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# JOHN

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**PROFILE**

A registered nurse with good interpersonal and communication skills seeking for a challenging position to utilize my strong critical and clinical knowledge and skills in providing the highest standards of care; with relevant experience in General Ward as Staff Nurse for 3.8years and as Head Nurse of the hospital for more than 2 years.

**KEY STRENGTHS**

* Excellent skills in prioritization and organization of work procedures including assessment and evaluation
* Well-developed analytical and problem solving skills in multidimensional and complex acute care setting
* High regard for the provision of holistic, adaptable and flexible care to diverse patient populations and their families
* Excellent ability to work effectively and efficiently under pressure with professionalism
* Committed to grow, learn and adapt to varying changes through continuing professional development
* Ability to construct outstanding working relationship with colleagues
* Collaborate effectively and efficiently with the healthcare team for the promotion of patient centered care
* Effective communication and conflict resolution skills
* Demonstrates a solid understanding of and ability to perform according to the Competency Standards for Nurses, Code of Practice and Code of Ethics
* Good in supervisory and delegation skills; lead and direct nursing staff
* Proven ability to manage and evaluate nursing staff
* In-depth knowledge of all the procedures used in the management of the hospital
* Sound knowledge of all the equipment used in the medical surgical process.

**QUALIFICATION**

* Course: Bachelor of Science in Nursing

Date of Attendance: 2 June 2006 – 31 March 2010

Result: Successful Graduate

Institution: Cotabato Medical Foundation College Inc.,

Address: Poblacion 8, Midsayap North Cotabato, Philippines

**REGISTRATION HISTORY**

* Profession: HAAD Nurse

Status: Registered

Place of Exam: HAAD Abu Dhabi

* Profession: Nurse

Status: Registered

Place of Practice: Philippines

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**EMPLOYMENT HISTORY**

**1.** **Position: Head Nurse/ Health Educator - Full time (40 hours per week)**

**Company: Midsayap Community Doctors Hospital**

**Address: Poblacion 8, Midsayap North Cotabato, Philippines**

**Period: October 2014 - Present**

**Job Description / Duties and Responsibilities:**

* Supervises and coordinates nursing activities in the hospital unit; assigns duties and coordinates nursing service
* Evaluates nursing activities to ensure patient care, staff relations, and efficiency of service
* Observes nursing care and visits patients to ensure that nursing care is carried out as directed, and treatment administered in accordance with physician’s instructions
* Ensure that nursing care meets regulatory standards
* Ensure that nursing medical services are meeting patient needs
* Directs preparation and maintenance of patient’s clinical records
* Inspects rooms and wards for cleanliness and comfort
* Conducts Health Education every Wednesday with staff nurses
* Accompanies physician on rounds, and keeps informed of special orders concerning patients
* Participates in orientation and training of personnel
* Investigates and resolves complaints, or refers unusual problem to superior/chief nurse
* Implements, evaluates and revises plans to meet the unit goals
* Facilitates monthly meetings with medical staff and other healthcare departments
* Evaluate nursing staff performance every six months
* Implement quality assurance systems
* Facilitates and demonstrates patient and nursing staff health education lectures
* Assumes 24 hour responsibility of the unit
* Monitor Infectious Related/Notifiable Diseases specially Pulmonary Tuberculosis related disease and report to Rural Health Unit
* Perform administrative or managerial function such as taking responsibility for a unit’s staff budget, planning or long-range goals.

