Candidate CV No : 359245

[Achraf.359245@2freemail.com](mailto:Achraf.359245@2freemail.com)

Achraf

**Education:**

\* Primary school: from 1996 until 2002

\* High school: from 2002 until 2009 (Baccalaureate 2009 Economics and management)

\* College:

- From 2009 until 2013: Superior Institute of Sport and Physical Education

**Languages:**

\*Arabic: Native

\*English: Fluent (written and spoken)

\*French: Fluent (written and spoken)

**Working Experiences:**

* **1997- 2016:**

Handball player in JSC (A national team).

* University handball championship 2 times.
* **2012-2016:**

Handball Coach:

Middle school team (13 to 14 years) 4 sport seasons.

**2011-2012:**

A one-year internship in Middle School of Chihia as PE teacher

**2013 – 2015:**

Personal trainer at “ Marina Gym “ .

**Since August 2016 :**

PE teacher in Alhekma International School of bahrain

**Certificates:**

* PE teacher
* First Degree Certificate in handball coaching.
* Handball referee 1st degree.
* **17th to 19th December 2011:**

Member of the International convention of fitness.

* **2016:**

Turkish super league player with Zagnos Erkek Kelubu (qualification for play off and ¼ Turkish cup).

**Social interests:**

-Travelling around the world and knowing about other cultures, religions, customs and traditions.

-Reading: I am interested in sports books: sports nutrition supplements by Michael Frederic and Delavier Gundill and The training of young handball players (6 to 16 years) by Fray Hammouda.

-Environmental issues.