###### UNAINE

###### UNAINE.347483@2freemail.com

**Personal information**

**Date of birth:**10th June 1989

**Age:** 27

**Marital status:** Single

**Aim and Ambition**

Forward-thinking, enthusiastic physical education professional dedicated to promoting physical and mental well-being through dynamic education and training programs that support development and enhance health and physical education experiences.  Identifies and addresses the diverse learning needs of students in order to achieve high rates of student success

* **Dy. Manager training and development, Fitness & Games, Vibgyor High (Olympia Sportz And Events Pvt Limited), June 2016 to present**
* Editing and enhancing the curriculum
* Conducting Quality Assurance Guarantee (QAG) across 20 Vibgyor centers in India
* Handling Inter house competition across all Vibgyor centers
* Being a medium of data collection for Inter school, weekly meetings, allocation etc
* Indirect reporting head of 20 Sports And Performing Arts coordinators

**Educational Qualification**

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| --- | --- | --- | --- | --- |
| Degree | Board/university | School | Year of passing | Class |
| M.Ed (Physical Education ) | Pune university | Department of Physical Education | 2012 | Distinction |
| B.Ed(Physical education) | Pune university | C.A.C.P.E | 2010 | 1st class with Distinction |
| T.Y.B com | Goa university | St. Xavier’s College | 2009 | 1st class |
| H.S.S (com) | Goa board | St. Xavier’s HSS | 2006 | Pass |
| S.C.C | Goa board | St. Francis Xavier | 2004 | 2nd class |

**Technical Qualification**

Ms Word, excel, power point and internet usage.

**Professional Experience**

* **Sports and Performing arts Coordinator, Vibgyor High Magarpatta City, February 2015 to May 2016**
* Handling a team of 9 coaches and teachers
* Lesson observation
* Checking of lesson plan
* Overall smooth functioning of SPA department
* Organizing tours for the students and playing a lead role in the smooth flow of event
* Planning and organizing the Annual Sports Day, various sports meet etc
* **Physical Education teacher, The Bishops School and Junior college Camp, Pune- July 2014 to February 2015**
* Taught Physical Education subject to class 11 and 12
* Prepared examination papers and the correction for Physical Education
* Conducted Basketball coaching sessions and was responsible for the team’s performance
* **Handball, Fitness and games teacher, Vibgyor High Balewadi- 2012-2014**
* Manage a stimulating classroom with 25 students with responsibility for teaching, testing, grading, assessment, conduct, parent communications, behavior modification and coordination of extracurricular activities.
* Delivered structured lessons which help in the wholesome development of the children.
* Played a role in the coaching of the Handball classes.
* Voluntary work to deal with children with special needs.
* Played a major role in the organization of sports day and other sport related activities
* Coordinated/supervised day trips, camp outings.
* Ensure safety with the use of cones, site inspections, supervision, and ample provision of fluids.
* **Physical Education teacher, St. Mary’s Junior college of Education (TTC)- 2010-2012**
* Conducted Physical Education classes for the students which involved recreational games, importance of Physical Education, First Aid etc.
* Amended lesson plans prepared by the students
* Observed and assessed Physical Education classes conducted by the students

**Certification**

* Certificate aerobics course in Chandrashekhar Agashe college of Physical Education and secured an O grade
* Completed the Jr. NBA & Jr. WNBA Train the trainers Program at Pune.

**Related Experience**

* Basketball Coach, New Youngsters Club, 2013- Present
* Organized daily practice sessions for the students.
* Determined the best team lineup and positioning of players throughout evaluation of each player's physical ability and knowledge of playing strategies.
* Aerobics instructor, Indira College, Talegao – 3 Months Program
* Taught the students various steps and how to use music and rhythm during workout
* Explained to the students the importance of exercise.

**Intern**

* Katariya High School and St. Vincent’s High School, 2009-2010
* Conducted various planned age appropriate activities to the students.
* Taught the students the importance of Physical Education to the students.
* Handball coach, St Mary’s School, 12 weeks program
* Trained the school team
* Planned various drills and fitness activities for the students.
* Introduced and practiced various game strategies.
* Conducted practice matched among the students.

**Research work**

* Presented a paper titled “Flexibility in the lower extremities of the soccer players in the state of Goa” in the seminar ‘Research in Physical Education & Sports Science’ organized by Department of Physical Education, University of Pune.
* Participated in the “National Congress on Physical Activity, Fitness and Health” organized by Department of Physical Education, University of Pune, Maharashtra.

**Sports achievements**

* Represented the state of Maharashtra for Korfball 2011
* Represented Pune University Handball 2010-2011
* Represented Pune University Football 2009-2010
* Played inter zone for Pune city Handball 2009-2010,2011-2012
* Represented Goa university Table Tennis 2008 &2009
* Represented state of Goa for Softball ,Table Tennis and Hockey

**Languages, Interests and Activities**

* Spoken and written knowledge of English, Hindi and Konkani
* Playing football, listening to music, Interacting with people &Traveling

(Unaine Quiterio D’souza)

**\*All certificates of State representation available on request.**