**ARLENE**

🖳 [Arlene.36783@2freemail.com](mailto:Arlene.36783@2freemail.com)

|  |
| --- |
| OBJECTIVE |
| To obtain a position as a Medical Practitioner, develop my nursing skills, to provide the highest level of care for clients, and where I can make a positive contribution to the institution. |

|  |
| --- |
| CORE COMPETENCIES |
| Strong Sense of Leadership and Teamwork; Hardworking and energetic, Possess critical thinking skills essential to provide competent and dignified care that enriches patient’s life, highly dependable and reliable. Committed to those in need of care. |

|  |  |
| --- | --- |
| PERSONAL INFORMATION | |
| Birthday:  Civil Status:  Nationality:  Height:  Weight:  Religion:  Spoken Languages: | February 10, 1991  Single  Filipino  5’ 3”  46 kg  Roman Catholic  English, Filipino (Tagalog and Bikol) |

|  |
| --- |
| WORK EXPERIENCE |
| NEPHROLOGY CENTER OF BICOL, INC.  Hemodialysis Nurse Trainee: February-October 2015  OUR LADY MEDIATRIX HOSPITAL, IRIGA CITY  Volunteer Nurse: January-July 2014  BUHI COMMUNITY HOSPITAL, BUHI,CAMARINES SUR  Staff Nurse: February-December 2013 |
| SUMMARY OF SKILLS | |
| |  |  | | --- | --- | | Technical (Medical)  Languages  Other Skills | * Blood Pressure and Neurovascular monitoring; Intravenous Fluid Transfusion; Blood Transfusion; Nasogastric/Osterized Feeding; Endo-Tracheal Suctioning; Parenteral Administration of Medications; Proper Documentation of Nursing Care, etc. * Efficient, and fast in oral and written communication   Filipino, English   * Computer Literate in MS Office and Video & Audio Creation Presentations * Fast Learner in the system and procedures of office work flow * Goal-Oriented on all aspects covered by work | |  |  | | |

|  |
| --- |
| EDUCATIONAL ATTAINMENT |
| Date: June 2008 – March 20012 (*Tertiary)*  Bachelor of Science in Nursing  Camarines Sur Polytechnic Colleges, Nabua, Camarines Sur  Batch 2012  Midwifery  Camarines Sur Polytechnic Colleges, Nabua Camarines Sur  Batch 2010  1 year Certificate on Health Aid  Camarines Sur Polytechnic Colleges, Nabua, Camarines Sur  Batch 2009  Date: June 2004 – March 2008 (*Secondary)*  St. Bridget School  Buhi, Camarines Sur, 2008  Date: June 1997 – March 2004 (*Primary)*  Buhi Insitute Foundation  Buhi, Camarines Sur, 2004 |

|  |
| --- |
| EXAMINATIONS TAKEN |
| Title of Examination: Philippine Nurse Licensure Examination  Date: December 2012  Result: Passed  Title of Examination: Philippine Midwifery Licensure Examination  Date: April 2010  Result: Passed |

|  |  |
| --- | --- |
| TRAININGS/SEMINARS TAKEN | |
| April 25-27, 2014  March 8, 2014  March 8, 2014  March 8, 2014  October 19-20, 2013 | **Basic Intravenous Therapy Training Course**  OLMH Conference Hall,  Our Lady Mediatrix Hospital, Iriga City  **“The Shape of Humanity: Know Thyself” Theme:“Nurses of Today, Transforming the Nursing of Yesterday to a More Competent and Broader Nursing of Tomorrow”**  Camarines Sur Polytechnic Colleges,  Nabua, Camarines Sur  **Nursing Leadership Applied in Clinical Setting**  Camarines Sur Polytechnic Colleges,  Nabua, Camarines Sur  **Current Trends and Issues in the Nursing Practice**  Camarines Sur Polytechnic Colleges,  Nabua, Camarines Sur  **Basic Life Support Training for Healthcare Providers**  OLMH Conference Hall,  Our Lady Mediatrix Hospital, Iriga City |

|  |  |
| --- | --- |
| PERSONAL SKILLS | |
| Languages  Other Skills  Related Hobbies and Interest | * Efficient and fast in oral and written communication   Filipino, English   * Computer Literate in MS Office and Video & Audio Creation Presentations * Fast Learner in the system and procedures of office work flow * Goal-Oriented on all aspects covered by work * Reading books, Singing and Dancing |

*I hereby certify that the above information is true and correct to the best of my knowledge and belief.*