**CURRICULUM VITAE**

**REGISTERED BSC.NURSE EXPERIENCED WITH DHA LICENCE.**

[**Lias.368436@2freemail.com**](mailto:Lias.368436@2freemail.com)

PERSONNEL INFORMATIONS.

NAME : IJAS

NATIONALITY : INDIAN.

RELIGION & CASTE : ISLAM, MAPPILA

AGE & DATE OF BIRTH. : 26 YEARS, 04/01/1990.

GENDER : MALE.

MARITAL STATUS : SINGLE

PROFESSION : REGISTERED BSC NURSE.

CERTIFICATE STATUS : ATTESTED BY HOME COUNTRY AND UAE.

LANGUAGES KNOWN : ENGLISH, HINDI, MALAYALAM AND TAMIL.

HOBBIES &INTEREST : READING, LISTENING MUSIC, COOKING, SINGING ETC.

OBJECTIVE.

Looking for a Nursing position in a professionally managed organization/ Hospital where I can make the most of my nursing education, knowledge, training, work/practical experience and interpersonal skills to give the maximum level of ease and superior health care to the patients and develop myself personally and professionally and utilize my capabilities for the betterment of myself and the organization.

PROFESSIONAL QUALIFICATIONS.

* BSc Nursing(4 years) with an aggregate of 64% from Alshifa College of Nursing(Calicut University)Perinthalmanna,Malappuram,Kerala,India.
* Basic Life Support (BLS) from Indian Institute of Emergency Medical

services(American Heart Association), Kerala, India.

* Advanced Cardiovascular Life Support (ACLS.) from Indian Institute of

Emergency Medical Services(American Heart Association), Kerala, India

EDUCATIONAL QUALIFICATIONS.

* Higher Secondary(Class X11) passed with distinction(78%)from Board of

Higher Secondary Examination, Kerala, India.

* Secondary School Leaving Certificate (S.S.L.C, Class X) passed with

distinction(88%) from Board of Public Examination Kerala, India.

Registration/License Details.

* **DHA LICENCE, DHA REFERENCE NUMBER : DHA/LS/132016/569402**

**EXAM ELIGIBILITY NUMBER: DHAE327272**

* Kerala Nurses and Midwives Council Registration (KNC),Reg No.59062
* Certified ACLS Provider (Based on American Heart Association Guide line).
* Certified BLS (CPR and AED) Health Care Provider. (Based on American

Heart Association Guide line).

PROFESSIONAL WORK EXPERIENCE.

1) Designation **:** ICU STAFF NURSE.

Organization **:**KIMS-ALSHIFA Hospital,perinthalmanna (450 bedded multispeciality

territiary level referral hospital , NABH ACCREDITED)

Perinthalmanna,

Kerala,India

Duration **:** 14th december 2012 to 19th February 2016.

Work Areas **:** NEURO MEDICAL ICU

**Work description :**

* Assess and analyze patient health problems and needs, develop and

implement nursing care plans, and maintain medical records and reports.

* To take Responsible for total patient care, including medication, orders,

monitor physical status of the patient and treatments.

* Assist the physician’s in treatments and in performing special procedures.
* To take initial and interim history and vital signs on each patient.
* Assist the physician’s in examination and treatment.
* Carry out clinical nursing procedures, suturing and manage all patients.
* Maintain patient’s health records, documenting each patient contact and

updating patient profiles.

* Manage neurological ,seizure ,and cva patients
* Perform the techniques of cardiopulmonary resuscitation accurately and

effectively.

* Preparation of patients for EEG,MRI tests
* Care of patients with ventillator
* Handling emergency conditions and holistic care of patients in ICU
* Proficient at documentation of Strict Intake and Output including Special diet restrictions.
* Management of care under contact, droplet, and airborne isolation

precautions.

* Perform Highly proficient clinical skills like IV Starts, pushes, drips, Foley’s

Catheterization,12-lead ECG, cardiac monitors, blood monitoring,

transfusions, central line care, drawing blood gasses, defibrillations, codes,

computer charting.ventillator

* Consult and coordinate with health care team members to assess, plan, implement and evaluate patient care plans.
* Taking care of unconscious patients introducing, airway, giving ryles tube feeding, helping patients in feeding and toileting, mouth care, sponge bath, maintaining records, reports and inventory checking.
* Resuscitation of the patient assisting and performing CPR.
* Maintaining Patient airway:Performingtracheal,oral&nasalsuctioning.
* Endotracheal suctioning & tracheostomy care. chest tube insertion and

removal.Dressing and suture removal.Keep crash cart trolley and alert for

emergency situation,Insertion of rhyles tubes.Re organization of patient

with cva,seizure,meningitis,encephalitis etc.

* Educate and teach the patient or care partner about the techniques to

maintain the health care by using home therapies.

**CURRENT WORK EXPERIENCE:**

GENERAL MEDICINE AND EMERGENCY DEPARTMENT STAFF NURSE:

ASTER JUBILEE MEDICAL CENTRE,DUBAI,UAE ,JCI ACCREDITED- since

15-8-2016.

**Work description**

* Ensure delivery of patient care through implementation of prescribed medication and monitoring effects.
* Provide nursing care to patients based on established clinical practice standards
* Record and register patients medical information and complete pre examination records
* Prepare examination room ,ensure comfortable environment and adequate supply of materials and equipment
* Assist the physician in examining the patient
* Administer medicine ,injections,hot water bottles.
* Display the spirit of team work
* Ensure cleanliness of the working unit and supervise ancillary staff as required
* Anticipate,recognize and manage emergency and unsafe situation and initiate appropriate and timely interventions
* Handing over and taking charge of shift
* Keeping the consultation room ,treatment room clean and tidy
* Give and receive lab and medical reports
* Grbs testing
* Prepare for and assist in clinical tests and medical procedure
* Participate in other activities of the medical centres/hospitals

**TOTAL WORK EXPERIENCE :**

3 Yr and 9months still continuing.

Research Done during BSc Nursing Program

“A study to assess the knowledge, attitude ,and practice regarding the prevention of hypertension among peoples’’

Achievements.

* Participated in health check up programme in perinthalmanna
* Organized exhibition on breast feeding week celebration 2011 in AlshifaHospital andGovt.TalukHospital,Perinthalmanna,Malappuram.
* Participated in Nurses week celebrations, 2008-2012 at Alshifa College of

Nursing,

* Participated in the AIDS programme 2011 condected in government hospital,al shifa hospital perinthalmanna.