Mrs. Anitha

Anitha.345347@2freemail.com

**OBJECTIVE:**

ASPIRING FOR THE CHALLENGE CAREER IN NURSING PROFESSION. DESIROUS OF TAKING UP CHALLENGING JOBS AND EXECUTING THEM IN TIME AND TO THE SATISFACTION OF THE CLIENT.

**EXPERIENCE SUMMARY:**

.WORKED AS A “STAFF NURSE” IN KASTURBA HOSPITAL MANIPAL from April 2010 to 31-01-2017

**CURRICULUM~VITAE**

**OBJECTIVE:**

TO WORK IN A CHALLENGING ENVIRONMENT TO EXPLOIT MY CAPABILITIES TO THE MAXIMUM AND TAKE CARE OF THE PATIENTS IN THE BEST POSSIBLE MANNER.

**PERSONAL DETAILS:**

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| --- | --- |
| **NAME : :****SEX : : :** **DATE OF BIRTH :** **PLACE OF BIRTH :** **RELIGION :****NATIONALITY :****MARITAL STATUS :****PROFESSION :****LANGUAGES KNOWN :** | **Mrs. Anitha** FEMALE23/11/1988UDUPIHINDUINDIANMARRIEDGENERAL NURSING AND MIDWIFERY ENGLISH, HINDI, KANNADA,MALAYALAM, TULU  |

**LICENSE DETAILS**

**Complete Address of Licensing body**

* The Karnataka State Nursing Council. Bangalore

**Professional Status**

**EDUCATIONAL & PROFESSIONAL QUALIFICATIONS:**

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| **LEVEL** | **SCHOOL** | **Institute** | **YEAR** | **PERCENTAGE** |
| S.S.L.C. | Parkala High School | Karnataka Secondary Education Examination Board | MARCH 2004 | 68.16% |
| P.U.C. | Govt. PU College For Girls, Udupi | Pre- University Board Bangalore, Karnataka State | MAY2006 | 72.16% |
| 1ST Year GNM | City School of Nursing | Karnataka State Diploma In Nursing Examination Board, Bangalore | AUGUST2007 | 62.2% |
| 2ND YearGNM | City School of Nursing | Karnataka State Diploma In Nursing Examination Board, Bangalore | AUGUST2008 | 64% |
| 3RD YearGNM | City School of Nursing | Karnataka State Diploma In Nursing Examination Board, Bangalore | AUGUST2009 | 73% |
| INTERNSHIP | City School of Nursing | Karnataka State Diploma In Nursing Examination Board, Bangalore | Feb. 2010 | 72.6% |

**PROFESSIONAL EXPERIENCE:**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **HOSPITAL** | **TYPE** | **NO. OF****BEDS** | **DESIGNATION** | **PERIOD** | **AREA** | **DURATION** |
| KMC Hospital Manipal NABH accredited ISO 9001-2000Certified 2032 Bedded Hospital | PRIVATE | 2032 | STAFF NURSE | 01-04-2010 to 31-01-2017  | Medical Semi ICUMedical WardSurgical WardOrthopaedic Ward, Pulmonary ward, Plastic Surgery ward | 6YEARS 10 MONTH  |

**ACHIEVEMENTS:**

* PARTICIPATED IN MALARIA PROGRAMME

**JOB DESCRIPTION:**

**NAME :** **Mrs. Anitha**

**DESIGNATION :** STAFF NURSE

 **LICENSE STATUS :** **MOH** PASS.

**GENERAL INFORMATION:**

* KASTURBA HOSPITAL IS INCLUDING ICU, ICCU, NICU, PICU, POST OP ICU, NEURO ICU, AKU, KTR, ALL TYPES OF OPERATION THEATERS, OPD, MEDICAL SURGICAL WARDS, DIAGNOSTIC DEPARTMENTS, CONSULTING ROOMS & QUARANTINE WARD.

**DUTIES AND RESPONSIBILITIES:**

* MANAGEMENT OF PATIENT'S CARE. ADMISSION, TRANSFER AND DISCHARGE
* ASSESSMENT OF PATIENT'S NEEDS & TAKING CARE OF THEIR NEEDS
* INTERPERSONAL RELATIONSHIP WITH THE HIGHER AUTHORITIES, CO-WORKERS, PATIENTS & PATIENTS RELATIVES
* MANAGEMENT OF SUPPLIES, EQUIPMENT & ENVIRONMENT
* KEEPING REPORTS & RECORDS
* DEMONSTRATION OF PROCEDURES TO STUDENTS AND CLEARING DOUBTS
* HEALTH EDUCATION TO THE PATIENT & RELATIVES
* MEETING THE PSYCHOLOGICAL, SOCIAL, SPIRITUAL, ECONOMIC AND REHABILITATION NEEDS OF PATIENTS

