Brendan

[Brendan.364312@2freemail.com](mailto:Brendan.364312@2freemail.com)

A conscientious hard worker with lots of experience in a variety of different roles with a vast skill set stemming from his employment as an Environmental Health Officer and most recently as a Psychotherapist. Brendan thrives on new challenges and learning opportunities which in turn strengthens his personal and professional development. Brendan is keen to share his own experiences in supporting others as well as furthering his own development.

Brendan remains passionate and committed to supporting and empowering children in his role as a Psychotherapist, helping to promote positive change within his clients by focussing upon their own personal strengths and resources. Brendan equally enjoys managing staff to achieve their full potential through encouragement, motivation and identification of personal and professional skills and tapping into those to achieve the best possible output and outcomes.

Brendan is an Accredited Counsellor with the British Association of Counselling and Psychotherapy (BACP) as well as a Graduate Member of the Chartered Institute of Environmental Health (CIEH). He has undertaken in-house training whilst employed for Barnardo’s. This includes but is not limited to Safeguarding, Equality and Diversity, ASIST Suicide Intervention Training, Solution Focussed Brief Intervention Therapy and First Aid. Brendan is seeking a fresh, new challenge to continue his development and experience as both a practitioner and a team leader in a role he thoroughly enjoys and excels in.

## Education

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| 2009 - 2013 | University of Derby  Post Graduate Diploma in Integrative Counselling and Psychotherapy  Practical and Academic Post Graduate study over two years involving part time study of the theory and application across a number of therapeutic modalities including Person Centred Counselling, Cognitive Behavioural Therapy and Attachment Theory.  Successful completion of all the modules across the programme as well as clinical exams demonstrating understanding of the therapeutic approaches and their application and use in working with clients. |
| 2008 - 2009 | Birmingham City University  Post Graduate Certificate in Counselling and Psychotherapy  Successful completion of all the modules associated with this Postgraduate Certificate. |
| 2006 - 2007 | National University of Ireland  Certificate in Counselling  An introduction to counselling with focus on person centred counselling, personal awareness and development. Focus on basic principles and in class role play/skills work. |
| 1998 - 2002 | Dublin Institute of Technology  BSC in Environmental Health – 2:1  This four year degree programme involved academic and practical placement across a wide and varied range of Environmental Health modalities including food safety, environmental protection, health and safety and housing. This degree contributed to significant personal and professional experience and development and provided a wide scope of learning applicable to many job roles and opportunities. |
| 1991 – 1997 | Scoil Mhuire agus Padraig  7 Honours, including English A1 |

