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**MRS. NITHYA**

[**NITHYA.355799@2freemail.com**](mailto:NITHYA.355799@2freemail.com)

***OBJECTIVE***

A dedicated professional with diverse expertise in the health care industry as a Nurse, Personable & Professional with reputation for positive attitude with superior communications skills. Seeking a challenging position in an institution where my extensive medical professional and practical experience acquired over the years will be fully utilized and to spend my life in serving the sick with utmost dedication and service.

***PERSONAL* *PROFILE***

**Name** : Mrs. Nithya

**Date of birth** : 08.04.1991

**Gender** : Female

**Marital status** : Married

**EDUCATIONAL QUALIFICATION:**

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| **QUALIFICATION** | ***NAME OF INSTITUTION*** | ***NAME OF BOARD*** |
| ***S.S.L.C*** | *MOUNT TABOR HIGHER SECONDARY SCHOOL,PATHANAPURAM* | BOARD OF PUBLIC EXAMINATION,GOVT.OF.KERALA |
| ***PLUS TWO*** | *ST.STEPHENS HIGHER SECONDARY SCHOOL,PATHANAPURAM* | BOARD OF HIGHER SECONDARY EXAMINATION, GOVT. OF KERALA. |

**PROFFESIONAL QUALIFICATION:**

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| **YEAR** | **NAME OF INSTITUTION** | **NAME OF UNIVERSITY** |
| ***1st Year*** | *THEOPHILUS COLLEGE OF NURSING,DEVAGIRI (P.O) KANGAZHA,KOTTAYAM(DIST)* | *MAHATHMA GANDHI UNIVERSITY,KERALA* |
| ***2nd Year*** | *THEOPHILUS COLLEGE OF NURSING,DEVAGIRI (P.O) KANGAZHA,KOTTAYAM(DIST)* | *MAHATHMA GANDHI UNIVERSITY,KERALA* |
| ***3rd Year*** | *THEOPHILUS COLLEGE OF NURSING,DEVAGIRI (P.O) KANGAZHA,KOTTAYAM(DIST)* | *MAHATHMA GANDHI UNIVERSITY,KERALA* |
| ***4th Year*** | *THEOPHILUS COLLEGE OF NURSING,DEVAGIRI (P.O) KANGAZHA,KOTTAYAM(DIST)* | *MAHATHMA GANDHI UNIVERSITY,KERALA* |

***PROFESSIONAL REGISTRATION***

1. **UAE MINISTRY OF HEALTH :**

***PROFESSIONAL EXPERIENCE***

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| **Name of hospital** | **Position Held** | **Duration** |
| ***Apollo Hospital,Chennai*** | ***Cardiothoracic ICU staff nurse*** | ***4/11/2014 - 30/11/2015*** |
| ***Devamatha Hospital,Rajakumary,Kerala*** | ***Emergency staff nurse*** | ***5/12/2015 - 10/12/2016*** |

***IMPORTANT COURSE COMPLETED***

**B.L.S** : Completed the course in the year 2014, from Apollo Hospital, No. 21, Greams Road, Thousand Light, Chennai-6.

**A.C.L.S** : Completed the course in the year 2014, from Apollo Hospital, No. 21, Greams Road, Thousand Light, Chennai-6.

**INTRAVENOUS :** Completed the course in the year 2014, from Apollo MedSkills, **THERAPY** Ali Towers, 4th Floor, No.55, Greams Road, Chennai-6.

**SEMINARS & COURSES PARTICIPATED**

* Seminars on blood transfusion
* Pain policy
* Basic life support
* Diabetic management
* Infection control
* Bio medical waste management
* Standard precautions
* Fire and safety
* Cardio pulmonary resuscitation

***APOLLO HOSPITAL PROFILE***

Apollo Hospital is 610 bedded multi-specialty tertiary care center has over 50 medical and surgical disciplines with specific area of interest in specializes like **Cardiology, Nephrology, Urology, Orthopedics, Gynecology, Pediatrics, Cardio – Thoracic, Neonatal ICU** including, **Critical Care Recovery, Operation Theatre** and **Day Care Centre**.

