208 Blackburn Road

Astley Bridge **Mobile**: 07468101013

Bolton,

BL1 8DT **Email**: shabinaali11@hotmail.co.uk

**Profile**

* Extensive and diverse experience in emergency care
* Wide variety of skills in interprofessional working, effective communication skills, teaching skills and good working knowledge in applying evidence based theory to practise within emergency care.

**Education AND Qualifications**

2007-2010 **University of Salford**

BSc (Hons) Adult Nursing

*2004-2007* ***Bolton Sixth Form* Collage**

A levels: Religious Studies (B), Ethics (C), Health and Social Care (B, C) NVQ: Health and Social Care (Merit). GCSE’s; Mathematics (C), English (C). Information and Communication Technology (Level 2).

* 1. **Smithills School**

GCSEs: Mathematics’ (D), English (D), Child Development (C), Double Award Science (D,D), Business and Communication Studies (D), Religious Studies (C), German (E),Citizenship (D).

**Work Experience**

**09/2010- 10/2012**

**Royal Bolton Hospital.**

**Medical Assessment Unit.**

* Acting as patient advocate in promoting and delivering highest standard of nursing care, using up-to-date evidence based nursing practise ensuring all fundaments’ of care are addressed,
* Practicing time management skills, managerial skills, prioritizing care and organizational skills within a busy setting
* Able to influence and contribute to ideas within the team for an effective work place and to provide effective patient care. Ability to maintain privacy and dignity at all times.
* Good working knowledge in evidence based practise such as aseptic technique, wound care, conducting ECG and basic interpretation. Good underpinning knowledge of pain assessment and management as well as injection technique.

**10/2012- Present**

**Royal Bolton Hospital.**

**Accident and Emergency.**

* Promoting the delivery of a high standard of patient centered care within an emergency setting
* Wide variety in minor injuries
* Triage
* Being committed to high professional standards within a busy environment
* Working within an evidence based framework whilst driving the quality of care forward

**Skills Profile**

**Clinical Practise**

Throughout my time whilst working on accident and emergency. I gained a lot of knowledge in various areas of nursing as well as the management within an emergency situation in a wide variety of chronic diseases. I was able to act as a patient advocate in promoting and delivering the highest standard of care within a prompt time scale. This included recognizing, monitoring and treating patients’ who are acutely unwell as well as treating minor injuries. My current job allows me to demonstrate good interprofessional working and demonstrating effective communication skills promptly to provide efficient care within the NHS.

I have gained experience in recognizing and efficiently providing emergency advanced nursing care to allow efficient service delivery which is transferable to all areas of nursing .

**Teaching Skills**

I also gained a lot of experience in various skills and divisions within teaching, having the opportunity to work alongside student nurses, Having the opportunity to show my competency within practise by teaching students and colleagues’. Contributing to the development of others and giving me the opportunity to continually professionally develop. I have gained a lot of experience in this and hope to continue developing this skill further.

**Organizational and Leadership Skills**

Having the opportunity to assist in planning duty Rota’s to ensure appropriate skill mix and maximum use of resources’ is contained, allowed me to manage time and work around difficult situations. Taking charge of the unit in the absence of more senior staff, where I supervised the work of more junior staff reflected my organizational and leadership skills, portraying my potential management skills.

**Communication Skills**

Often I attended departmental meetings as well as directorate meetings when required, ensured my awareness of developments within my area of practise. I maintained an effective communication network weather this was written, verbal, electronic or informal. My communication skills have developed and will continue to develop with patients and other members of the team allowing me to practise proficient patient care to a high standard.

**Referees:**

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| Janet HarteAccident and emergencyRoyal Bolton Hospital FarnworthBoltonBL4 0JR01204390393janet.harte@boltonft.nhs.ukRita KempAccident and emergencyRoyal Bolton HospitalFarnworthBoltonBL4 0JR0120439393rita.kemp@boltonft.nhs.uk |  |