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**ACHSHA**

[**ACHSHA.366088@2freemail.com**](mailto:ACHSHA.366088@2freemail.com)

***Bachelor of Science in Nursing – 2014***

***India Licensed Registered Nurse with 2 years experience in Cardio Thoracic & Vascular Surgical Intensive Care Unit in Kasturba Hospital Manipal, P.O Box: 7, Manipal, Karnataka.***

***LICENSE DETAILS:***

**Dubai Health Authority (DHA) - Eligibility Letter dated: 08/12/2016**

**Karnataka State Nursing Council**

***OBJECTIVES:***

To achieve a challenging position in a progressive environment that utilizes my professional and communication skill and provides ample opportunities for growth.

***PROFESSIONAL EXPERIENCE:***

**KASTURBA HOSPITAL (KH), P.O Box: 7, Manipal, India**.

***(NABH Accredited, ISO 9001:2008 certified) (2050 Bed strength)***

**Worked as a Staff Nurse in Cardio Thoracic and Vascular Surgical ICU**

**from 24th September 2014 – 7th October 2016**

**Registered Nurse: (Karnataka State Nursing Council Registration No: 062802)**

***DUTIES PERFORM***

* Assessment, planning, intervention, implementation & evaluation
* Observing change in client’s condition, recording & reporting to the concerned authority and taking necessary action immediately.
* Early identification and prevention of complications..
* Maintaining effective gas exchange and tissue perfusion.
* Maintaining normal fluid electrolyte & acid base imbalance.
* Maintaining all infection control measures.
* Maintaining clean and safe environment for the patients.
* Maintaining high standard in preparation, calculation, cross-checking and administration of medication as per order.
* Giving health education to the Clients
* Keeping the unit clean and tidy and care of all equipments of patient unit.
* Preparing articles and patients for medical, surgical or nursing procedures.
* Assisting doctors in various medical and surgical procedures.
* Continuous cardiac monitoring and monitoring vital signs.
* Ward management, co-operation and co-ordination with other co-workers.
* Assist with management of acute emergencies like cardiac and respiratory arrest and carrying life saving procedures like cardio pulmonary Resuscitation, Defibrillation and cardio version.
* Receive patients from OT who underwent Valve Replacements (AVR, MVR), Aortic Dissection, CABG, OPCAB, Pulmonary Embolectony, Adult Congenital Heart Surgeries, Vascular cases (Embolectomy, Femoral popliteal Bypass, Lobectomy, Lunge ressection, Peripheral Vascular Bypass, Chest Trauma patients.
* Manage Patients with prolonged ventilation, Tracheostomy, Intra Aortic Balloon Pump, Interpret Arterial Blood Gasses.
* Assist in procedures like Bronchoscopy, CVP insertions, Arterial Line insertion.

***PROFICIENCY IN THE USE OF EQUIPMENTS:***

1. Invasive &Non invasive ventilator (Dragger, Maquet, Bipap machine)

2. Defibrillator 3. Cardiac Monitor

4. Glucometer5.Infusion Pumps

6. Doppler7.Pulse Oxymeter

8. Nebulizer 9. Ambu Bag

10. Vacuum Suction Apparatus11**.** Nelson’s Inhaler

12. Sphygmomanometer BP Apparatus 13. Stethoscope

14. Thermometer 15. ABG Machine

16. Airway intubation devices

17. Disposable ICU equipments like urinary catheters. Catheters used for arterial and central venous lines, Nasogastric feeding tubes

18. Intra Aortic Balloon Pump,

19. Cardiac Output Monitor. ETC

***EDUCATIONAL QUALIFICATION:***

**Professional : B Sc. Nursing from Manipal University, Karnataka**

Institution : Manipal College of Nursing, Manipal

Manipal University

Karnataka (State), India.

Year of 2010-2014

|  |  |  |
| --- | --- | --- |
| **Year** | **Institution** | **Percentage of marks** |
| First year | Manipal College of Nursing, Manipal University, Manipal | **72.89%** |
| Second year | **73%** |
| Third year | **73%** |
| Fourth year | **76%** |
| **Consolidated** | **73.61%** |

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| **Qualification** | **Board** | **Year of passing** | **Percentage of Marks** | **Score** |
| **PUC (XII)**  (Reg. No-4622457) | CBSE | 2010 | 82.60% | Distinction |
| **SSLC (X)**  (Reg. No-4139321) | CBSE | 2008 | 71.80% | First Class |

***OTHER QUALIFICATIONS:***

|  |  |  |
| --- | --- | --- |
| **Qualification** | I**nstitution** | **Validity** |
| BLS Course (AHA) | Manipal University | 23rd August 2016-2018 |
| ACLS Course(AHA) | Manipal university | 25th August 2016-2018 |

***ACHIEVEMENTS & PARTICIPATIONS:***

|  |  |  |  |
| --- | --- | --- | --- |
| ***Sl.No:*** | ***Programme*** | ***Subject*** | ***Participation Date*** |
| 1 | Poster Presentation | *Breast Feeding Support: close to mothers* | *23rd Aug 2013* |
| 2 | Seminar | *Early Warning Signs* | *20th Feb 2014* |
| 3 | Poster Presentation | *TB Reach The 3Million. Find.Treat.Cure TB* | *24th March 2014* |
| 4 | Seminar | *International Perspectives on Ageing: Evidence to Guide Clinical Practice* | *3rd March 2014* |
| 5 | Training Programme | *HIV/AIDS and ART* | *30/06/2014 to 04/07/2014* |
| 6 | Continuing Medical Education (CME) | *ECMO – A Bridge to Life* | *11th Oct 2015* |
| 7 | Workshop | *Basics of Critical Care* | *10th March 2016* |
| 8 | Continuing Medical Education (CME) | *Update in Cardiac Surgery: A Glorious Past and Bright Future* | *30th Aug 2015* |
| 9 | Certificate of Appreciation | *Active Member of Volunteer Service Organization, Manipal University* | *51 hours* |

***PERSONAL PROFILE:***

Date of Birth : 24th October 1992

Sex : Female

Marital Status : Married

Nationality : Indian

Languages Known : English, Malayalam, Kannada.

***DECLARATION***

I declare that the information furnished above is true and correct to the best of my knowledge and belief.

**ACHSHA** Date: 15/12/2016

Place: Dubai