

MRS. BEEGUM

BEEGUM.351225@2freemail.com

 **CAREER OBJECTIVE.**

 A responsible and experienced Registered Nurse with an excellent patient relationship skills seeking for a position where my skills, knowledge and experience can be utilized for a responsible career as a Registered Nurse to deliver comprehensive quality health care and education to patients, all towards my pursuit of achieving positive and excellent results for my prospective employer.

 **PERSONAL DETAILS.**

Sex : Female

Date of Birth : 16th May, 1990

Marital Status : Married

Religion : Muslim

Nationality : Indian

Language Known : English-Hindi-Malayalam

Visa status : Residence

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|  **EDUCATION QUALIFICATION.** |

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| Examination Passed | Institution /Board | Year of Passing |
| S.S.L.C10+2 | SSMEM HSS, TrivandrumExamination Board of KeralaPNM HSS, Trivandrum Examination Board of Kerala  |   2005 2007 |
| B.Sc. Nursing | Nightingale College of NursingNedumangad-TrivandrumUniversity of Kerala |  2007 - 2011 |
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|  **REGISTRATION.**  |

* HAAD – UAE Passed : 2017

* HAAD ID:

* The Kerala Nursing Council

 Reg. No. 56410

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|  **WORKING EXPERIENCE IN INDIA.**  |

* **KADUVAYIL THANGAL CHARITABLE TRUST HOSPITAL, TRIVANDRUM-KERALA :** Medical & Surgical Ward from 15th July 2013 to 9th Oct 2015
* **TRAVANCORE MEDICAL COLLEGE, KOLLAM –KERALA:** Medical and Cardiology Ward- from 9th July 2012 to 9th July 2013.

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|  **OTHER HEALTH CARE LICENSE.** |

* **The American Heart Association BLS for Health care providers programme**.

 Course Location: Abu Dhabi University, U.A.E

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|  **AWARDS AND ACHIEVEMENTS.** |

* Participation in National Health programme
* National Pulse Polio Programme
* Revised National Tuberculosis Control Programme
* World AIDS Day

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|  **HOSPITAL EXPOSED DURING THE PERIOD OF COURSE.** |

* Government Taluk Head Quarters Hospital, Trivandrum, Kerala.
* Government General Hospital, Trivandrum, Kerala.
* Government Women & Child Hospital, Trivandrum, Kerala.
* Regional Cancer Centre, Trivandrum, Kerala.
* RIMS Hospital, Trivandrum, Kerala.
* PRS Hospital Trivandrum, Kerala.
* Mental Health Centre, Trivandrum, Kerala.
* Community Health Centre, Trivandrum, Kerala.
* Primary Health Centre, Trivandrum, Kerala.

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|  **SKILLS.** |

* Maintain aseptic techniques at all times.
* Make initial assessment of patients which include vital signs.
* Receive patients from outgoing shift staff and properly hands over to the incoming shift staff.
* Perform direct nursing care, caters to the need of patients actual and potential.
* Provides basic health education to patients and family before discharge.
* Institute life saving lines like Oxygen, ECG and Cardiac monitoring device.
* Assess patient’s condition, notes observation accurately and informs the physician as needed.
* Makes referrals to other members of the health team maximize quality care
* Assists physicians during their daily round.
* Carries out legal orders by the physicians, concerning treatment plans with an understanding of the course and effect.
* Explain to the patients and relatives the procedures and treatment modalities

that will be performed on them, clarifies their doubts and provides care and support as needed.

* Does, intravenous insertion, Catheter insertion, Nasogastric tube insertion as orders.
* Establishes and maintains good working relationship with patients’ members of the health team.
* Strict observation of infection control guidelines and disposal of uncapped sharps.

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|  **EQUIPMENTS HANDLED** |

* Life Care Infusion Pump
* Syringe Pump
* Pulse Oximeter
* Suction Apparatus
* Glucometer
* Sphygmomanometer
* ECG Machine
* Thermo Blanket
* Doppler Machine
* IV Cannula
* Ventilator
* Cardiac monitor
* Ryle’s Tube

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|  **DUTIES AND RESPONSIBILITIES.** |

* Assessment planning, Implementation and Evaluation of the Nursing Care Requirements of their allocated patients.
	+ Share professional knowledge and skills with all colleague.
	+ Demonstrate Nursing Procedures and Supervise Junior Nurses and Students Nurse and Para-nursing staff.
	+ Organization and Management of Nursing Care.
	+ Maintain the core values of all profession.
	+ Efficient recording of all necessary documentation.
	+ Timely identification and communication of any issues to ward manager.
	+ Maintain an effective interdisciplinary communication process.
	+ Conducted Blood Donation Camp in our college.
	+ Participating in all ward and hospital nursing communication process.
	+ Attend all mandatory education sessions.
	+ Be a preceptor to students and newly appointed staff.

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|  **COMPUTER LITERACY.** |

* Familiar with Microsoft Word, Excel, Internet Surfing and e-mail operations.

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|  **HOBBIES.** |

* Reading to keep knowledge updated, Computers and Internet, Painting,

Listening to music and watching T.V.

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|  **MY STRENGTH.** |

* Dedicated and patient focused with proven strengths in acute patient care, staff development and family advocacy.
	+ Exceptional capacity to multitask.
	+ Outstanding interpersonal and communication skill, superior accuracy in Patient history, charting and other documentation.

***Declaration:-***

I hereby inform that all the above information is true to the best of my knowledge and I will produce the necessary documents/certificates whenever required.