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| **Mr. LISTER** **LISTER.366009@2freemail.com** |
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| **CAREER OBJECTIVE** |
| Seeking for a challenging role in health care assistant in the field of Nursing and Caring where my skills and knowledge can be utilize effectively with an International Perspective.  |

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| **EDUCATIONAL QUALIFICATION** |
| 2014 to 2016 –Masters in Professional Practice in University Of South Wales,Glyntaf,U.K  |
| 2005 to 2011 - B.S.C Nursing with 61.76% from Alva’s College Of Nursing, Mangalore. |
| 2003 to 2005 - Pre-University College with 60.83% from Alva’s PU College, Mangalore. |
| 2001 to 2003 - S.S.L.C with 70.4% from Naravi High School, Mangalore |

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| **CORE COMPETENCIES**  |
| * Registered Nurse having extensive knowledge in Child nursing care in India.
* Extensive knowledge of medical terminology.
* Capable working in hospital and care home environment, completed 3 months of experience as a health care assistant in U.K.
* Able to motivate people around by leadership and self-commitment.
* Proven ability to communicate efficiently in order to obtain optimal Patient outcomes, in addition to swift critical thinking during Emergency Situations.
* Strong ability to effectively manage multiple complex tasks simultaneously and coordinate time effectively.
* Familiar with the process and procedures of nursing service.
* Great sense of responsibility towards the patient service and caring.
* Can work out during cardiac emergencies like doing Cardiac pulmonary resuscitation, administering emergency drugs as ordered by physician.
* Give psychological support to the patients counsel them to cope up with their health.
* Give documentation appropriately in nurses notes.
* Confident in the area of neonatal nursing care.
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| **PROFESSIONAL REGISTERATIONS** |
| The Karnataka State Nursing Council Bangalore, India | Registered Nurse/Midwife | 12-Aug-2011 |

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| **PROFESSIONAL EXPERIENCE** **HEALTH CARE ASSISTANT**  **BURGES CARE HOME, NEWPORT ROAD, CARDIFF.****DEC 2014-MAR 2015*** Understanding the working environment in the U.K.
* Wound care in elderly and dressing of wounds.
* Handling emergencies in adherence to the Protocol and procedures.
* Communicating with health care professionals in effective patient care
* Health and safety.
* Moving and handling.
* Health promotion.
* Working with the team keeping client care plans well up to date by adherence to nationally accepted guidelines ex. GSF, NICE etc.
* Planning elderly needs by assessments.
* Peer learning by presentations and demonstrations to the family.
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| **STAFF NURSE** **ALVA’S HEALTH CENTER , MANGALORE , INDIA.** |
|  **22 MARCH 2011-2 JULY 2013** * Preparing the patients for surgeries.
* Sending patients to OT for surgeries.
* Receiving patients from Post-operative ward, following post-operative and anesthesia orders.
* Following sterile procedures in wound care.
* Maintain proper record of treatment for further reference.
* Handle all other essential tasks as directed by physician.
* Handle tasks of medical treatment and checkup of the patient and recommends specialist after observation.
* Provide guidance to patients on heart care, cholesterol control and precautions.
* Follow discharge process when patient is leaving from hospital.
* Explain regarding medications to be taken at home on time. Food restrictions to be followed for any particular drug.

**MORE INFORMATION :*** Registered nurse in India
* Able to adapt easily in a working environment.
* Understands diversity.
* Good clinical knowledge and up to date.
* Good leadership skills.
* Fair knowledge of current issues
* Takes accountabilty for actions.
* Trained in music, dance and swimming.
* Good knowledge of computers.
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| **LANGUAGES KNOWN**  |
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| Kannada (Native) | English (Fluent) | Hindi (Basic) |

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| **IELTS DETAILS (Academic)** |
| Date of test |  TRF No. | Overall Band | Listening | Reading | Writing | Speaking |
| 05/May/2014 | 5DISL001A |  **6.5** |  **7.0** |  **6.0** |  **6.0** |  **7.0** |

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| **TRAINING PROGRAMS ATTENDED:** |
| All Wales Minimal Handling Passport Programme and CPR |
| All Wales Violence and Aggression Training Passport Programme |

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| **REFERENCES will be given upon demand** |

**Declaration:**

I hereby assure you that all the details furnished above are true to my knowledge and will be produced on demand.