# OBJECTIVE

An experienced and fully qualified **DHA registered nurse** with nearly 5 years of experience of working in busy hospital environments.Able to work on their own initiative or in support of other healthcare professionals, whilst ensuring that at all times patient care procedures and practices are adhered to.Experience in looking after preterm babies, in pre and post-surgical care in neonatal intensive care unit.

# PROFESSIONAL EXPERIENCE:

* **AlFahim Medical Centre Deira Dubai.**

Designation:StaffNurse

Period:March 2015 onwards

* **AswiniHospital, Thrissur – Kerala.**

Designation:Staff Nurse(Medical & Surgical )

Period:April 2012-May 2014

* **West fort Hi -Tech Hospital, Thrissur- Kerala**

Designation:Staff Nurse(Nephrology)

Period:June 2006-April 2008

* **St. Vincent De Paul Hospital, Thrissur – Kerala**

Designation:Staff Nurse(Pediatrics)

Period:January 2006 – April 2006

# ACADEMIC QUALIFICATION

* **General Nursing and Midwifery**

ST. Vincent - De - Paul Hospital, Ollur, Thrissur

* **Higher Secondary Examination (HSE XII)**

A.K.M.H.S.S. Poochatty, Thrissur, Kerala

* **Secondary School Leaving Certificate (SSLC X)**

St. Sebastian C.G.H.S. NellikunnuThrissur, Kerala

# PROFESSIONAL REGISTRATION DETAILS

* **DHA** – Ref: DHA/LS/3152014/401856 - Assistant Nurse Nursing
* Registration Authority - Kerala Nursing Council
* Registration No: (Nurse) - 46020
* Registration No: (Midwife) - 4602

# JOB PROFILE

* Planning and prioritizing the patient care
* Evaluating the effect of rendered care
* Maintaining fluid and electrolyte balance
* Monitor and observe patients for undue development and refer as necessary
* Administration and calculation of dosage of medications
* Assisting in maintaining airway, breathing, circulation
* Collecting specimens for specific investigations (blood, urine, feces and sputum)
* Administration of blood and blood products
* Providing isolation and practicing barrier technique to prevent cross infection in immune- suppressed clients
* Preparing the unit in case of emergency
* Nursing documentation in a brief, accurate, and complete manner

**ADDITIONAL ROLES AND RESPONSIBILITIES:**

* + Admission of patients
  + Participating in the day-to-day Nurse’ Bedside Rounds
  + Taking over the report from the previous shift
  + Assisting the physician in various diagnostic procedures
  + Referring patients to medico social workers, if needed
* Coordinating with the physician and other health team members
* Maintaining the cleanliness of the unit
* Assessing the physical and psychological needs of the patients
* Assisting the clients to meet activities of daily living (hygiene, nutritional  needs, elimination needs)
* Providing psychological support to clients undergoing palliative care
* Providing therapeutic environment to the patients (proper ventilation, lighting, control of excessive noise and proper sanitation)
* Clarifying doubts of patients and family members
* To monitor emergency equipments regarding their safety and working order
* Packing and sending instruments for sterilization

**EQUIPMENTS KNOWN TO HANDLE**

|  |  |
| --- | --- |
| Pulse oxymeter | Suction apparatus |
| Cord cutting Scissors | Glucometer |
| Pinard’s Stethoscope, | Syringe pump |
| Syringe and needle | Nebuliser |

**PROCEDURES CONDUCTED INDEPENDENTLY**

|  |  |  |
| --- | --- | --- |
| Oxygen Administration | Gastric Lavage | Enema Dressing wounds |
| Prenatal Infusions | Immunization | Passive Exercises |
| Use of Restraints | Positioning for various procedures | Nebulization |
| Cord Clamping | Steam Inhalation | Phototherapy |
| Catheterization and catheter care | Hot and cold applications | Perineal care |
| Instillation | Suctioning | New born examination |

**PROCEDURES ASSISTED IN**

|  |  |  |
| --- | --- | --- |
| Caesarian section | Forceps delivery | Obstructed labor |
| Hysterectomy Dilatation & Curettage ECG | Ultrasound in obstetrics | Antenatal |
| Intranatal | Postnatal palpation | Partograph |
| Episiotomy care | Episiotomy suturing | Ventouse delivery |
| Induction of labor |  | Phototherapy |

# DECLARATION

I hereby declare that the above mentioned is correct up to my knowledge and I bear the responsibility for the correctness of the above mentioned particulars.