**Contact Name:** AKOKO

**Email:** [AKOKO.362831@2freemail.com](mailto:AKOKO.362831@2freemail.com)

**Civil status:**Single

**Location:**Al Nahda Sharjah

**Nationality:**Cameroonian

**Language:**English- Fluently, French-near native language

**Visa Status:** visit Visa

**Desired position: Assistant Nurse**

**Objective**

Seeking a challenging position as an assistant nurse, keep records, administer medication, consult with other healthcare providers, monitor patients and educate individuals and family. ... These skills help nurses provide the best care to patients and families and the best support to doctors and other healthcare professionals involved in the care of their patient. I can also help patients, palliative care patients, diabetic patients, high blood patients, elderly persons (male and female) following them up, and even prescribe drugs when and where necessary to promote growth, (increasing lifespan, educating them on their hobbies, diets, and many others). Very willing to take care of the old in their homes too/staying at home with family to take care of the old to increase their lifespan

**Responsibilities/Duties**

* Bathing, dressing, grooming, assisting with meals and feeding, medication reminders and serving, companionship and conversation, walking assistance, range of motion exercise, mobility exercise, monitoring diets and eating habits
* Provide hands-on- care to patients, by administering medications maintaining and managing intravenous lines, observing and monitoring patients conditions, vital signs doing bed baths, serving bed pans, maintaining records and communicating with doctors.
* Provide emotional support to patients and family members.
* Educate patients, family members and general public on disease management and control, special diets, plan and medical conditions
* Teach individual how to administer self-medications or complete other self-care task

***Working Experience***

Benakuma Urban (Menchum valley) North West Region Cameroon. August 2015-December 2016

* Following up a patient to see his/her wellness, using a Nursing care Plan (NCP)
* Educating patients and carers, how to interact
* Reporting abnormalities to Medical Doctor, when necessary
* Collecting or helping the lab technician to collect samples when necessary
* Attending to patients getting their problems and working in collaboration with the doctor to see on improvements

Assistant chief of centre DUMBU Integrated Health Centre Nkambe Health Area, North West Region Cameroon January 2014- July2015

* Following up a patient to see his/her wellness, using a Nursing care Plan (NCP)
* Educating patients and carers, how to interact
* Reporting abnormalities to Medical Doctor, when necessary
* Collecting or helping the lab technician to collect samples when necessary
* Attending to Patients getting their problems, and working in collaboration with the Doctor to see on improvements

Assistant chief of centre LUS integrated Health Centre (NWA), Nkambe health Area, North West Region Cameroon. August 2013-January 2014

Following up a patient to see his/her wellness, using a Nursing care Plan (NCP)

* Educating patients and carers, how to interact
* Reporting abnormalities to Medical Doctor, when necessary
* Collecting or helping the lab technician to collect samples when necessary
* Attending to patients, getting their problems, working in collaboration with the Doctor to see on improvements
* Following up a patient to see wellness (using the nursing care palm)
* Educating patients and carers
* Collaborating with medical Doctor to see improvements, especially when need be.
* Ensuring patient is fully attended to at all times

**Educational background**

|  |  |  |
| --- | --- | --- |
| Year | School attended | Certificate obtained |
| 2011-2013 | Training School For State Registered Nurses Bamenda Cameroon | State diploma in Nursing |

**Skills and strength**

* Excellent in handling, educating patients and carers
* Ability to work for long hours in any situation
* Flexible and quickly adapts to different working experience
* Excellent in following up patients(NCP)

**Computer knowledge:**

Internet M2 Regional Hospital Bamenda, Cameroon

**Hobbies**

* Reading
* Educating patients and carers
* Sight seeing
* Travelling
* Sports (football**)**

**References: can be provided on request**

**Declaration**

I declare the information provided above is true and correct to the best of any knowledge

**Available to joint immediately**