Aldrin

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**Professional qualification:**

| **Degree** | Institute | University | **Year of**  **Passing** | **Percentage** |
| --- | --- | --- | --- | --- |
| Bachelor of Science (B.Sc.) Nursing | Alva’s College of Nursing, Moodbidri,  Karnataka, India | Rajiv Gandhi University of Health Sciences, Karnataka | 2003-07 | 69.2% |
| Master of Science (M.Sc.) in  Psychiatric Nursing | Alva’s College of Nursing, Moodbidri,  Karnataka, India | Rajiv Gandhi University of Health Sciences, Karnataka | 2009-11 | 71.74% |
| PhD Nursing | Manipal college of Nursing, Manipal | Manipal University | 7th Jan 2013- Till date | Ongoing |

**Professional experience**:

| **Institute** | **From** | **To** | **Position held**  **& Job Description** |
| --- | --- | --- | --- |
| Alva’s College of Nursing, Moodbidri  Karnataka, India | 02nd November, 2007 | 30st May 2009 | * **Assistant lecturer** * Youth Red Cross program officer |
| Alva’s College of Nursing, Moodbidri  Karnataka, India | 25th May 2011 | 04th January 2013 | * **Lecturer** * Youth Red Cross program officer, * B.Sc. nursing class coordinator |
| Manipal college of Nursing, Manipal | 7th Jan 2013 | 15 July 2016 | * **PhD research scholar** |
| Alva’s College of Nursing, Moodbidri  Karnataka, India | 18 July 2016 | Till date | * **Assistant Professor** * M.Sc.Nursing class coordinator |

**Certificate courses obtained:**

| **Course** | Institute | Dates / Month/ year |
| --- | --- | --- |
| Diabetes educators training program | Christian medical college, Vellore, Tamilnadu | 1st - 11th December 2014 |
| Biostatistics, epidemiology and research methodology | Manipal University, Manipal , Karnataka | 15th – 25th April 2013 |
| Bioethics | Clinical Development Services Agency (CDSA) and Kasturba medical college, Manipal University, Manipal, Karnataka | 16th - 18th October,  14th - 16th November,  17th - 19th December, 2013 |

**Technical skills in computer application:**

***Languages:*** *MS Word. Power point, office*

***Platform:*** *Microsoft Windows 98, XP, vista, windows 10*

**Membership of professional bodies:**

| **Organization** | **Membership Status** |
| --- | --- |
| Karnataka Nursing Council, Bangalore | Life Member (B.Sc. Nursing),  (M.Sc. Nursing) |
| Trained Nurses Association of India (TNAI) | Life Member / lmt |
| Nursing research society of India | Life Member |

**Membership of nonprofit organization:**

JCI (Junior chamber international) Moodibdri Tribhuvan since 2012 till date

**Examinations and Question paper setting :**

Question paper setter for Dr. NTR University of Health Sciences, Vijayawada, India.

**Scientific presentations**

* Poster presented on “***Is group based self management programs more effective in diabetes management”*** during International Conference on Evidence informed practice - an approach to health reform” in 24th & 25th January 2015
* Poster presented on “***Diabetes and Menopause”*** during International Conference on Impact of global issues on women and children” in 9th - 12th January 2017

**Poster presentations**

* Poster competition during observation of diabetes day on theme ***“Act Today to Change Tomorrow”***, organized by Manipal college of nursing, Manipal University, 14th November 2015
* Poster presented during International childhood cancer day on the theme “***Cancaer – Not Beyond Us***” organized by Manipal college of nursing, Manipal University on 10th February, 2015
* Poster competition during observation of diabetes day on theme ***“Healthy Living and Diabetes”*** and received third prize, organized by Manipal college of nursing, Manipal University, 14th November2014
* Presented poster on “***Nurses: A Force for Change – A vital resource for health****.”* during the nurses day observed my Manipal college of nursing, Manipal University, 12th may 2014
* Poster presented during World health day on the theme “***Protect Yourself from Vector Borne Diseases***” organized by Manipal college of nursing, Manipal University on 5th April, 2014
* Poster presented during TB day on the theme  "***Reach the 3 million – find, treat, cure TB***" organized by MSN dept, on 24th march 2014
* Poster competition during observation of diabetes day on theme ***“Diabetes Education and Prevention”***, organized by Manipal college of nursing, Manipal University, 14th November 2013

**Publications**

* A review article titled ***“Effectiveness of self-management programs in diabetes management: A systematic review”*** has been submitted to International Journal of Nursing Practice and its under review stage

