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**JOSIE**

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**PERSONAL INFORMATION:**

Age : 30

Date of Birth : December 4, 1986

Civil Status : Married

Gender : Female

Citizenship : Filipino

**EDUCATIONAL BACKGROUND:**

Bachelor of Science in Nursing

University of Negros Occidental - Recoletos

Bacolod City 2007

**LICENSURE:**

**Philippine Nurse Licensure Examination 2008**

Valid until December 2017

**Kingdom of Bahrain**

National Health Regulatory Authority

Valid Until May 29, 2018

**PROFESSIONAL EXPERIENCE:**

**Staff Nurse**

Accident and Emergency Department

Bahrain Defense Force Hospital

April 1, 2012 – Present

**Hospital Description**

The BAHRAIN DEFENSE FORCE HOSPITAL has a total bed capacity of 400 beds including that of inpatient, outpatient and emergency patient. The hospital ranks as the second largest hospital in Kingdom of Bahrain constituting all clinical infrastructures and highly trained medical staff. The Bahrain Defense Force Hospital has been accredited by the Australian Council on Healthcare Standards (ACHS) obtaining ISO9001:2000.

**Detailed Job Descriptions**

* Provided initial assessment and safe care to stabilize patients in a fast-pace.
* Attend in the case of multiple traumas, cardiac arrest, stroke codes, sexual assaults and conscious sedations.
* Assist with checking in patients, doing triage work and generating initial insurance paper work.
* Maintain contact with the laboratory personnel to report any initial lab findings back to ER doctors.
* Make arrangements for patients that are deemed to need care requiring them to be admitted to the hospital for one night or longer.
* Administered critical IV medications such as, Dopamine, Nitroglycerin and Adenosine.
* Provided care to people across the lifespan with different conditions from infants, children, pregnant women and the elderly.
* Independently maintained safe and effective care to patients with different acuity levels in a time-restricted and demanding environment.
* Constantly communicated and collaborated with physician and other healthcare professionals to ensure optimal care was given to patients in time manner.
* Serve as a member of interdisciplinary healthcare teams in providing critical care and performing life=saving interventions.
* Closely monitored E.R. patients, alerted Physician/Charge nurse with any changes in patients status.
* Interact with patient and family members often from pain, stress, shock or grief.
* Efficiently provided and handled nurse duty in intubation, defibrillations, auto transfusion, medlock insertions, splinting and hypothermia protocol.
* Supervised Lpn’s, Midwife and served as a preceptor or mentor to new nursing staff.
* Applied expertise in data analysis by monitoring laboratory results, blood work, urinalysis and performed sterile procedures including catheterization, IV starts and dressing changes.
* Ensured follow through of interdisciplinary referrals such as, speech evaluation, physical therapy, respiratory therapy, dietician, etc.
* Facilitating pain management and completing prescribed treatments and reassessing effectiveness of therapy.

**Cases Handled:**

* Road traffic Accidents
* Fracture
* Congestive heart failure
* Burn
* Seizure
* Croup
* Anaphylaxis
* Bronchiolitis
* Pneumonia
* Tissue lung disease
* Shocks
* Assaults
* Trauma code
* Ingestion of foreign body
* Stab wound
* Acute Appendicitis
* Pre mature delivery
* Hypoglycemia
* Drug overdose
* Gunshot wound
* Chronic obstructive pulmonary disease
* Sickle cell disease with vaso occlusive crisis
* Acute Exacerbation of Asthma
* Upper gastrointestinal bleeding
* Stroke
* Head Injury
* Arrhythmias
* Respiratory Failure
* End Stage renal disease
* Myocardial infarction

**Equipment Used:**

* Defibrillator
* Intraoseous machine
* Bear Hugger
* Co2 Detector
* PCA Machine
* Mechanical Ventilator
* IVAC machine
* Infusion pump
* Pulse oximeter
* Pco2 machine
* Blood warmer
* ECG machine
* Doppler
* Feeding pump
* Fast Infusion
* ABG machine
* Blood sugar machine
* Air mattress
* Intubation Set
* Central venous line set
* Cardiac monitor
* Suction machine
* Lumbar puncture set

**CREDENTIALS & CERTIFICATIONS:**

**Basic Life Support**

November 13, 2017

Valid Until November 13, 2019

American Heart Association

**Advanced Cardiovascular Life Support**

November 15, 2016

Valid Until November 15, 2019

American Heart Association

**Pediatric Advanced Cardiac Life Support**

April 10, 2017

Valid Until April 2019

American Heart Association

**Triage Course**

November 24, 2012

Bahrain Defense Force Hospital

**Infusion Therapy Training Program**

April 15 and 16, 2012

Bahrain Defense Force Hospital