**CURRICULUM VITAE**

[**Teena.367424@2freemail.com**](mailto:Teena.367424@2freemail.com)

**FOR THE POST OF STAFF NURSE**

Name : **Mrs. TEENA**

Date of Birth : 19-02-1984

Sex : Female

Religion & Caste : Christian, Latin Catholics

Marital Status : Married

Nationality : Indian

Professional Experience : Total 5 YEARS, 3years after PostB.Sc. Nursing

Languages Known : English, Malayalam, and Hindi

**EXPERIENCE : HOLY CROSS HOSPITAL, KOTTIYAM, KOLLAM**

Worked as Staff Nurse in Medical, Surgical, ENT, Neurology, Nephrology, Gastroenterology, Urology ,Ortho for a period of 31 months from 10-03-2006 to 30-07-2008 and from 15-10-2012 to 31-08-2015 in Medical Department for 3 years after Post B.Sc. Nursing.

**QUALIFICATION:**

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| --- | --- | --- | --- |
| Academic  Qualification | Institution | Year of Passing | Mark Secured |
| SSLC | St.Margaret’s Girls High School, Kanjiracode | March 1999 | 450/600 |
| Pre-Degree | Fatima Matha National College, Kollam | March 2001 | 347/500 |

**PROFESSIONAL QUALIFICATION:**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Qualification | Institution | Year of  Passing | Marks Secured | | |
| Diploma in General Nursing and  Midwifery | Lourdes School of Nursing, Holy Cross Hospital, Kottiyam | December  2005 | 1st Year | 2nd Year | 3rd Year |
| 305/400 | 345/500 | 193/300 |
| Post Basic BSc  Nursing Degree | Al Shifa College of Nursing, Perinthalmanna  (University of  Calicut) | March 2012 | First Class | | |

**PROFESSIONAL REGISTRATION:**

|  |  |  |  |
| --- | --- | --- | --- |
| Organization | Membership Status | Membership No. | Date of Enrolment |
| TNAI(Trained Nurses Association of India) | Staff Nurse | 148670 | 04-07-2006 |
| KNC(The Kerala Nurses& Midwifes Council) | Staff Nurse | 52112 | 10-03-2006 |

**RESPONSIBILITIES UNDERTOOK:**

**DIRECT PATIENT CARE**

1. Admit and Discharge patient.
2. Maintain personal hygiene, comfort, nutritional needs of patient.
3. Maintain clean and safe Environment.
4. Assist the Doctors on their routine rounds in Diagnosis Treatment
5. Administration of Medication.
6. Preparing patients and Articles for Nursing Procedures.
7. Recording vital signs& intake output chart.
8. Observe changes in patient condition, Recording and Reporting
9. Rehabilitation

**WARD MANAGEMENT**

1. Handover and takeover the patient, Ward equipment and Supplies.
2. Keep the ward neat and tidy.
3. Maintain safety of the ward equipments.
4. Prepare and check the ward supply.
5. Assist ward supervisor &Participate in Clinical teaching both planned and incident.
6. Teach and guide domestic staff
7. Help in organization of New Staff.
8. Participate in staff education programme.

**INSERVICE EDUCATION PROGRAMME ATTENDED**

1. Safe injection procedure.&IV Cannulation
2. Diabetic Management
3. Asthma and its management.

**EQUIPMENTS HANDLED**

1. Pulse Ox meter. 7. Nebulizer.
2. Glucometer.8. Laryngoscope.
3. Cardiac Monitor.9. Suction Apparatus.
4. Defibrillator. 10. Venous Doppler.
5. Infusion Pump. 11. Ophthalmoscope.
6. Syringe Pump. 12. Sphygmomanometer.

**OTHER TYPES OF CASES FOR WHICH NURSING CARE IS GIVEN BY ME:**

1. Medical Gastroenterology: Gastritis, Duodenal, Peptic Ulcers, Alcoholic liver disease, Hepatitis A and B, Hepatic encephalopathy
2. Orthopedic Cases
3. Infectious Medical Cases: HIV Retrovirus, MRSA, Herpes simplex, Gram +ve and Gram –ve bacilli, Fungal Infection.
4. Neuro Medicine Cases: CVA complications, Epilepsy, Meningitis, Encephalitis, brain hemorrhages, Multiple sclerosis.
5. Respiratory Cases: URTI, LRTI(Bronchitis, Pneumonia), Asthma, Tuberculosis, Ca-lung, Pleural, Effusion, Bronchiatasis and other complications.
6. Endocrine Cases: Hyper and hypothyroidism, Cushing’s syndrome, Diabetes, mellitus, ketoacidosis, thyrotoxicosis and other complications.

**IT’S SKILLS**

Diploma in Computer Application (DCA)

**DECLARATION**

I, **TEENA,** hereby declare that the above mentioned details on my curriculum vitae are true of my knowledge and ready to produce the original documents if needed.

Date :06-03-2017Place :Abu Dhabi(UAE)