Page **1** of **3***Curriculum Vitae of Arleen, RND*



**ARLEEN RND**

**Passed the HAAD Exam for Dietitian 1 Credentials verified by DataFlow**

**Email:** arleen.370340@2freemail.com



**CAREER OBJECTIVE**

To be part of a reputable institution that will allow me to contribute my knowledge and skills in Nutrition and Dietetics, and to further enhance my expertise for personal and professional development.



**HIGHLIGHTS OF QUALIFICATION**

* Passed the HAAD Exam for Dietitian 1 last April 11, 2017.
* Credentials verified by DataFlow.
* Work experience as a Chief Nutritionist Dietitian in a tertiary hospital.
* Passed the PRC Nutritionist-Dietitian Licensure Examination in 2009.
* Successful work in the development of program planning and implementation in public health nutrition and feasibility study on restaurant.
* Underwent extensive training on nutrition and dietetics in the Philippines, Thailand (Chiang Mai and Bangkok) and Japan.
* Academic background in clinical nutrition, foodservice and public health nutrition.
* Conducted food and nutrition research.
* Computer literate (Microsoft Office, Adobe Photoshop and Windows Movie Maker).



**WORK EXPERIENCE**

November 2013 to **Chief Nutritionist Dietitian**

September 2016 Westlake Medical Center

San Pedro, Laguna

* Responsible for the whole operation of Dietary Department
* Directs activities of institution department providing quantity food service and nutritional care: Administers, plans, and directs activities of department providing quantity food service.
* Establishes policies and procedures, and provides administrative direction for menu formulation, food preparation and service, purchasing, sanitation standards, safety practices, and personnel utilization.

Page **2** of **3***Curriculum Vitae of Arleen, RND*

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| May to | **Nutritionist – Dietitian** |
| September | BioFemme Inc. – Unilab Women’s Health Care |
| 2011 | Calciumade Bone Density Screening – Counseling |

* Advised patients and their families on nutritional principles, dietary plans and diet modifications, interpretation of the result of the bone density screening and food selection and preparation.

November 2009 – **Therapeutic Dietitian**

May 2011 Creative Dishes and Recipes Inc.

Cardinal Santos Medical Center – Dietary Department

* Supervised the serving of meals of the admitted patients which includes planning and modification of menus.
* Supervised employees engaged in serving food and in maintaining the cleanliness of food service areas and equipment.
* Assigned and coordinated work of employees to promote efficiency of operations.
* Monitored food service operations to ensure conformance to nutritional, safety, sanitation and quality standards.



**EDUCATION**

* 2005-2009 University of Santo Tomas, España, Manila
* Course: Bachelor of Science in Nutrition and Dietetics



**TRAININGS AND SEMINARS**

February 42 – 26, 2016

**61st NDAP Annual Convention**

Integrating and Innovating Nutrition and Dietetics for Sustainable

Development

Royal Garden Convention Hall, Iloilo City

July 1, 2015

**41st Food and Nutrition Research Institute Seminar Series** DOST Compund, Bicutan, Taguig City

October 7 – 8, 2014

**10thPhilSPEN Annual Convention**

**The Changing Landscape of Clinical Nutrition**

DusitThani Manila, Ayala Center, Makati City

February 26-27, 2014

**59th Annual Convention of the Nutritionist – Dietitians’**

**Association of the Philippines (NDAP)**

“We Learn, We Share, We Grow through Research

Crowne Plaza Manila Galleria

August 31 to September 2, 2011

**6th Asia-Oceania Conference on Obesity** Sofitel Philippine Plaza

November 8 to 9, 2010

**PHILSPEN 6th Annual Convention**

**Basic Clinical Nutrition: Revisited**

Philippine Society for Parenteral and Enteral Nutrition (PHILSPEN)

Page **3** of **3***Curriculum Vitae of Arleen RND*

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| October 22, 2010 | **Culinary Arts for Hospital Dietitians** |
|  | Cilantro Kitchen, Unilever Philippines for |
|  | U.N. Avenue, Paco, Manila |
| October 3, 2008 | **Culinary Nutrition: From Theory to Practice** |
|  | Thomas Aquinas Research Complex, UST, Manila |
| September 8 to | **15th International Congress of Dietetics** |
| 11, 2008 | Pacifico Yokohama, Japan |
| July 15 – 16, | **34th Food and Nutrition Research Institute Seminar** |
| 2011 | DOST Compound, Bicutan, Taguig City |
| June 5 – 6, 2008 | **Endocrinology for the Non-Endocrinologist** |
|  | DOH Convention Hall, Sta. Cruz, Manila |
| April – May, 2008 | **Immersion Program on Medical Nutrition Therapy for Renal** |
|  | **Diseases, Cancer Management, Pediatric Cases, Diabetes** |
|  | **Management and Weight Management** |
|  | University of Santo Tomas Hospital, Manila |
| February 23, 2008 | **Beginner’s Course on Cooking Traditional Thai Food** |
|  | Chiang Mai Thai Cookery School |
|  | Muang Chiang Mai, Thailand |
| February 19, 2008 | **Chef’s Tip on: Healthy Food** |
|  | TRIA Hall, Bangkok, Thailand |
| February 19 to | **A Journey through the HEAT of Thailand: ND and FT** |
| 24, 2008 | **Soars High** |
|  | Bangkok and Chiang Mai Thailand |
|  |  |
| **AFFILIATION** |  |
| 2010 – Present | Nutritionist – Dietitian Association of the Philippines |
|  | Member |
| 2005 – 2009 | Philippine Association of Nutrition – Omega Chapter |
|  | College of Education, UST, Manila |
|  | Member |



**PERSONAL FACT-FILE**

Birth Date: May 27, 1989

Age: 27

Citizenship: Filipino

Civil Status: Single