2. **Position: General Ward Staff Nurse - Full time (40 hours per week)**

**Company: Midsayap Community Doctors Hospital**

**Address: Poblacion 8, Midsayap North Cotabato**

**Period: January 2011 – September 2014**

**Job Description / Duties and Responsibilities:**

* Undertakes a comprehensive and accurate nursing assessment of patient to identify appropriate nursing patient-centered intervention
* Identifies and prioritizes actions and performs intervention based on individual patient care needs.
* Collaborate with members of the interdisciplinary health team to plan, implement, coordinate and evaluate patient care in consultation with the patient and their families
* Develop and implement discharge planning process on admission of patients
* Ensure that patient is provided with appropriate information to make informed decisions relating the treatment, and care reflects patient preferences
* Provides nursing care according to plan and undertakes clinical practice procedures and skills in a competent safe way
* Ensures that physician’s order are promptly and accurately carried out and implemented according to established policies and protocol
* Administers medication in accordance with doctor’s order while observing legal responsibilities in preparation and safe administration of medication, adverse drug reactions and accompanying nursing responsibilities in drug administration
* Modify [patient treatment](http://www.careerplanner.com/Job-Descriptions/Registered-Nurses.cfm) plans as indicated by patients' responses and conditions.
* Maintain accurate, detailed medical information and vital signs
* Maitain patient’s privacy and confidentiality of all information and records at all times
* Performs routined patient rounds and addressed according to patient needs
* Assist the physician in any procedure or examination strictly observing aseptic technique
* Perform or assist others to perform proper aseptic techniques, isolation and infection control measures
* Provide health teaching and holistic care to all patients, instruct individuals, families and other groups on topics such as health education, disease prevention and develop health improvement programs
* Initiates corrective actions whenever information from monitoring equipment shows adverse symptomatology
* Responds to urgent and emergent patient problems appropriately by demonstrating effective decision-making and critical thinking skills
* Direct and supervise less skilled nurses or health care personnel or supervise particular unit.
* Direct or coordinate infection control programs, advising or consulting with specified personnel about necessary precaution
* Engage in continuous medical education and trainings for professional growth

**CASES HANDLED:**

* Cerebrovascular Accident • Congestive Heart Failure
* Myocardial Infaction • Chronic Obrstructive Pulmonary Disease
* Pregnancy Induced Hypetension • Pneumonia
* Emergency Labor • Asthma
* Hypertension • Chronic Renal Failure
* Diabetes Mellitus • Nephritis/ Nephrotic
* Gout/ Arthritis • Dehydration/ Acute Gastroenteritis/Amoeba
* Poisoning • Liver Cirrhosis/ Hepatits
* Animal Bites • Coronary Artery Disease
* Gunshot Wounds and Stab Wounds • Near Drowning
* Vehicular Accidents/ Wound Suturing • Cancer
* Removal Foreign Body • Thyroid Problems
* Circumcission • Seizures
* Sebaceous Cyst, Mass • Peptic Ulcer/ Gastritis
* Urinary Tract Infection • Hernia
* Enlargement of the Prostate • Cholera
* Pulmonary Tuberculosis • Systemic Viral Infection
* Premature Delivered Babies • Anemia/ Blood Disorder
* Post Opperative Patient • Appendicitis

**PROFICIENCIES:**

* IV Cannulation • Different Medication Giving Route
* Obtaining 12-lead Electrocardiogram • Blood Glucose Monitoring
* Blood Transfusion • Administration of Oxygen
* Skin Trauma/ Wound Dressing • Removal of Sutures
* Management of Patients following Surgeries • BLS/ACLS
* Foley Catheter Insertion (male/female)
* Management of Patients with Stomas
* Management of patients with drains
* Oropharyngeal, Nasotracheal, Tracheostomy Suctioning/Care

**EQUIPMENT USED:**

* Suction Machine • Bag Valve Mask
* Nebulizer / Pulmo Aide • Nasal Cannula
* Doppler • Non Re-breather Mask
* Blood Pressure Apparatus • Partial Re-breather Mask
* Bililight / Drop Light • Neurologic Hammer
* Perilight • Automated External Defibrillator
* 12 Lead ECG Machine • Defibrillator
* Pulse Oximeter • Traction Splint
* Glucometer • Airway Adjuncts (OPA & NPA)
* Digital Thermometer • Spine/Cardiac Board
* Cardiac Monitor • Surgical Instruments
* Manual & Digital Blood Pressure Apparatus • Cervical Collar