**Zohreh**

[**Zohreh.359307@2freemail.com**](mailto:Zohreh.359307@2freemail.com)

**Education**

Master degree in sport physiology

University of Tehran

Thesis : the effect of interval training on heart autophagy factors, Beclin1 and P62, in young and old male rats

Supervisor: Professor Rahman Soori

Advisor: Professor Fatemeh Shabkhiz

B.S. in Medical librarianship from Iran University Medical Sciences

# EDUCATIONAL COURSES

lectures, presentations, excursions and works in different labs.

# LANGUAGE PROFICIENCY

Toefl fluent

GRE fluent

# PROFESSIONAL EXPERIENCE

Cooperation in writing two books:Modern principle exercise in water , and Exercise training diabetes.

Took place in Olympiads of swimming matches for several years at University

Manege to achieve ranking first, second and third in swimming matches

Achieve citation in sport at University

Have achieved head lifeguard from Iran Swimming Federation

second degree swimming coach from Iran Swimming Federation

third degree of hydrotherapy coach from Iran Swimming Federation

third degree synchronized swimming coach from Iran Swimming Federation

TRX coach from Iran Universal Sport Federation

third degree physical readiness coach from Iran Universal Sport Federation

# PUBLISHED PAPERS

Daneshvar zavajery,S. Pournemati,P.Hashemabadi,Z.Khosravi.N.Aghaalinejhad,H.Regular physical training reduced oxidative stress caused by exercise in rat,s blood.international journal of biologhy,pharmacy and allied sciences. July, 2015, 4(7): 512-522.

# MANUSCRIPTS UNDER REVISION

Daneshvar zavajery,S. Hashemabadi,Z. Abasgholipour,A. Fatkhani,M. Mehrabizadeh,E. exercise training diabetes. Olum varzeshi. 2015

Abasgholipour,A. Daneshvar zavajery,S. Hashemabadi,Z. Fatkhani,M. Tashakorizadeh,M. modern principles exercise in water. olum varzeshi,2015