**CURRICULUM VITAE**

**SAJANA**

**SAJANA.363724@2freemail.com**

**Objective:**

Seeking a challenging position which will help me to expand my practical experience by providing quality health care to patients. Possess the highest of integrity to hold higher responsibility and willing to take challenge as well as adapt to different working atmosphere.

**Skills & Competencies:**

* Good Communication skills and strong interpersonal relationship irrespective of sentimental values
* Highly motivated and strong commitment to a quality patient service and strong team work philosophy.

**Personal Details**

|  |  |
| --- | --- |
| Name | SAJANA  |
| Date of Birth | 08-07-1988 |
| Sex | Female |
| Marital Status | Married |
| Nationality | Indian |
| Religion | Christian, RC |
| Languages known | English, Malayalam, Hindi & Telugu |
| Personal Strengths | SinceritySkillfulCommunication skillOptimistStress Management skillUnderstandingTeam worker |

**Professional Qualifications:**

|  |  |  |  |
| --- | --- | --- | --- |
| Qualification | Institute | Period | Percentage |
| Diploma in General Nursing & Midwifery(3.5 years) | Govt. General Hospital (G.G.H)Kurnool, Andra Pradesh - 518002 | 2006-2010 | 78% |

**Academic Qualification:**

|  |  |  |  |
| --- | --- | --- | --- |
| Qualification | Institute | Period | Percentage |
| Plus Two | Nirmala College, Chalakudy, Thrissur, Kerala | Marcy2006 | 51.3% |
| SSLC | SHCGHSS, Chalakudy, Thrissur Kerala | March, 2004 | 49.5 |

**Professional Registration**

|  |  |
| --- | --- |
| Nursing Council | Year |
| Kerala Nurse & Midwives Council, (RNRM) | April 2010 |
| Andra Pradesh Nurses Midwives, Auxilary Nurse – Midwives and Health Visitors Council, Hyderabad | 2010 |
| American Heart Association ACLS & BLS MM Institute of Health Science, Mattoor, Ernakulam | Date of issue13-05-2016 to 05-2018 |

**Experience:**

|  |  |  |
| --- | --- | --- |
| Name of Institution | Duration | Department |
| SAFAL HOSPITALCHALAKUDY, THRISSUR-680307 | 27-05-2010 to 27-12-2013 | Casualty, Medical Surgical, Gyanec and Ortho |
| LOTUS HOSPITALH.S.R. LayoutBangalore – 102 | 14-01-2014 to 15-04-2016 | CasualtyDepartment |

**Range of Service**

Casualty, Emergency OT, Cardiology, Gastroenterology, General Medicine, General Surgery, Neurology ENT, Paediatrics and Neonatology Neuro Surgery, Obstetrics and Gynaecology, Orthopaedics, Urology, Psychiatry.

**Equipment’s used**

* Thermo meter
* Pulse Oximeter
* Ambu bag
* Cardiac monitors
* Sution machine and humidifiers
* Nebulizer
* IV infusion pump
* BP Apparatus
* Glucometer
* Stethoscope
* Steam inhaler
* Oxygen cylinder
* Laringo scope
* Emergency Trolley
* Dressing Trolley
* NST machine
* All equipments used in labour room for Vaginal examination and procedure.

**Special Highlights**

* Worked as a Staff Nurse in Emergency OT
* Worked in Labour Room
* Worked at Emergency department
* Attended in service classes in various nursing procedure
* Participated in continuing education program conducted by TNAI

**Duties and Responsibilities**

* Assessment of assigned patients and plan patient care
* Monitor vital signs
* Update nursing care plan
* Implement patient care by performing nursing as per priority need of patient
* To provide immediate care to the patient
* Administration of medications, blood and blood components
* Follow strict aseptic technique and barriers of nursing
* Documentation and reporting
* Meet the emergency situations like cardiac arrest, drug reaction
* Attend doctor’s rounds and follow instructions & chart
* Pre operative and post operative care of patient
* Meet Gynaec emergencies like pre eclampsia, eclampsia APH, cord prolapsed, ectopic pregnancy PPH etc.

**Special procedures assisted:**

* Assist the Neuro Surgies (Brain Tumor)
* Normal and assisted vaginal deliveries
* Episiotomy suturing
* Assist the Emergency Surgeries
* Assist the surgery of Laproscopy

**Procedures which can be handled independently**

1. High levels care for a variety of patients.

2 Regularly participate in lengthy procedures

3 Co-ordinate pre-op clinic.

4 Prepare diagnostic study reports.

5 Educate patients/families on health care needs, conditions etc.

6 Schedule patient’s admissions and discharge.

7 Performing in a multi-disciplined team environment.

8 Knowledge and ability to interpret biochemical and blood values.

9 Counselling to patients and their relatives.

10 Rehabilitation methods.

**Key Accomplishments:**

1. High levels care for a variety of patients
2. Regularly participate in lengthy procedures
3. Co-ordinate pre-op clinic
4. Prepare diagnostic study reports
5. Educate patients/families on health care needs, conditions etc.
6. Schedule patient’s admissions and discharge
7. Performing in a multi-disciplined team environment
8. Knowledge and ability to interpret biochemical and blood values
9. Counselling to patients and their relatives.
10. Rehabilitation methods.