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**CURRICULUM VITAE**

**NAMITHA**

**NAMITHA.365796@2freemail.com**

**CAREER OBJECTIVE**

To find a permanent position with a hospital or clinic where I can successfully utilize my experience in the field. I have an extensive background in Medical Surgical ICU.

**Profession: Registered Nurse & Registered Midwife with HAAD**

**PROFILE:**

**PERSONAL DETAILS:**

|  |  |  |
| --- | --- | --- |
| date of Birth | : | 24/10/1989 |
| Sex | : | Female |
| Religion | : | Christian |
| Marital Status | : | Married |
| Name of HusbandNationalityLanguages Proficiency | ::: | Kevin MathewIndianEnglish, Hindi & Malayalam |
|  |  |  |

**ACADEMIC QUALIFICATION:**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Exam Passed** | **Institution** | **Board of Examination** | **Year of Passing** | **Division & Marks** |
| S.S.L.C | St. Ephrem’s H.S. Chirakkadavu | Board of Public examination Kerala State | March 2006 | 71% |
| Plus Two | C.C.M.H.S.S. Karikkattoor | Board of Higher Secondary Examination Kerala | March 2008 | 72% |

**PROFESSIONAL QUALIFICATION:**

|  |  |  |  |
| --- | --- | --- | --- |
| **Qualification** | **Institution** | **University** | **Year Of Passing** |
| B.Sc. Nursing | Mar Sleeva College of Nursing, Pala, Kerala | Mahatma Gandhi University | November 2012 |

**REGISTRATION:**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Category**  | **Place** | **Registration** | **Date of Issue** | **Date of Expiry** |
| Registered Nurse & Midwife | Kerala | 61158 | 15-11-2013 | 14-11-2018 |

**WORKING EXPERIENCE: (2 Years)**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Duration** | **Name of Institution** | **Designation** | **Position held** | **Bed Capacity** |
| 04-11-2013 to 06-01-2016 | Medanta The Medicity Gurgaon | Staff Nurse | Medical & Surgical ICU | 1500 |

**EMPLOYMENT HISTORY:**

**Worked with Medanta hospital from 04-11-2013 to 06-01-2016**. **This Hospital is a 1500 bedded Multi Super Specialty Hospital, with all Modern Facilities. This also include 50 Fully Equipped Operation Theater, One CTVS ICU, Cath Lab, NSICU, CCU, MICU, SICU, NICU, PICU and 30 bedded Emergency Facilities. The Hospital consists other therapy Unit like Orthopedic Nephrology, Urology, Neurology, General Surgery, plastic Surgery, ENT, Dialysis, general Medicines, oncology, department, labour room, & Dental Facility and also I worked with Pushpagiri Medical College Hospital from 02-05-2016 to 02-01-2017. This Hospital is a 900 bedded Multi disciplinary Super Specialty Hospital with all Modern Facilities like General Medicine, Cardiology, Dermatology, Neuro Surgery,Orthopedics,Gastroenterology,ENT,Urology,Nephrology,Plastic Surgry, Dental Clinic, Obstetrics &Gynecology ,Emergency & Trauma care etc.**

**COMPUTER KNOWLEDGE**

* Basic Computer Knowledge

**EQUIPMENTS USED**

|  |  |
| --- | --- |
| * ECG Machine
 | * Nebulizer
 |
| * Pulse Oxymeter
 | * Humidifier
 |
| * Defibrillator
 | * Glucometer
 |
| * Steam Inhaler
 | * C.V.P. Monitor
 |
| * Suction Apparatus
 | * Infusion Pump
 |
| * Ventilator
 | * Oxygen Cylinder
 |
| * Syringe Pump
 | * Oxygen Hood
 |
| * High Frequency Ventilator
 |  |

**DUTIES & RESPONSIBLITIES:**

* To provide a good standard of nursing care which will promote the health and recovery of the patient as well as establishing a god professional relationship with working colleagues.
* Recognize and respect the role of patients and clients as partners in their care.
* Deliver nursing care without prejudicial behavior.
* Maintain appropriate professional boundaries in the relationship with patients and clients.
* Direct care towards the prevention and relief of suffering at all times
* Respect the patients and clients autonomy
* Admit and discharge patients as per the policy
* Maintain n and update all relevant records
* Prepare accompany patients for any special investigations
* provide psychological support to the patients
* Post operative care
* Emergency Nursing
* Management During Intubations
* General Care of the patient

**MANAGEMENT LIKE:**

* Cardiac Arrest
* Respiratory Arrest
* Trauma Cases
* Gastro Surgery

**EQUIPMENT HANDLED**

* Cardiac Monitor
* Defibrillator
* Pulse Oxymeter
* Infusion Pump & Syringe Pump
* ECG Machine
* ABG Machine

**SPECIALISE PROCEDURES**

* Follow Aseptic Techniques
* Checking Inventory
* Assisting procedures eg. MRI scan, CT Scan, Endoscopy, Ascetic Tapping, CVP Insertion, Arterial Line, Intubation, IABP Monitoring, Tracheostomy Care etc
* Ventilator and BIPAP patient care
* Administration of Narcotic medicines and its recordings
* Administration of medication in correct dose on time to the right patient.
* Pice Line, PTBD, Removal of Drain, TJLB, PEG Insertion, Blood Transfusion, NJ Insertion, ERCP
* Follow Doctor's orders and maintain records & report.
* Entering the medication and investigation in the computer
* Evaluate effective communications.
* Colostomy Care
* Ryles Tube feeding
* Surgical Dressing
* Ento Tracheal Tube Insertion
* CVP Line Insertion
* TT Tube Insertion
* H.D Cather Insertion
* Chest Drain
* Assisting CPR
* Peripheral Line Insertion
* Bone marrow Aspiration and Biopsy
* Renal Biopsy
* Abdominal Paracentesis
* Thoracentesis
* Bronchoscopy
* Endoscopy
* Echmo
* CRRT
* Dialysis
* Arterial Line Monitoring

**NURSING SKILLS**

* Handling Syringe pumps and Infusion pumps
* Periferel line insertion and giving drugs through lines.
* Suctioning
* Insertion of Ryles Tube and Ryles Tube Feeding.
* Insertion of Foleys Catheter
* Fever Management
* Maintain Medical and Surgical Asepsis
* Maintain Records like Intake and Output, Vital Signs, Patient Assessment, Pain Assessment
* Blood and Blood product Transfusion
* Care during Cardio Respiratory Arrest

**TYPE OF PATIENT HANDLED**

 All types of patients handled in our unit mainly Medical and surgical patients, Oncology Patients.

**DECLARATION:**

 I hereby declare that the information given in this C V is accurate and fair reflection of my abilities. It is my wish to work in your esteemed organization where I believe I can fully utilize and further develop my nursing skills and experience.