variety of procedures that requires monitoring. The medical staff comprises of 2 nurses and 1 nursing aid per shift with 35 bed capacity.

*Duties and Responsibilities:*

1. Knows and observes the hospital policy, objectives and standards as well as those of the Nursing Service Division in the light of the Vision-Mission of the Institution.
2. Knows and applies the Nursing Process in carrying out nursing functions.
3. Implements the medical and nursing care plans in medical adult care in coordination with the other members of the Health Team:
   1. Admission routines: vital signs; checks accuracy of records; carries out accurately initial treatment/IV fluids, medications, etc; orientation and the plan of care.
   2. Receives from and gives endorsement to other staff Nurses to ensure continuity of care.
4. Makes patients’ rounds paying particular attention to the following:
   * + Assessment of the patients’ condition.
     + Obtains and records initial assessment and establishes priorities according to patient age, symptoms and psychosocial needs
     + Condition of contraptions: IV Fluids, catheter, etc.
     + Pertinent information for and/or from the patient and/or doctor.
     + Interacting with the patients and relatives.
5. Renders direct nursing activities: assessment; taking vital signs; giving medication; facilitates carrying out of diagnostic procedures; treatment/IV Fluids; observation, recording and reporting of the progress of patients’ condition; hygiene and comfort measures; instructions/health teachings; interacts with patients and relatives; etc.
   1. Specific for 6AM-2PM shift:
      * Attends doctor’s rounds
      * Carry out doctor’s orders
      * Prepares request for diagnostic procedure
      * Updates Kardex
   2. Specific for 2PM-10PM shift:

* Follows-up results of diagnostic procedures done in the morning.
* Follows-up of referrals to other doctors.
* Updates Kardex and completes other legal records missed out by other shifts
  1. Specific for 10PM-6AM shift:
* Prepares requests for medicines good for 24 hours.
* Prepares patients for medical procedure, diagnostic test and operation in the morning.
* Updates Kardex and completes other legal records missed out by other shifts.

1. Perform special procedures such as:
   1. Cardio-pulmonary resuscitation
   2. Suctioning per orem and thru ET
   3. IV insertion
   4. NGT insertion, lavage and gavage
   5. Foley Catheter Insertion
   6. Administration of emergency, cardiac and regulated drugs
   7. Blood transfusion
   8. Assist surgeon on thoracostomy procedure
   9. Assist doctor on thoracentesis and paracentesis procedure
2. Prepares accurate documentation of treatment, procedures, and progress notes.
3. Carries out discharge procedure/process: settling of hospital bill, clearance, discharge notice, take home medications and/or instructions and follow up checkups.
4. Supervises and evaluates functions delegated to Nursing Attendant.

*Procedures Performed / Assisted:*

• Chest tube insertion

• Paracentesis

• Thoracentesis

• Incision and drainage

• Disarticulation

• Suturing

CERTIFICATES

November 09, 2015 **Basic Life Support (CPR and AED)**

GF KB Arizona Tower 838 P Campa St, Bgy 396, Zone 041 Sampaloc, Manila, Philippines

December 20, 2014 **Renal Replacement Therapy – Peritoneal Dialysis**

San Pablo Colleges Medical Center, San Pablo City, Laguna, Philippines

December 19, 2014 **Standard of Professional Care in IV Therapy**

San Pablo Colleges Medical Center, San Pablo City, Laguna, Philippines

December 18, 2014 **Infusion Therapy Devices**

San Pablo Colleges Medical Center, San Pablo City, Laguna, Philippines