**PRADEEP**

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# PROFESSIONAL SUMMARY

**Seeking assignments as a Senior medical officer / medical doctor /family physician and Patient Care with an organization of repute. Well-respected Medical officer with 22 years experience treating patients for a variety of conditions. Areas of interest include General illness ,emergency and trauma and chronic conditions Bilingual General Practitioner in a busy medical office serving primarily uninsured and low income patients. Skilled in the diagnosis and treatment of patients suffering from diseases such as asthma, hypertension, diabetes, strokes and COPD. Excellent reputation for patient service and superior clinical skills.**

# SKILLS

Analytical ability and capability to perform under stress and strenuous conditions.

Distinguished Medical Professional Offering a sterling experience of over 22 years with the healthcare sector as a Doctor.

Chronic and acute pain management Accomplished in primary care Dedicated to integrity

Medical staff management Total quality improvement Keen motor skills Conscientious provider Humane and respectful Conflict resolution ability Compassionate professional Calm under pressure Dedicated to excellence

# EDUCATION

* + - 1. BACHELOR OF MEDICINE AND BACHELOR OF SURGERY J.J.M.MEDICAL COLLEGE,DAVANGERE Mysore University *DAVANGERE Karnataka, | 1995*

**DIPLOMA IN ORTHOPEDICS** ORTHOPEDICS J.J.M.MEDICAL COLLEGE ,RGUHS UNIVERSITY *DAVANGERE, KARNATAKA, INDIA | 2011*

Trainings Attended . . ALS,BLS ,ATLS AND ITLS UNDER AMERICAN HEART ASSOCIATION

# CERTIFICATIONS

Current medical license from the Muscat,Oman ministry of health in general practice Medical council of india in Family Practice and in orthopedics

# EXPERIENCE

## SAGAR POLYCLINIC

*SENIOR MEDICAL OFFICER | MUSCAT, OMAN | March 2015 - Current*

Working in a busy community providing primary medical care to patients from the local community by way of General illness ,emergencies,trauma geriatrics, pediatrics, clinics and home visits. Investigating and diagnosing sick and injured patients on their ailments and then arranging appropriate treatments for them.Updating and maintaining accurate patient records.Advising patients on health education matters.

Supervising other administrative and junior healthcare staff.Learning about the medical history of a patient to ensure they have no allergies etc. If necessary referring patients to hospitals or specialist clinics for further investigation. Prescribing medical prescriptions to patients. Involved in the day to day running the practice. Examining patients physically and doing so taking cultural and social sensitivities into consideration. Ensuring a safe work environment for the patients and staff. Giving appropriate health education and advice to patients and carers' to enable self management. Ensuring co-ordination and delivery of all work activities within area of responsibility

## NOVA MEDICAL CENTRE

*SENIOR MEDICAL OFFICER | MUSCAT, OMAN | March 2013 - February 2015*

Greet patients and take personal histories, perform examinations, order laboratory tests, x-rays and other diagnostic procedures • Evaluate patients' physical and mental health; refer patients to specialists where appropriate • Prescribe and administer medications and treatments • Perform routine surgery, such as primary closure techniques (suturing), ingrown toenail removal, skin lesion biopsies and removal of foreign bodies from eyes, ears or wounds • Provide emergency care for acute coronary syndrome and asthma attacks • Provide pre-natal and post-natal care • Perform minor surgical procedures, as required

* + - * + Report notifiable diseases, such as pertussis and measles, to governmental authorities • Advise patients about strategies for maintaining optimal health, including disease and accident prevention

Appropriately diagnosed and treated a variety of diseases and injuries in a general practice setting. Conducted physical examinations to provide information needed for admission to school, consideration for jobs or eligibility for insurance coverage.

## SHILPA DIAGNOSTIC CENTRE

*JUNIOR ORTHOPEDIC SURGEON | DAVANGERE,KARNATAKA, INDIA | May 2012 - February 2013*

As a Junior orthopaedic specialist in orthopedics and trauma Responsibilities: • Worked on rotational basis in Medical, Surgical, Emergency, Paediatrics, O&G, Psychiatry and Orthopaedics departments • Examined patients, documented their medical histories, ordered laboratory tests, x-rays

and other diagnostic procedures • Admitted patients after consulting with senior orthopedic surgeons and other departments like medicine and surgery • Performed minor surgical procedures such as IV cannulation, ECG, and urinary catheterization and assists my professor in orthopedic surgeries

,arthroscopy and arthroplasty

Ordered and executed diagnostic tests and analyzed diagnostic images to further investigate patient conditions.

