 BEENA

Beena.363445@2freemail.com

**CAREER OBJECTIVE:**

* Dedicated registered nurse willing to take up new challenges in career and to obtain a position relevant to the previous experience.
* To maintain the high standards of nursing by being a role model to other professionals.

 **INTROUCTION**: Registered nurse (RN) with **13 years experience( 9 years in UAE)**  in **medical –surgical nursing,OPD**  both in government hospital as well as in private school clinic, UAE. Reliable , ethical health care provider with ability to assess ,plan, implement nursing care and evaluate the nursing process.Skilled in all **nursing procedures, administration of medications and injections** and all other procedures in the related area of medical surgical nursing unit. Excellent in communication and manage during crisis with in the facility Experienced in working with the multinationals and with the Arab community.

 Facilitate groups by conducting **health awareness program**s ,lectures and demonstration of procedures, educational seminars, and collaborate with multidisciplinary teams. Proven ability to build **positive inter-personal relationships with patients,** family members, physicians and other medical professionals/team members.Has professional empathy towards patients and able to coordinate ,organise and lead the team members with a positive attitude to learn and achieve the specified goal.

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| **PROFESSIONAL EXPERIENCE** |

Organisation : **Al Montazah Water and Amusement Park clinic,**

**Sharjah Investment and Economic Development Authority Sharjah.U.A.E**

Duration: March 2014 to March 2017

Designation : Registered Nurse .

Organisation : **Al Amaal English High School clinic ,Sharjah,U.A.E**

Duration: Sept 2010 to Sept 2013

Designation**:** Staff Nurse

Organisation: **M.O.H Hospital & Higher College of Technology, Fujairah ,U.A.E**

Duration: March 2003 to Feb 2006

Designation**:** Staff Nurse

Organisation: **Mercy Hospital, Valakom, Kerala**

Duration: March 2001 to Sept 2001

Designation**:** Staff Nurse

Organisation: **P S G Institute of Medical Science and Research, Coimbatore, TN**

Duration: Feb 1999 to July 2000

Designation: Staff Nurse cum Clinical Instructor

Organisation: **Basaveshwar Medical College, Gulbarga, Karnataka**

Duration: Jan 1998 toDec1998

Designation: Clinical Instructor

Organisation: **Christian Fellowship Hospital, Amblikkai, TN**

Duration: **July 1996 to Dec 1997**

Designation: Staff Nurse

**ROLE & RESPONSIBILITIES**

**From Sept 2010 to March 2017 - Registered Nurse cum first aider**

* Assess and provide appropriate nursing care to the patients
* Administration of medication, injections,other nursing procedures.
* Take care of clients in emergencies and referrel to nearby hospital .
* Impart knowledge to patients and other members of the facility.
* Conduct health lectures as per the need of various age groups.
* Demonstrate procedures focusing on health related topics.
* Conduct health awareness programme.
* Maintain good rapport between the patients /faculty / and management.
* Give vaccination as per the ministry of health schedule.
* Co-ordinate and assist with doctors for medical screening and referrals .
* Maintain the confidentiality of each client and report if needed to the superiors.
* Maintenance of records and registers .
* To do follow up for positive cases.
* Follow strict aseptic techniques as per the standard of MOH.
* Adhere to the guidelines and policies of the Federal Dept of Nursing,UAE.

**From March 2003 to Feb 2006 - Registered nurse in medical unit**

* Take care of patients with medical CVA, respiratory distress, bronchial asthma, diabetic, coma and other ENT disorders.
* Assisted with procedures such as endoscopy,tymphanometry,tracheostomy, audiogram , ear and nasal irrigations
* Skilled in all other nursing procedures like injections, medications, dressings, nebulisations etc.
* Taken care of students in Fujairah Women’s College and referral to hospital.
* Liaison between Counselors and students.
* Follow up of positive cases, co-ordinate with health and safety committee.
* Assisted in health awareness programmes with blood donor mobile unit from Dubai, diabetic clinic etc.
* Rendered health lectures pertaining to health.

 **From Mar 2001 to Sept 2001 – Registered nurse in surgical unit**

* Nursing care of surgical patients.
* Maintenance of patients confidentiality
* Skilled in all nursing procedures during bed side care.
* Maintain good rapport within the facility.
* Assisted as bedside nurse in surgical unit.
* Clinical supervision of nursing students.
* Demonstration of nursing procedures.
* Teaching medical-surgical classes

**From Feb 1999 to July 2000- Registered nurse in medical unit.**

* Worked as a bed side nurse in Male medical ward.
* Skilled in taking care of patients with all medical conditions.
* Demonstration and teaching in clinic settings.
* Conducting Clinical presentations and nursing rounds.

**From Jan 1998 to Dec1998 –Staff nurse cum clinical instructor Medical surgical unit**

* Worked as nurse in surgical unit .
* Skilled in taking care of patients and all common procedures related to surgical cases.
* Demonstration and teaching in clinic settings.
* Conducting Clinical presentations and nursing rounds.

**From July 1996 to Dec 1997- Staff nurse in Medical Surgical Unit**

* Nursing care of patients in medical - surgical and intensive care unit.
* Case Management (Expert)

**SKILLS & LEVELS**

* Nursing Care ( Expert )
* Medication Administration ( Expert)
* Parent/Patient /Family Education ( Expert )
* Patient Advocacy ( Expert )
* Patient Assessment ( Expert )
* Health Teaching ( Expert )
* Quality & Continuity of Care ( Expert )
* Computer proficiency,–MS Off. Excel, Powerpoint ( Expert )

**Bachelor of Science in Nursing** – Dr. M.G.R Medical University, Chennai **(1992-1996)**

**EDUCATIONAL QUALIFICATIONS**

**BLS Certification from American Heart Association.**

**Pursuing Post Graduate Diploma in Health Care Management certified by UK.**

**CNE accredited hours by HAAD and MOH.**

**MOH License holder RN 0003267**

**IELTS - BAND SCORE 6.5**

**AREA OF INTEREST-----------MEDICAL-SURGICAL NURSING/ OPD**

**DESIRED DESIGNATION SENIOR NURSE/ NURSE SUPERVISOR**

Perform in such a way to improve the career and sustain standards of nursing by being a role model to other professionals .

**PERSONAL DETAILS**

* Date of Birth: 15th August 1974
* Age: 42 years
* Sex: Female
* Marital Status : Married
* Visa Status :Residence Visa
* Nationality: Indian
* **UAE driving license holder**.

**LINGUISTIC PROFICIENCY**

1.English (Excellent) 2. Hindi (Excellent)

3.Arabic (Fair) 4.Tamil ( Excellent)

5.Malayalam (Excellent)

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**DECLARATION**

I hereby declare that all the statement made in the above Curriculum Vitae is correct to the best of my knowledge and belief.