## Employment

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| May 2016  to  Present | Barnardo’s  Senior Practitioner for MyTime Cumbria  Responsible to the MyTime Cumbria Team Manager and Children’s Services Manager for the North West Emotional Health and Well Being Service at Barnardo’s. A number of examples of roles in this position are set out here.   * Responsible for the management and delivery of a counselling and mentoring service to children and young people from ages 5- 18 in West Cumbria in accordance with a contract to deliver the service on behalf of the National Health Service (NHS). * To manage referrals to the service including accepting the referrals, assessment of each referral, determination of needs and allocation of appropriate support while also managing expectations and prioritising support as necessary. * To organise, coordinate and deliver group work support to Children and Young People where appropriate for specific mental health and emotional well-being conditions such as anger and anxiety. * To provide an upskilling and training programme to partner agencies and services to improve support to children and young people at the interface of interaction with these children and young people to facilitate early help and intervention in the health and well-being of young people. * To formally supervise a team on a daily basis to deliver counselling and mentoring support to children and young people, the delivery of group support and upskilling and training services. * To support the team in the management of day to day caseload and ensure the delivery of effective and evidence based interventions in the work at all times to ensure the most positive change for children and young people. * To encourage, guide and motivate a team to maximise the most effective output from the team. * To work with partner organisations, such as the NHS Child and Adolescent Mental Health (CAMHs) service in assessment of referrals, working with schools and professionals across all services involved in the care and support of children and young people such as School Nurses, Education providers or Social Services in supporting the care and support to Children and Young Persons * To work off my own initiative in delivery of an effective service by shaping the service to meet localised conditions and service requirement. |
| Dec 2011  to  May 2016 | Stafford Borough Council  Environmental Health Officer  Responsible to the Principal Health and Housing Officer in Environmental Health Services. A number of examples of roles in this position are set out here.   * To support the service plan with respect promoting, supporting and enforcement of housing standards in Private Sector Housing across the Borough. * The improvement of housing stock condition by advising, support by the provision of loans, undertaking adaptations of properties and enforcing standards where necessary to ensure and maintain the health, safety and welfare of residents in the borough. * To deal with enquires and requests for service from members of the public as well as working with colleagues, partnership services and agencies and elected members in relation to the provision of an environmental health service. * The maintenance and development of computerised records, database systems and diaries to ensure organised, transparent and efficient working at all times. * To prepare and implement ways of working and to develop processes and procedures in the delivery of the service. For example developing and implement a process to deal with complaints received regarding housing conditions and ensuring a clear and consistent way of working which is well communicated and easy to understand. |
| Nov 2008- Dec 2011  Nov 2007  to  Nov 2008 | |  | | --- | | **DERBY CITY COUNCIL, COUNCIL HOUSE, CORPORATION STREET, DERBY, DE1 2FS**  Environmental Health Officer | | *Responsible to the Housing Standards Manager, Health and Safety Manager and Food Safety Manager in Environmental Health Services. A number of examples of role in this position are set out here.*   * *To support the service plan with respect promoting, supporting and enforcement of housing standards, health and safety and food safety in the city.* * *The organisation of events that promoted the health, safety and well-being of residents in the city. e.g Landlords Forum which encouraged and promoted safe and healthy accommodation for tenants in the city.* * *To undertake food hygiene and health and safety inspections of commercial businesses to ensure protection and promotion of health and safety standards for employees and members of the public in the city.* * *To investigate complaints and undertake investigations from time to time relating to workplace health and safety e.g a workplace accident and similarly food safety incidents e.g food poisoning incidents.* |   Ipswich Borough Council  Environmental Health Officer  Responsible to the Private Sector Housing Manager in Environmental Health Services. A number of examples of role in this position are set out here.   * To support the service plan with respect promoting, supporting and enforcement of housing standards in Private Sector Housing across the Borough. * The investigation of complaints and communication and negotiation with landlords and tenants on the aspects of the complaints and the undertaking of enforcement action, including instigating legal action, where necessary. * The delivery of disabled adaptation grants in accordance with application and need. This work involved responding to the need of the client and determining the adaptation required in the applicants home to meet that need. Involves the management of the schedule of works and budget to deliver adaptation * The licensing of certain types of housing as required by statute to protect and ensure the health, safety and well-being of tenants. |
| Aug 2002  to  Aug 2007 | Health Services Executive  Environmental Health Officer  Responsible to the Principal Environmental Health Officer Manager in Environmental Health Services. A number of examples of role in this position are set out here.   * To undertake food hygiene inspections of commercial businesses to ensure protection and promotion of health and safety standards for the public in the county. * To investigate complaints and undertake investigations from time to time relating to food safety e.g. food poisoning incidents. * The undertaking of inspection of Pre-School Services to ensure the health, safety and welfare of children attending these services. * The evaluation of site suitability for development with the view to determine planning applications with regard to groundwater protection. |

## Voluntary Experience

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| Jan 2014  to  May 2016 | North Staffordshire MIND  Volunteer Counsellor   * One to one support to children and young people who experience difficulties in their lives and who can self-refer or be referred by support services such as schools or GP’s. Work is carried out on a contract basis for the National Health Service. * To use computerised records and database systems to ensure appointment systems are maintained and work effectively whilst being aware of the confidentiality of the service. * Contributing to service development and improvement by participation in evaluation of service review and delivery. |
| June 2010  to  Jan 2014 | Cruse Bereavement Care  Volunteer Bereavement Support   * One to one support to clients who have experienced bereavement in their lives. Usually a maximum of six sessions per client but client specific need can determine the need for more sessions. * To use computerised records and database systems to ensure appointment systems are maintained and work effectively whilst being aware of the confidentiality of the service. * Undertaking other duties to support the organisation such as the preparation of training folders for new volunteers. |
| Jan 2005  to  Aug 2007 | Aware Ireland  Volunteer Support Group Facilitator   * To support the group support facilitator in facilitating a support group for young people affected by mental health difficulties. * To facilitate smaller support groups including the organisation and facilitation of the group throughout. |

References are available on request.