Operated on an average of 20 patients per week to correct deformities, repair injuries, restore functions and prevent and treat diseases under the supervision of my professor in orthopedics

Prescribes preoperative and postoperative treatments and procedures, such as sedatives, diets and antibiotics.

Inspected medical instruments, equipment and operating rooms to maintain proper hygiene and sterility.

Frequently conducted research to develop and test surgical techniques that would improve operating procedures and outcomes.

Monitored patients' condition and progress and re-evaluated treatments as necessary. Continuously maintained proper safety and took precautionary measures to avoid the spread of disease and infection.

Consistently improved patient quality of life through surgical procedures, treatments and professional medical counseling.

Developed open rapport with patients, encouraging them to share questions and concerns.

## STAR CARE HOSPITAL

*ER PHYSICIAN | SEEB, OMAN | January 2011 - April 2012*

Examined patients and recorded their medical histories and details of their current health concerns • Ordered laboratory and diagnostic procedures • Prescribed and administered medications, inoculations and treatments

Provided emergency care for acute coronary syndrome, asthma attacks, loss of consciousness, acute infection and multiple trauma •

Performed routine minor surgery, including primary closure techniques (suturing), ingrown toenail removal, skin lesion biopsies and removal of foreign bodies from ears, eyes or wounds • Supervised pre-natal and post-natal care provided by midwives • Reported births, deaths and incidence of contagious and other diseases to governmental authorities

Ordered and executed diagnostic tests and analyzed diagnostic images to further investigate patient conditions.

Prescribes preoperative and postoperative treatments and procedures, such as sedatives, diets and antibiotics.

Treated pediatric patients with minor illnesses, acute and chronic health problems and growth and development concerns.

Lead hospital prevention and health promotions to increase awareness of health related issues. Admitted and treated patients as part of the hospital's 24-hour on-call services.

## GREEN CORNER CLINIC

*MEDICAL OFFICER | GHALA, OMAN | May 2006 - October 2010*

Examined patients and recorded their medical histories and details of their current health concerns • Ordered laboratory and diagnostic procedures • Prescribed and administered medications, inoculations and treatments •Provided emergency care for acute coronary syndrome, asthma attacks, loss of consciousness, acute infection and multiple trauma •

Performed routine minor surgery, including primary closure techniques (suturing), ingrown toenail removal, skin lesion biopsies and removal of foreign bodies from ears, eyes or wounds • Supervised pre-natal and post-natal care provided by midwives • Reported births, deaths and incidence of contagious and other diseases to governmental authorities

Advised and educated patients regarding diet, hygiene and effective disease prevention methods. Monitored patients' condition and progress and re-evaluated treatments as necessary.

## AL-THARA POLYCLINIC

*MEDICAL OFFICER | SEEB, OMAN | May 2005 - March 2006*

Examined patients and recorded their medical histories and details of their current health concerns • Ordered laboratory and diagnostic procedures • Prescribed and administered medications, inoculations and treatments • Provided emergency care for acute coronary syndrome, asthma attacks, loss of consciousness, acute infection and multiple trauma •

Performed routine minor surgery, including primary closure techniques (suturing), ingrown toenail removal, skin lesion biopsies and removal of foreign bodies from ears, eyes or wounds • Supervised pre-natal and post-natal care provided by midwives • Reported births, deaths and incidence of contagious and other diseases to governmental authorities

## LITTLE FLOWER HOSPITAL

*MEDICAL DIRECTOR | MALLAPPALLY,KERALA, INDIA | January 2003 - March 2005*

Treating fractures and dislocated joints. Conducting tests and x-rays to distinguish which part of the body needs to be attended and to make decision to make any surgeries for patients betterment.Prescribe medicines to patients to lessen the pain they are feeling and giving them quick treatments before the surgery. To keep a check on patients medical records for any further testing and diagnosis required.