**INVASIVE LINE HANDLED:**

* CVP LINE CATHETERS
* ENDOTRACHEAL TUBES
* TRACHEOSTOMY TUBES
* ICD TUBES
* ARTERIAL LINES / RADIAL, FEMORAL, BRACHIAL
* PIGTAIL CATHETER
* ROMOVAC DRAINS
* PERIPHERAL LINES
* DIALYSIS CATHETER
* PACE MAKER
* SWAN GANZ CATHETER

**ALSO ASSISTED DURING INSERTION OF ALL THE ABOVE MENTIONED LINES**

**CASES HANDLED:**

* **CARDIAC CASES**
	1. MYOCARDIAL INFARCTION
	2. PRE & POST ANGIOGRAPHY, ANGIOPLASTY
	3. UNSTABLE ANGINA
	4. PAEDIATRIC CARDIAC CASES
	5. AORTIC ANEURYSUM
	6. PRE & POST PACKMAKER IMPLANTATION
	7. INTRA CARDIAC PERMANENT DEFIBRILLATOR IMPLANTATION
* **MEDICAL ICU CASES**
	1. NEUTROPENIC CASES (ALL, CIL, CML, AML)
	2. CVA
	3. PULMONARY OEDEMA, ARDS
	4. PULMONARY KOCHS
	5. RETRO VIRUS POSITIVE PATIENTS
	6. MDR, HEPATIC, ENCEPHALOPATHY
	7. ARF, CRF
	8. RESPIRTORY DISTRESS
	9. HORMONAL IMBALANCES (HYPO, HYPER THYROID)
	10. CANCER PATIENT UNDERGOING CHEMO THERAPY
	11. BARRIER NURSING CARE PATIENTS
	12. NEUROCASES - GBS, MYAESTHENIA GRAVIS
	13. SWINE FLU CASES
	14. ENDOCRINE DISORDERS
	15. HYPERTENSION & HYPERTENSIVE CRISIS
	16. PERITONEAL, CONTINOUS VENO VENOUS HEMODIALYSIS
	17. FISTULA CARE
* **SURGICAL ICU CASES**
	1. RENAL TRANSPLANTS
	2. THORACOTOMY, LOBECTOMY CASES
	3. POST OP GI SURGERIES
	4. POST OP ONCO SURGERIES
	5. NEUROLOGY SX (COILING OF ANEURYSMS)
	6. CRANIOTOMY, SDH CLOT REMOVAL
	7. ORTHOPAEDIC SX
	8. GYNAEC SX LIKE HYSTERECTOMY
	9. BURNS CARE
	10. OPHTHAL SX
* **EMERGENCY CASES HANDLED**
	1. CARDIAC ARREST
	2. ACUTE MI
	3. CARDIAC ARRHYTHMIAS (SVT, VF, V TACH )
	4. RTA
	5. ACUTE BREATHLESSNESS IN CASE OF COPD
	6. ASTHAMA, RESPIRATORY FAILURE IN GBS
	7. POISONING
	8. SUDDEN COLLAPSE (SHOCK)

**INFECTION CONTROL:**

**PRACTICING INFECTION CONTROL PROTOCOLS LIKE:**

* DISINFECTION OF SOILED LINENS
* STRICT ASEPTIC TECHNIQUES FOR ALL STERILE PROCEDURES
* HAND WASHING
* SENDING EQUIPMENT FOR AUTOCLAVING & GAS STERILIZATION
* PROPER DISPOSAL OF BIOLOGICAL & NON - BIOLOGICAL WASTE MATERIALS
* ISOLATION & TREATMENT OF INFECTED PATIENTS
* USE OF GOWN, MASK, CAP, GOGGLES
* UNIVERSAL PRECAUTION FOR INFECTED PATIENTS
* USE OF ANTISEPTIC SOLUTION FOR MOPPING, CLEANING, ETC...

**EQUIPMENTS HANDED:**

* CARDIAC MONITORS
* VENTILATORS, PORTABLE VENTILATORS, DEFIBRILLATORS, ECG MACHINE
* INFUSION PUMPS, SYRINGE PUMPS
* CPAP & BIPAP MACHINES
* ARTERIAL BLOOD GAS ANALYSER
* NEBULIZER MACHINE
* SUCTION APPARATUS
* AMBUBAG, LARYNGOSCOPS, ETC
* PULSEOXY METER
* GLUCOMETER
* SPHYGMOMANOMETER, THERMOMETER
* ETCO2 MONITOR
* DIALYSIS MACHINE
* COMPUTER HANDLING

**PERSONAL QUALITIES :** GOAL ORIENTED HARD WORKING, SINCERE,

OPTIMISTIC & ACCEPTING CRITICISM POSITIVELY.

**DECLARATIONS:**

I DO HEREBY DECLARE THAT ALL MATTERS FURNISHED ABOVE ARE TRUE AND CORRECT TO BEST OF MY KNOWLEDGE AND BELIEF.