**Rambod**

**Rambod.365905@2freemail.com**

**Education**

**-Undergraduate and Medical Training**

Zanjan University of Medical Sciences

General Practice MD

Year Obtained 1997

**Internship**

University of Medical School of Zanjan

City :Zanjan

Country : Iran

Hospital :Shahid Beheshti,Shafiieh

Dates : September 1995 – April 1997

i. Cardiology 4 weeks

ii. Specialized Surgery 4 weeks

iii. Internal Medicine 12 weeks

iv. Ophthalmology 4 weeks

v. Pediatrics 12 weeks

vi. Psychiatry 4 weeks

vii. Gynecology & Obstetric 8 weeks

viii. General Surgery 4 weeks

ix. ENT 4 weeks

x. Public Health 4 weeks

xi. Infectious Disease 4 weeks

**Licence and exams:**

-Advance Cardiac Life Support Course (ACLS) and Pediatric Advance Life Support at Vancouver, Canada April 2017

-Therapeutic Decision Making Exam/Passed in Saskatoon, Canada, February 2017

(Eligible for registration of SIPPA and CSAT Practice Ready programs in Canada)

-MCCQE2/passed in Montreal, Canada, December 2016

-IELTS /Passed in IRAN, March 2016 ,(7.5,7,7,7) Overall 7

-MCCQE1/passed in Vancouver, Canada 2011

-MCCEE /passed in Abu Dhabi, UAE 2005

-USMLE Step 1 - Basic Medical Science, UAE 2003

-USMLE Step 2 - Clinical Sciences, UAE 2001

**Clinical/Procedural Skills:**

- ***Integumentary Procedures :***Abscess incision and drainage-Wound debridement- Insertion of sutures- Laceration repair; suture and gluing Skin biopsy; shave, punch, and excisional-Excision of dermal lesions, e.g., papilloma, nevus, or cys- Cryotherapy of skin lesions-Electrocautery of skin lesions Skin scraping for fungus determination- Release subungual hematoma-Drainage acute paronychia- Partial toenail removal Wedge excision for ingrown toenail-Removal of foreign body, e.g., fish hook, splinter, or glass

- ***Ear Procedures*** :Removal of cerumen-Removal of foreign body

- ***Eye Procedures*** : Removal of corneal or conjunctival foreign body-Application of eye

patch

- ***Gastrointestinal Procedures*** : Nasogastric tube insertion

- ***Musculoskeletal Procedures*** : Splinting of injured extremities Application of sling-Injection of lateral epicondyle (tennis elbow) Aspiration and injection of bursae ***Resuscitation Procedures*** :Oral airway insertion- Bag and mask ventilation- Endotracheal intubation- Cardiac defibrillation

- ***Injections and Cannulations*** : Intramuscular and Subcutaneous injection Intradermal injection-Venipuncture Peripheral intravenous line; adult and child Peripheral venous access—infant and Adult lumbar puncture

**Work Experience:**

**-Azar Specialist facility/Pars Hospital/From October 2015 to March2016**

* Working in part-time in Azar Medical facility and Pars hospital in some occasions were asked by Dr.Rahmatollah Torab to write orders, follow up or even discharge of cases were needed
* Working as a team in Radan clinic, I was responsible for admission and follow up of surgical cases were admitted in Azar clinic and Pars hospital
* Working as an emergency physician at Azar clinic, I was responsible for visiting emergency cases coming to this clinic and admission of some emergency cases

**-RADAN 24 Hour private clinic/ Full Time:**

**(From October 2015 to March 2016)**

**(From March 2014 to October 2014)**

(**From September 2005 to September 2010)**

  In my practice, I understood the human development and family and other social systems to develop a comprehensive approach to the management of disease and illness and their follow up.

  I Provide medical care for patients by examining, interviewing and treating clinical patients to meet their medical requirements, including all age groups and genders

  Educates patients on primary and secondary prevention and detection of illness by providing resources and materials for the patients and families

  Referring patients to other specialties and communicating with the other medical disciplines

* Vaccination and other preventive measures
* Home care and palliative care
* Long-term care

  Basically, my practice was based on a patient-centered approach, which helped me to improve my relationship with the patient.

  Caring of chronic diseases and periodic visiting of nursing home or home visits were the other responsibilities.

  I had an expert knowledge of the wide range of common problems of patients in the community and life threatening and treatable emergencies in patients in all age groups. Plenty of emergency cases were visited in this clinic by the on-call physicians during a 24 hour shift.

  Working as a team, consisting of nurses, physician assistants, medical laboratory technicians, radiologists and other specialists, we applied the best group practice for caring of patients.

* As a technical manager, I supervised the physicians or other staff at Radan Clinic for more than three years.

**-Tehran Emergency oncall Unit/Full time/October- February 2005**

  As a team leader in the emergency mobile service, my major duty was supervising of emergency cases referred by the Central Emergency System. Most of visited cases were in home, street, workplace or even medical clinic. Some patients received immediate care in Ambulance, others were transferred to the emergency center after First Aids stabilization.

  As a most responsible person of the team, I faced many common emergency cases during each shift. Trauma, burn, falls, and many cardiac or respiratory emergency cases have significantly helped me to manage better the most complicated emergency conditions during the practice.

**-Private Office/Full-time September 1997 – September 2005**

* My office was located in rural areas with population around 20000 people

  As a primary care physician, I was responsible for the diagnosis, treatment, follow up and referrals of patients, and I had an integrated, sensitive, skillful, and appropriate search for disease.

  Referring patients to other specialties and communicating with other medical disciplines

  I used my understanding of human development and family and other social systems to develop a comprehensive approach to the management of disease and illness in patients and their families, and having a patient-based approach was my highest priority.

  I saw myself as part of a community network of health care providers or other organizations, and I was skilled at collaborating with the team members or team leaders working in the public health.

Some of my responsibilities were as below:

-Community nutrition and diet and weight health programs

-Dental health education

-Immunization

-Infection prevention and control

-Mental health

-Parent monitoring

-Smoking cessation

-Diabetes education program

-Chronic disease management

 - Visiting seniors, women’ health, mental health

**Navy Hospital/ Full Time/June1997 – February 1999**

  Serving military as a medical practitioner was main duty during this period. The Navy Hospital is amongst the largest and most equipped medical centers in the Northern Province of Iran with more than 100 medical practitioners. The Hospital covered the Navy personnel and the public as well.

  As a most responsible person and Navy physician, I was working as a family doctor there for 240 hours a month. Visiting the outpatient, emergency and inpatient cases admitted in this hospital was my most important part of my duty.

**RESEARCH AND PUBLICATIONS**

**The Effect of Long-term Steroid Therapy on Linear Growth of Nephrotic Children**

Iranian Journal of pediatrics

Tehran University of Medical science

Tehran, Iran 2011

**An Estimation of Steroid Responsiveness of Idiopathic Nephrotic Syndrome in Iranian Children**

Iranian Journal of Pediatrics

Tehran University of Medical Science

Tehran, Iran 2010