**Resume**

**Aji**

Email: [aji.370262@2freemail.com](mailto:aji.370262@2freemail.com)

Working as a **Physical therapist** of Dr. S.M.C.S.I Medical College and Rural Health Training Centre, Trivandrum, Kerala, India from (**29 October 2012 – current**)

***JOB DESCRIPTION***

* Rehabilitation after joint replacement, sports injuries, traumatic and other pathological orthopedic surgeries.
* Rehabilitation after stroke, traumatic brain injuries, spinal cord injuries and other neurological and neuro surgical conditions.
* Rehabilitation after cardio thoracic and micro vascular surgical conditions etc.
* Worked in ICU and other various departments
* Performed diagnostic and prognostic exams to evaluate muscle, nerve, joint and functional abilities.
* Planned and administered treatments, modalities and therapeutic exercise programs.
* Ability to customize and adapt conventional physiotherapy techniques to meet the special needs of individual patients.

***KEY SKILLS***

* Orthopedic and sports physiotherapy
* Manual joint Mobilization
* Myofacial Release, Stretching technique
* Stroke, Parkinsonism, nerve injury and other neurological rehabilitation
* Cardiothoracic and surgical rehabilitation
* Electrotherapy
* pre and post-operative rehabilitation
* Fitness program, chest physiotherapy, mat exercises
* Ergonomic Evaluations & Postural Corrections and Taping techniques.
* ICU Management

***EDUCATIONAL QUALIFICATIONS***

* MASTER OF PHYSIOTHERAPY IN MUSCULOSKELETAL & SPORTS

May 2010-May 2012

Rajiv Gandhi University of Health Sciences, Bangalore.

* BACHELOR IN PHYSIOTHERAPY (BPT).

Aug2005-May2010

Rajiv Gandhi University of Health Sciences, Bangalore.

***REGISTRATION and DHA ELIGIBILITY***

Registered under: The Indian Association of Physiotherapists**- 36425**

DHA eligibility exam passed, Ref number: **DHA/LS/1252016/594404**

***PERSONAL STRENGTHS:***

* Determination and dedication towards Work.
* Adaptive to new atmosphere.
* Willing to take responsibilities and challenges.
* Excellent communication, leadership, presentation skills and strategic planning capabilities
* Able to work independently and as part of a team
* Language proficiency: English, Hindi, Kannada, Tamil, Malayalam.

***INTERNSHIP AND CLINICAL TRAININGS:***

* Worked as an Internee in various Hospitals with excellent exposure to various cases in several wards (Orthopedics, Neurology, Medicine, ICU etc.)
* Internship from National Institute of Mental Health and Neuro sciences (NIMHANS), Bangalore.
* Internship training from St.Martha’s hospital and its stroke rehabilitation unit- Bangalore.
* Training from Hosmat Hospital – Bangalore.
* Internship training from Sagar Hospitals-Bangalore.
* Clinical training from Ravi Kirloskar Memorial hospital& Research Centre -Bangalore.

***SEMINARS AND WORKSHOPS (Professional Development)***

* Workshop on Spinal Pain Management- An Evidence based Approach

Resource person - Mr. Richard Bartley (UK)

* Maitland Technique for Lumbar and Cervical Spine(Workshop)

Resource person - Mr. T. Sathiya Selvam MPT

* The Unique role of the Women’s Health Physiotherapist in Antenatal Care”

Resource person - Dr. Shagufta Parveen (PT) (Women’s Health)

* Attended Workshop on Motor Relearning program

Resource person - Mr. R. Vasnthan (PT)

* Attended Workshop on Proprioceptive Neuromuscular Facilitation (PNF) Technique. Resource person - Mr. R. Vasnthan (PT).
* Attended Medical symposium on “Continuous Professional Development on Multiple Sclerosis”, conducted by Multiple Sclerosis Society of India.

***THESIS WORK***

* Submitted a Thesis work during my Post Graduation period on - A comparative study to analyze the effect of PNF exercise versus cervical stabilization exercise in mechanical neck pain subjects.

***PERSONAL INFORMATION***

Date of Birth : 18-05-1984

Nationality : Indian.

Religion : Christian.

Marital status : Single.

Visa status : on Visit

Language proficiency: English, Hindi, Kannada, Tamil, Malayalam.

Hobbies : Gardening, outdoor games

DECLARATION

I hereby declare that the above-mentioned information is correct up to my knowledge and I bear the responsibility for the correctness of the above mentioned particulars.

**Date: 10/06/2017** **AJI**