This hospital is tertiary referred center in **South East Asia**. It is India’s first cooperative hospitals and one of the first hospital to get an **ISO** certificate in the region and it is **Joint Commission International Accredited** hospital. It is the second best hospital in India.

***DEVAMATHA HOSPITAL PROFILE***

Devamatha Hospital is a 200+ bedded well known hospital in Idukki district. The hospital is equipped with most modern medical equipment’s and techniques that ensure the best patient care.

**JOB DESCRIPTION**

**Job Summary**

The Cardiothoracic Intensive Care Unit Registered Nurse is responsible for managing the care of the patients undergoing cardiothoracic surgeries and requiring complex assessment, high intensity therapies and interventions and continuous nursing vigilance.

The Emergency staff nurse provides rapid assessment and treatment to patients in the initial phase of illness or trauma and often in life threatening situations.

**Job Responsibilities**

* Provides direct clinical services for postoperative patients after cardiothoracic surgeries, according to established protocols and utilizes evidence-based clinical practice standards under the supervision of the charge nurse and nursing officer.
* Prepares the following before receiving patients from the operating room, prepares water seal drainage system, gathers all the required equipments such as warmers, suction tubes and ensures working condition of all the monitors and ventilators.
* Demonstrates commitment to patient safety by speaking up about safety issues and changing nurse practices to enhance safety. Shares errors through system reporting mechanisms and demonstrates shared accountability for safe practices.
* Receives the patient from the operating room nurse and stabilizes the condition of the patient.
* Obtains preoperative and intra operative information about the patient from the OR nurse and anesthetist. Receives postoperative orders related to drugs and fluids from the anesthetist.
* Conducts ongoing assessments as determined by the patient’s condition.
* Sets priorities of patient’s needs and provides care accordingly.
* Attends rounds with doctors, presents the patient’s condition, reports any significant changes in patient’s condition and carries out the orders given by the doctors.
* Continuously monitors the hemodynamic condition of the patient and reports abnormalities, if any to the physician.
* Proficient to handle ventilator, suction drainage system, cardiac monitors, pacemakers (temporary and permanent) and other sophisticated medical equipment such as IABP.
* Interprets appropriate diagnostic and laboratory test results. Explains the necessity, preparation, nature and anticipated effects of procedure(s) to the patient and family members.
* Assist the physician during removal of chest drainage systems.
* Efficient to take care of patients on ventilator, chest drainage systems and central venous access devices.
* Performs appropriate treatments as ordered by the physician in an accurate and timely manner.
* Performs therapeutic nursing interventions as established by individualized plan of care for the patient and his/her family.
* Documents patient’s assessment findings, physical/psychosocial responses to nursing intervention and progress towards problem resolution.
* Initiates emergency resuscitative measures according to adult resuscitation and advanced life support protocols.
* Ensures efficient use of Evidence Based Practices and demonstrates commitment to and participation in research and audit.
* Ensures cost effective usage of organization’s resources in the delivery of patient’s care.
* Coordinates with the ICU secretary regarding transfer of patients and billing related issues.
* Provides care in a non-judgmental, non-discriminatory manner that is sensitive to the patient and family’s diversity, preserving their autonomy, dignity, rights and is culturally competent.
* Reports patient’s condition to appropriate personnel during each shift.
* Documents in medical records and appropriate narrative summaries.
* Identifies educational needs of the family and participates in teaching opportunities. Provides individualised patient/family education customized to the patient and his/her family needs.
* Performs and participates in quality/performance improvement activities and clinical research.
* Demonstrates responsibility for professional practice through active participation in continuing education. Enhances the body of knowledge of nursing or area of specialization through exchange of ideas and knowledge in CNE sessions and top 10 modules.
* Maintains confidentiality in matters related to patient, family, hospital facility and staff.
* Adheres to the hospital policies.
* Participates in the hospital quality improvement program.
* Maintains confidentiality of patient’s information.
* Adheres to the safety protocols of the hospital and ensures safety of the patients.
* Guides and supervises the work of nurse associate.
* Delegate tasks to the nurse associate and other health care assistants rationally.
* Works in accordance with the JCIA standards.
* Works collaboratively and support efforts of team members.
* Handles medico legal cases according to the organisation’s protocols.
* Follows strict infection control protocols and takes responsibility in ensuring quality control related to quality monitors.
* Demonstrates exceptional customer service and interact effectively with physicians, patients, visitors, staff and the broader health care community.
* Possesses BLS and ACLS certification.