Providing special care for serious patients assigned and conducting physical examinations and evaluating treatments on a regular basis. Conducting diagnosis to patients who have undergone surgeries to ensure the treatment necessary is being conducted and to advice further on the patient's condition. Coordinating with patients regarding their conditions and explaining them how surgeries will help them improve.

Accepting patient referrals from other physicians. Reviewing records and planning treatment options. Meeting with patients for specialized testing. Examining patients with MRI's or other testing sources. Ensuring all supporting personnel prepare for the surgery and are notified for the same. Planning specialized after surgery care. Meeting patients after surgery to monitor recovery

## S.N.HOSPITAL

*JUNIOR ORTHOPEDIC SURGEON | KADAPPRA,KERALA, INDIA | October 2001 - December 2002*

Assisting in the daily supervision of orthopedic cases and emergencies and as a family physician.

Attending surgery trainings and procedures to add knowledge for the job of an orthopedic surgeon.Conducting minor surgeries under the supervision of surgeons. Evaluating reports and data to ensure the necessary care and consideration is taken success of the surgery.

Ordered and executed diagnostic tests and analyzed diagnostic images to further investigate patient conditions.

Operated on an average of 23 patients per week to correct deformities, repair injuries, restore functions and prevent and treat diseases under the supervision of senior consultants and senior specialists Prescribes preoperative and postoperative treatments and procedures, such as sedatives, diets and antibiotics.

## J.J.M.MEDICAL COLLEGE

*POST GRADUATE ORTHOPEDIC STUDENT | DAVANGERE,KARNATAKA, INDIA | September 1999 -*

*September 2001*

As a post graduate medical student working and studying under orthopedic department and assisting all orthopedic and trauma cases under the supervision of my professors and lecturers.

Ordered and executed diagnostic tests and analyzed diagnostic images to further investigate patient conditions.

As a observer in a operation theatre surgeries done on an average on 30 patients per week to correct deformities, repair injuries, restore functions and prevent and treat diseases.

Prescribes preoperative and postoperative treatments and procedures, such as sedatives, diets and antibiotics.

Inspected medical instruments, equipment and operating rooms to maintain proper hygiene and sterility.

Frequently conducted research to develop and test surgical techniques that would improve operating procedures and outcomes.

Monitored patients' condition and progress and re-evaluated treatments as necessary. Continuously maintained proper safety and took precautionary measures to avoid the spread of disease and infection.

Lead hospital prevention and health promotions to increase awareness of health related issues. Participated in planning of hospice care for elderly and disabled patients.

Delivered medical services to 70 patients daily in office and hospital environments. Developed open rapport with patients, encouraging them to share questions and concerns.

## S.N.HOSPITAL

*MEDICAL OFFICER | KADAPPRA,KERALA, INDIA | January 1998 - July 1999*

Responsible for check up of the patient and giving prescriptions. Handling the emergency cases. Assisting the senior doctors in surgery and other operations. In case of requirement performing the pathological duties. Checking the reports and accordingly diagnosing the disease and giving prescription. Responsible for regular check up and improvement in the patients. Performing small surgeries. Giving

training to the interns and new joined.Meeting to MRs

## T.M.M.HOSPITAL

*MEDICAL OFFICER | TIRUVALLA,KERALA, INDIA | September 1996 - December 1997*

Responsible for accident and emergency (A&E) medical treatment. Dealing sympathetically with sensitive circumstances. Keeping up to date with the latest treatments, medicines and medical developments. Provided care to patients on hospital wards, outpatient clinics and also doctors surgeries.

Assisted in the operating theaters in surgical operations. Worked in a pressurized environment and produce the best result. Provided help to the team during the surgery and for intensive care unit care

Administered and prescribed appropriate courses of treatment, including pharmaceutical medications. Ordered and executed diagnostic tests and analyzed diagnostic images to further investigate patient conditions.

Appropriately diagnosed and treated a variety of diseases and injuries in a general practice setting. Conducted physical examinations to provide information needed for admission to school, consideration for jobs or eligibility for insurance coverage.