**Personal Data:**

**DOB** **:** 02/06/1989

**Sex** **:**Female

**Nationality** **:** Indian

**Marital Status:** Married

**Languages Known:**

English, Tamil

Malayalam, Kannada

**Computer Proficiency:**

MS Office

Internet

**Hobbies:**

* Reading Books
* Listening music

Athira

Athira.347489@2freemail.com

**Objective**

A challenging position in the field of Nursing in a developing organization where my expertise and experience can be put to the best possible use and my potentials can be effectively tapped. A position that gives me opportunities to develop, integrate and apply my knowledge and skills and moreover to serve patients

**Professional Qualification**

Bachelor degree in nursing in the year 2006-2010 from MVJ College of Nursing Bangalore

* Registration under Karnataka Nurses & Midwifery Council in thestate of Karnataka. Registration No: Registered Nurse &Midwifes-
* Registration under Kerala Nurses and Midwifery council. Registration

**HAAD exam cleared**

**HAAD Licensed , Expiry date- October 2018**

**Personal profile**

Bachelor’s Degree in Nursing

Excellent academic record through out Ability to deal with people diplomatically

Hard working and dedicated

**Academic Record**

* Bachelor degree in nursing in the year 2006-2010 from MVJ College of Nursing, Bangalore.
* Higher Secondary in the year 2004-2006 St. Josephs Central School & Junior College, Mundakayam
* Secondary School certificate **(S.S.L.C.)** in the year March 2004, St.

Josephs Central School & Junior College, Mundakayam

**Speciality training Program**

|  |  |  |
| --- | --- | --- |
| Certificate | Organization | Issue date |
|  |  |  |
| BLS | American Heart Association | 08-06-2015 |
|  |  |  |
| ACLS | American Heart Association | 11-06-2015 |
|  |  |  |

**WORK EXPERIENCE**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  |  |  |  |  |  |  |
|  | **Name of the Institute** | **Areas Worked** | **Duration** |  |  |
|  |  |  |  |
|  |  |  |  |  |  |
|  | M.V.J. Medical College and | Worked as a full | Since 05-10-2010 to |  |  |
|  |  |  |  |
|  | Research Hospital, | time nurse in | 05-04-2011 |  |  |
|  |  |  |  |
|  | Bangalore | NICU |  |  |  |
|  |  |  |  |  |
|  |  |  |  |  |  |
|  |  | Amrita Institute of Health | Pre operative | 27-05-2011 to 03-10- |  |  |
|  |  | and Medical Science | and post Surgical | 2014 |  |  |
|  |  |  | Medical and |  |  |  |
|  |  |  |  |  |  |  |
|  |  | Geetha Hospital , |  | 25-11-2014 TO 15-03- |  |  |
|  |  | Bangalore, INDIA | ICU Nurse | 2016 |  |  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | **Responsibilities** |  |  |  |  |

**In NICU**

* Providing direct patient care for newborn babies.
* Analysing and evaluating the effectiveness of care to babies and mothers.
* Interpreting clinical results and initiating investigations.
* Providing clinical support and training to staff and students.
* Ensuring that accurate documentation and administrative records are kept.
* Making sure surgical equipment is clean and safe to use.
* Regularly undertaking management of unit under the supervision of senior staff
* Preparing nursing care plans.
* Teaching parents how to maintain health at home.
* Creating a welcoming, caring and safe environment for neonates and their families
* Assisting the Physician during procedure like intubation , Umblical Veinous Catheratization,Central Veinous Catherization
* Assisting the Physician while providing Newborn resuscitation

**In Pre & Postoperative Ward - AIMS**

AIMS are a well known super speciality hospital in South India which consists of 1200 inpatient beds. It is one of the famous referral hospitals in India as well. It has almost all the departments like General medicine, General Surgery, Gastro medicine, Gastro surgery, Neurosurgery, Neuromedicine, Urology, Endocrinology, Podiatric Surgery, Gynaecology, Cardiology, Paediatric cardiology, CVTS, Stroke Medicine, Paediatric Surgery, Medical Oncology, Surgical oncology, Radiation Oncology, Rheumatology, Geriatrics etc. Since I was working in a deluxe ward, I used to handle patients from all the above mentioned departments.

**Position: Registered Nurse(Medical Surgical wards)**

**KEY RESPONSIBILITIES**

* Basic Nursing procedures
* Organize admission, transfer and discharge of the patients.
* Wound care management.
* Provide pre and post operative care for patients with surgeries like TURP, Thyroidectomy, THR, TKR, Ovarian cystectomy, LAVH, Appendisectomy,
* Post operative monitoring
* Management of patients with asthma, Neurological disorder, Pneumonia, Stroke ,and diabetes etc
* Educating patients and family members about self medication.
* Pain management, Skin care, NG tube and PEG feeding.
* Urinary Catheterisation
* Venupuncture and IV cannula insertion
* Management of long term IV access like PICC lines and Centre lines
* Blood and other body fluids sample collection
* Recording and Reporting

**Personal Attributes**

Possessing excellent Interpersonal Relationship Possessing excellent leadership Quality

Able to work responsibly and under on initiative

Having a calm disposition and ability to think quickly Ability to organize and prioritize work

Acting as role model for the newly qualified nurses

Participating in the clinical education of students nurses Ability to function independently in diverse assignments Awareness of the need for recording and reporting

Co-ordination and control of activities and within the client care team Knowledge In advance nursing care.

Communication Skills

Efficient in providing holistic care to the assigned client by using nursing purpose.

**Declaration**

I confirm that the information provided by me is true to the best of my knowledge and belief.