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| **Position Applied for**Physiotherapist**Total Experience****More than 7 years****Email ID**Sakiya.369289@2freemail.com **Personal Details****Name : Sakiya** **Date of Birth:** 27-07-1988**Sex:** Female**Marital Status:** Married.**Nationality:** Indian.**Languages Known:** English, Hindi, Bengali Urdu, and Kannada | CURRICULAM VITAE |
|   ***NAME*** **:** **SAKIYA** ***License/ Certificate*** **:**  **HAAD (License No- GT1998)** **: DHA Eligibility Letter (Ref-** DHA/LS/1542016/586102**)** **:**  **IAP, AIP** (INDIA) ***Notice Period*** **:** 1 month**CAREER OBJECTIVE** ***E****nter,* ***E****lite and* ***E****xcel in a challenging career with a progressive, research oriented organization that offers ample opportunity to prove, improve and grow in professional and career advancement. I also aim at working in a challenging environment, enhancing my skills and there by contributing to overall growth of organization.***WORK EXPERIENCE*** **Advance Redicure Diagnosis Centre**

**Position : Physiotherapist (January 2010 to August 2013)*** **Health Plus Clinic**

**Position : Physiotherapist (September 2013 to November 2016)*** **AL Sadara Disabled Care & Rehabilitation Center (Al Ain, UAE)**

**Position : Physiotherapist Specialist ,Pediatric (February-2017 to Till date)****AREA OF INTEREST*** Pediatrics therapy, Orthopedic physiotherapy
* Neuromuscular physiotherapy, Geriatrics

**AREA OF EXPERTISE*** Electrotherapy (IFT, SWD, TENS, US, Traction, Electrical Stimulation, Gym Equipment, Paraffin Wax Bath)
* Exercise Therapy (Mobilization, PNF Technique, Stretching, Mckenzi Technique, Mulligan Technique, Maitland Technique, Stroke Management, Chest Physiotherapy, Burn Management, Pre-natal & Post-natal Exercise, Myofascial Release, Trigger Point Release, Bell’s Palsy Management, Breathing Exercise, Cardio-pulmonary Post-Surgical Exercises, Co-ordination & Balancing Exercise)

 **RESEARCH PROJECT****Title : EXPERIMENTAL STUDY ON EFFECTIVENESS OF SLUMP STRETCHING ON NON RADICULAR LOW BACK PAIN****Duration :** 6 months**SOFTWARE PROFICIENCY** **OFFICE :** Office-2010 **OS :** WIN-XP, WIN-7, WIN-8 |

**WORK PROFILE**

* Evaluation and Documentation for each patient.
* Treated patients for orthopedic treatment.
* Therapy of Ostio-arthritis of knee, Peri- arthritis (Frozen Shoulder), Rheumatoid arthritis, Gout, Bicipital Tendinitis, Tennis Elbow, Golfers Elbow. Cervical Spondylitis, Calcaneum Spar, Planter Fascitis, Halux Valgus. Torticollis, Genu recurvatum, Genu valgum, Genu varum, Ankylosis Spondylitis
* Therapy of Low Back Pain, Ligament injuries, Fractures (Conservative & Surgical Management), Paraplegia, Paraparesis due to Cervical Spine fracture, Knee and Hip replacement.
* Therapy of Orthopedic and Neurological conditions
* Stroke Management, Bells Palsy, Intra-scapular Fibrositis, Post-fracture Stiffness
* Electro-therapy and Exercise therapy in Mechanical Low Back Pain, Neurogenic Low Back Pain
* Haemiparesis, Haemiplegia, Ligament injury, Muscular pain, Chest mobility exercise
* Joint arthritis, Neck pain, Radiculopathy, Correction of Posture, Muscles Strengthening exercise
* Management of Shoulder dislocation, Fracture management, Bursitis of knee joint, Poly-arthritis
* Anterior & Posterior cruciate ligament injury, Patellar tendinitis.

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| **COURSE** | **BOARD/ UNIVERSITY** | **INSTITUTION** | **YEAR OF PASSING** | **PERCENTAGE** |
| **B.P.T.** | Rajiv Gandhi University of Health Science | JSS College of PhysiotherapyMysore, Karnataka | 2009 | 1st Year- 62.2 %2nd Year- 63.4 %3rd Year- 67.0 %4th Year- 62.3 % |
| **XII** | W.B.C.H.E | Mayureswar High School (H.S.) | 2005 | 58.0 % |
| **X** | W.B.B.S.E. | Mayureswar High School (H.S.) | 2003 | 76.25 % |

**INTERNSHIP EXPERIENCE (June 2009 to December 2009)**

* Orthopedic ward
* General Surgery
* Medicine
* Intensive Care Unit (ICU, RICU, NICU)
* Disabled Child Guidance Clinic, Spastic Society of Mysore
* Prosthetics & Orthotics Department, Mysore
* Mysore University Sports Meet, Annual Dushera Sports Meet, Mysore
* Little Sister Home for Aged
* Physiotherapy Out-patient Department

**WORKSHOP**

* IAP Conference in Mangalore.
* Prevention of injury in Sports (Cricket), JSSCPT, Mysore.

**STRENGTHS**

* Positive Attitude, Commitment to work, Sincerity & Punctuality, Hard working.
* Desire for innovation & Continuous learning.

**SPORTS & HOBBIES**

* Hobbies : Reading Books & Photography, Music and Social activities.
* Sports : Cricket, Badminton, Long Jump.

**DECLARATION**

*I hereby solemnly declare that all statements mentioned above are true and correct to the best of my knowledge and belief.*

 **Yours Sincerely,**

Place : Al Ain, UAE

 (**SAKIYA )**