|  |
| --- |
| **Mr. LISTER**  [**LISTER.366009@2freemail.com**](mailto:LISTER.366009@2freemail.com) |
|  |

|  |
| --- |
| **CAREER OBJECTIVE** |
| Seeking for a challenging role in health care assistant in the field of Nursing and Caring where my skills and knowledge can be utilize effectively with an International Perspective. |

|  |
| --- |
| **EDUCATIONAL QUALIFICATION** |
| 2014 to 2016 –Masters in Professional Practice in University Of South Wales,Glyntaf,U.K |
| 2005 to 2011 - B.S.C Nursing with 61.76% from Alva’s College Of Nursing, Mangalore. |
| 2003 to 2005 - Pre-University College with 60.83% from Alva’s PU College, Mangalore. |
| 2001 to 2003 - S.S.L.C with 70.4% from Naravi High School, Mangalore |

|  |
| --- |
| **CORE COMPETENCIES** |
| * Registered Nurse having extensive knowledge in Child nursing care in India. * Extensive knowledge of medical terminology. * Capable working in hospital and care home environment, completed 3 months of experience as a health care assistant in U.K. * Able to motivate people around by leadership and self-commitment. * Proven ability to communicate efficiently in order to obtain optimal Patient outcomes, in addition to swift critical thinking during Emergency Situations. * Strong ability to effectively manage multiple complex tasks simultaneously and coordinate time effectively. * Familiar with the process and procedures of nursing service. * Great sense of responsibility towards the patient service and caring. * Can work out during cardiac emergencies like doing Cardiac pulmonary resuscitation, administering emergency drugs as ordered by physician. * Give psychological support to the patients counsel them to cope up with their health. * Give documentation appropriately in nurses notes. * Confident in the area of neonatal nursing care. |

|  |  |  |
| --- | --- | --- |
| **PROFESSIONAL REGISTERATIONS** | | |
| The Karnataka State Nursing  Council Bangalore, India | Registered Nurse/Midwife | 12-Aug-2011 |

|  |
| --- |
| **PROFESSIONAL EXPERIENCE**  **HEALTH CARE ASSISTANT**  **BURGES CARE HOME, NEWPORT ROAD, CARDIFF.**  **DEC 2014-MAR 2015**   * Understanding the working environment in the U.K. * Wound care in elderly and dressing of wounds. * Handling emergencies in adherence to the Protocol and procedures. * Communicating with health care professionals in effective patient care * Health and safety. * Moving and handling. * Health promotion. * Working with the team keeping client care plans well up to date by adherence to nationally accepted guidelines ex. GSF, NICE etc. * Planning elderly needs by assessments. * Peer learning by presentations and demonstrations to the family. |
| **STAFF NURSE**  **ALVA’S HEALTH CENTER , MANGALORE , INDIA.** |
| **22 MARCH 2011-2 JULY 2013**   * Preparing the patients for surgeries. * Sending patients to OT for surgeries. * Receiving patients from Post-operative ward, following post-operative and anesthesia orders. * Following sterile procedures in wound care. * Maintain proper record of treatment for further reference. * Handle all other essential tasks as directed by physician. * Handle tasks of medical treatment and checkup of the patient and recommends specialist after observation. * Provide guidance to patients on heart care, cholesterol control and precautions. * Follow discharge process when patient is leaving from hospital. * Explain regarding medications to be taken at home on time. Food restrictions to be followed for any particular drug.   **MORE INFORMATION :**   * Registered nurse in India * Able to adapt easily in a working environment. * Understands diversity. * Good clinical knowledge and up to date. * Good leadership skills. * Fair knowledge of current issues * Takes accountabilty for actions. * Trained in music, dance and swimming. * Good knowledge of computers. |

|  |
| --- |
| **LANGUAGES KNOWN** |
| |  |  |  | | --- | --- | --- | | Kannada (Native) | English (Fluent) | Hindi (Basic) | |

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **IELTS DETAILS (Academic)** | | | | | | |
| Date of test | TRF No. | Overall Band | Listening | Reading | Writing | Speaking |
| 05/May/2014 | 5DISL001A | **6.5** | **7.0** | **6.0** | **6.0** | **7.0** |

|  |
| --- |
| **TRAINING PROGRAMS ATTENDED:** |
| All Wales Minimal Handling Passport Programme and CPR |
| All Wales Violence and Aggression Training Passport Programme |

|  |
| --- |
| **REFERENCES will be given upon demand** |

**Declaration:**

I hereby assure you that all the details furnished above are true to my knowledge and will be produced on demand.