**Breda**

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**Personal Summary**

My name is Breda I studied BSc Social Work studies at Ulster University, graduating in June 2017 with a second class honours upper division. I have a full Northern Ireland driving licence. Having completed placement opportunities working in Child Protection and Mental Health Services, I know that I have what it takes to fulfil the role of a social worker in a busy working environment. I am organised, confident, motivated and show a lot of initiative both with written and practical work.

**Education**

2013-2016: Ulster University BSc Honours Social Work- Awarded second class honours upper division  
2007-2013: Sacred Heart Grammar School, Newry. GCSE and A-Level

**Professional Experience**

***Aug – Dec 2014 Family Intervention Team (Long Term Team) Banbridge, Co. Down.*** Position: Student Child Protection and Welfare Social Worker

* Being familiar with and adhering to relevant policy and procedure
* Carrying a caseload similar to that of a band 5 social worker (15-20 cases)
* Carrying out weekly home visits to children and their families when there had been reported concerns for the welfare and safety of a child.
* Completing UNOCINI assessments and risk assessments
* Attending multi-disciplinary team meetings
* Liaising with other professionals in contact with families
* Attending and inputting in case planning and case conference meetings
* Facilitating and supervising contact between children and their parents or other family members
* Report writing
* Discussing any child protection concerns with team manager
* Attending weekly supervision sessions
* Engaging with families who were impacted by mental health problems, domestic violence, abuse and addiction.

***Jan - June 2016 Primary Mental Health Care Team, Newry, Co. Down***

Position: Student Social Worker

* Carrying a case load similar to that of a band 5 social worker (10 – 20 cases)
* Engaging with two new referrals to the team each week and attending weekly review appointments
* Discussing cases at multi-disciplinary team meetings
* Completing Mental Health Assessments and Mental Health Risk Assessments
* Completing Recovery Care plans with service users
* Assessing vulnerable adult and child protection concerns
* Attending weekly supervision sessions
* Report writing
* Being familiar with relevant policy and procedures

November 2016 – Present Long Term Team, Drogheda, Co. Louth

Position: Social Worker

* Long term work with children and families who have been referred to services due to child protection concerns
* Completing comprehensive assessments
* Court work
* \* Similar to Family Intervention Team

**Employment**

***Dec 2010- November 2016 – Hughes Retail, Co. Armagh***

Position: Post Office Clerk & Shop supervisor.

November 2016 – Present – Social Work Long Term Team

**Voluntary work**

***May 2011- Dioceses of Armagh Pilgrimage to Lourdes***

Position: Volunteer hand maiden.

**Continuous Professional Development**

* Mental Health First Aid course
* Suicide Awareness course
* Child Protection (NI) Course
* Paediatric First Aid Course
* Child Protection training (Republic of Ireland)
* Nexus training

**Achievements**

* Awarded a second glass honours upper division (2:1) in my Bachelor’s Degree in Social Work from University of Ulster Derry.
* Grade 2 Violin.
* All Ireland medal winner, with Armagh ladies underage team.
* Completed 5k runs for local charities.

**Interests**

* Exercising – I enjoy walking, attending the gym and spinning classes.
* Reading – In particular I enjoy self development books.