**Resource person**

* Resource person for District Level World Health Day program on 7th April 2016 and taken a session on topic ***“Evidence based practice in care of patients with diabetes***”, organized by District Health & Family Welfare Udupi, Government of Karnataka & Manipal College Of Nursing, Manipal University, Manipal
* Resource person for the topic on ***“Risk of bias***” during the systematic review workshop organized by MCON, Manipal on 22nd July 2015
* Delivered a guest lecture on “***Insulin administration***” during the Education for young Type 1 diabetes individuals on 8th November 2015

**Workshop / conference Attended**

* International Conference on **“Impact of global issues on women and children”**, Manipal college of nursing, Manipal, 9th - 12th January 2017
* International Conference (INCON – 2011) on “***Translational Research: Nurses Making a Difference****”*, Father Muller College of Nursing, Mangaluru during 2nd & 3rd November 2011
* International conference on *“****Mind the Gap****”,* Nitte University in collaboration with the University of Wollongong Graduate School of Medicine and the Institute of Australasian Psychiatrists, 5th & 6th January 2013
* International workshop on “***Assessment And Management Of Diabetic Foot****”,* organized under the aegis of “*Diabetic Foot Care- Stepping Ahead*,” world diabetes foundation and Manipal University ” 11th & 12th September, 2015
* International Conference on “***Evidence informed practice - an approach to health reform****”*, 2015
* International seminar on “***Emerging Possibilities In Gerontology***” organized by Institute of social gerontology and research, 26th February, 2012.
* Workshop on *“****Diagnosis and management of pre-diabetes” organized by***  Dr. TMA Pai endowment chair in exercise science and health promotion Manipal University, 17th May 2015
* Workshop on “***Inter-Professional Education and Practice****”*, organized by Dr. TMA Pai endowment chair in inter-professional education and practice, Manipal college of nursing & Manipal University FAIMER international institute for leadership in inter-professional education (MUFIILIPE), 30th April 2016
* Half day author workshop on *“****How to plan & Write manuscripts and get published in scientific journals?***”, SEARCH- The health sciences library and department of library and information science, Manipal University & Springer Nature, 28th June 2016
* Organized a workshop on “***Randomized Control Trial***s” at Manipal college of nursing, Manipal University on 22nd July 2015.
* Organized a workshop on “***Systematic Review****”* at Manipal college of nursing, Manipal University 16th & 17th December 2015
* CME and workshop on “***Diabetes And Cardiovascular Disease: Therapeutics And Investigations***” organized by Department of biochemistry, KMC, Manipal & Medical simulation centre, Manipal University 28th may 2014
* *“****Research colloquium****”*, Manipal University, 6th – 8th April 2015
* CME & Update in “***Cardiac Surgery : A Glorious Past And Bright Future****”*organized by Kasturba Medical College, Manipal University, Manipal, 30th August 2015
* Workshop on “***Systematic Review”***, Dr. TMA Pai endowment chair on systematic reviews and evidence based public health, 20th March 2014
* Workshop on “***Effective Electronic Communication***” at Manipal centre for professional and personal development, Manipal University, 28th December 2013
* *“****Faculty development programs****”* of Manipal college of nursing on 25th & 26th July 2013, 24th & 25th July 2014 , 23th & 24th July 2015
* *“****Cardiac update****”*, Kasturba Hospital, Manipal, 1st November 2013, 1st November 2014
* Conference on “***CRITICON 2012***” organized by Vikram hospital, Mysore, from 23rd – 25th February 2012.
* Conference on “***Traversing pathways in administration: curriculum to career***” or by Alva’s college of nursing, Moodbidri on 2nd February 2012
* Conference on “ L***eaders in action: Navigating the turbulent frontier***” or by Alva’s college of nursing, Moodbidri on 23rd March 2011
* Conference on “***Complementary and Alternative Modalities to Health Care***” organized by Alva’s college of nursing, Moodbidri on 10th February 2010
* Workshop on “***Innovation In Nursing Education” – New Vision & Venture*** organized by City college of nursing, Mangalore on 12th & 13th January 2010
* Workshop on “***Innovative Approaches To Nursing Service Administration***” organized by Yenepoya nursing college, 7th & 8th July, 2009.
* Conference on “***Changing scenario of nursing***” organized by Alva’s college of nursing, Moodbidri on 26th February 2009
* Conference on “***current concepts & leadership in nursing***” organized by Alva’s college of nursing, Moodbidri on 13th February 2008

**Training**

* Attended one day training programme for the programme officers of Youth Red Cross organized by Indian Red Cross Society on 20th august 2011 at Karnataka state branch.

**Awards**

* Poster competition during observation of diabetes day on theme ***‘Diabetes Education and Prevention’*** and received third prize, 14th November2015
* Dr. TMA Pai fellowship for structured PhD in year 2012
* Certificate of proficiency for being top scorer in 2nd year B.Sc. nursing, 2004-05