Varsha
Varsha.367441@2freemail.com

DHA RN

*Offering an experience of 2+ years; seeking assignments with institutions across Healthcare Sector*



# PROFILE

* **Registered Nurse**, offering 2**+ years of experience** with experience in direct nursing care, **Diagnostic and Therapeutic Procedures,** managing emergency calls, patient admission & discharges, assessing patient status, handling clinical tasks and in educating patients about the proper health care.
* Last worked with **Jubilee Mission Medical College**, **Thrissur, Kerala-India** as **Staff Nurse – General Surgery and Pediatric (PSICU) department;** proven ability to communicate effectively in order to obtain optimal patient outcomes, in addition to swift critical thinking during emergency situations.
* Ability to manage pre and post-operative treatment of patients, access medical history of patients and ensuring positive experience.

Adept at **maintaining personal hygiene of the patients, providing psychological support to the patient, pain assessment, Immediate post-operative intensive care and supervising junior staff.** Receiving all kind of emergency and elective surgery patients

* Proficient in care, medical management and co-ordination and able to excel in a fast-paced, time sensitive environment; fluent in **English** & **Hindi**; self-initiating and skilled in following instructions to carry out tasks in an efficient manner.

**Types of Cases & Patients handled:**

* General surgeries
* Pediatric surgeries (General and Plastic Surgeries under smile train)
* Laparoscopic surgeries
* Plastic Surgeries
* Vascular surgeries
* Genito Urinary Surgery
* Recovery
* Surgical ICU

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**Expertise in:**

* Pre-operative and Post-Operative
* Pediatric Surgery
* Pediatric Surgical ICU and Ward
* General Surgery Ward

**Equipment Handled:**

* Suction Apparatus  Glucometer  Nebulizer  BP apparatus and Thermometer  SPO2 Monitor  Syringe Pump  Infusion Pump  Pulse oximeter  Defibrillator  Cardiac Monitor  Ambu Bag  Computer



# PROFESSIONAL EXPERIENCE

**Jubilee Mission Medical College Hospital (March 2012 – June 2014)**

* Led efforts across providing effective patient care in a highly technical and complex hospital environment in surgical wards.
* Responsible for providing pre-operative and comprehensive post-operative care for all kinds of surgical patients.
* Initial assessment and recording the condition, attending doctor’s order, sending blood investigations
* Receiving all kind of emergency and elective abdominal and perineal surgery patients
* Receiving emergent pediatric surgery cases includes general surgery and elective cases include cleft lip and palate surgeries under smile train.
* Pivotal role in prepping patients, sterilizing and preparing instruments, caring for patients immediately after surgery and explaining post-operative education
* Maintained proper record of patients’ progress, reported history and observations and provided services for bedside care which resulted in early recovery of the patients
* Gave medicines to the patient, maintained good wound hygiene and care, carried out procedures as per the doctors’ order, documented progress and handed the report over to the next shift.
* Managed discharge and follow-up care of the patients; responded to emergency calls on unit.
* Kept wards neat and tidy; informed the supervisors and senior authorities if there were any problem in the ward. Maintained good interpersonal relationship with the staff / relatives of the patients.

# EDUCATIONAL & PROFESSIONAL CREDENTIALS

**Bsc Nursing [2007-2011]**

Calicut Univerisity ,Kerala India **71%**

**Higher Seconday, 2006**

Board Of higher secondory examination, Kerala, India; **75%**

**Matriculation, 2004**

National H.S.S Irinjalakuda; **89%**

**Professional Registration**

* Registered Nurse Nursing
* Registration
*  Registered Midwife State of Kerala  Kerala Nurse and Midwives Council
**Training Attended**
* BLS Certification Training
* Infection Control Program
* Breast Feeding Education Program

**Date of Birth:** 26h August, 1988

**Nationality**: Indian

**Languages Known:** English, Hindi and Malayalam