***CONDITIONS HANDLED***

* All Congenital Heart Diseases
* Congestive Cardiac Failure
* Deep Vein Thrombosis
* Unstable Angina
* Coronary Artery Bypass Grafting
* Atrial Septal Defect Closure
* Ventricular Septal Defect Closure
* Cardiomyopathy
* Myocardial Infarction
* Mitral Valve Replacement
* Aortic Valve Replacement
* Hypertention
* Diabetes Mellitus
* Permanent Pacemaker Implantation
* Angioplasty
* Pulmonary Oedema
* Pneumonectomy
* Infectious Diseases
* Isolations-TB, Dengue, HIV, hepatitis, MRSA
* Respiratory-Pulmonary Embolism, Pulmonary edema, Asthma, COPD, Upper and Lower RTI

**EQUIPMENTS HANDLED**

* Ventilator : Taema, Siemens, Puritans & Bennett, Nellcor Pb.
* Monitor : L&T, Eagle, Lifescope, Nellcor, Philips
* Syringe Pump : Nepro, Teruma, Atom (Monojet)
* Infusion Pump : Nepro, Terumo, Volumed
* IABP Machine : Arrow, Datascope
* Defibrillator : Helige, Code Master XI, Agilent (Heart Stream XI)
* Pulse Oxymeter : L&T, Obmede, Nonin, Symedcriti – Care
* ECG Machine : Philips
* Pace Maker : Av Sequence, Medtronic
* Warmer : Phoenix, Ohio, Miclinez, Vikers
* CPAP Machine, BIPAP
* ABG Machine, ACT Machine, TEG Machine
* Nebulizer, Jet Nebulizer
* Suction Apparatus
* Glucometer
* Dialysis Machine
* Bain Circuit
* Heated Humidifier
* NIBP
* EtCo2 Monitor
* Alpha Meter, Sequential Compressive Device
* Echo, X-Ray

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| **ADULT SURGERIES** | **PAEDIATRIC SURGERIES** | **VASCULAR SURGERIES** |
| * CABG * Valvuloplasty * MVR * AVR * DVR * ASD Closure * Bendal’s Procedure * Dorr’s Procedure * Heart Transplantation * Pneumonectomy * Lobectomy * Thymectomy * Lung Transplantation | * Atrial Septal Defect Closure * Ventricular Septal Defect Closure * Intra Cardiac Repair * PDA Ligation * Coartation of Aorta * Bidirectional Glenn * Fontan * Arerial Switch * Senning * PAPVC * TAPVC | * Aneurysm Repair * Embolectomy * Endarterectomy * Femero-Popilitial Bypass * Aortic Dissection * Aorto-Billiac Grafting * Aorto-Bifemoral Grafting |

**PROCEDURES ASSISTED**

* Endo Tracheal Intubation, Extubation.
* Insertion of IABP Catheter, ICD, Dialysis Catheter, Venous Catheter, Arterial Catheter.
* Abdominal Paracenthesis, Lumbar Puncture.
* Assisting in Tracheostomy, Bronchoscopy, OGD.
* Giving Basic Life Support and Advanced Cardiac Life Support which includes Cardiac massage and Defibrillation and Emergency Medicine Administration.

**STRENGTHS**

* Self-confident.
* Good Analytical & Communication Skills.\
* Good in Presentation & Communication.
* Good understanding.
* Creativity & Dynamism with Hospitality.
* Capability and interest in utilizing every learning activities.
* Self Dependence & Hard working.
* Good leadership.

**Mean & End**

To work in an Organization, which will reward Dedication, Hard Work and Sincerity.

**Hobbies**

* Reading books to gain knowledge & listening music

**DECLARATION**

I, Mrs. Nithya hereby submit these Curriculum Vitae for your kind consideration and for favorable orders. I assure you Sir, if I am selected, I will discharge my duties to the entire satisfaction of my superiors. I declare that the information furnished above is true to the best of my knowledge.