# C:\Users\BBSO\Downloads\Tek Bdr. Pun Teacher,Sport incharge 9841405801.JPG

# TEK

Email: [tek.370366@2freemail.com](mailto:tek.370366@2freemail.com)

**OBJECTIVE**

To be professional and dedicated employee in a prestigious company where I can be provided with my technical skills and experience.

**EDUCATION**

**Master Degree** Humanities and Social Science, 2006   
 Tribhuwan University,   
 Kathmandu Nepal

**Bachelor Degree** Humanities and Social Science, 2004  
 Gupteshwor M College, Tribhuwan University  
 Kushma Parbat Nepal

**Intermediate** Humanities and Social Science, 2001  
 Gupteshwor M College, Tribhuwan University  
 Kushma Parbat Nepal

**WORK EXPERIENCE**

* Worked as **Vice Principal** since 2012-2017
* Worked as **Secondary level English Teacher** since 2006-2012.
* Worked as **Lower secondary Teacher** since 2000-2005.
* Worked as **Sports In Charge** since 2000-2010.
* Worked as **Junior Red Cross Teacher Sponsor** from 2006-2008.
* Worked as a **senior sales man at Kathmandu Sport Zone** from 2004 to 2006.
* Worked as **a sales man at Kathmandu Sport Zone** from 2003 to 2004.
* Worked as a **waiter at Sangrilla** Hotel from 2001 to 2003.
* Worked as a **waiter at Everest Party Palace** from 1991 to 2001. (Part time Job)

**EXPERTISM**

* Able to help customers find what they want.
* Able to maintain high standard of display and visual merchandising to ensure the store is well presented.
* Ready and able to work individually or within a team member.
* Good numerical skills with the ability to manually calculate costs without any error.
* Able to accurately describe a products features and benefits to a customer.
* Willing to work on a sift basis including evenings and weekends.
* Extremely organized with a high level of attention to details.

**TRAINING**

* **3 days Regional Youth Conference** organized by SAATHI and UNIFEM on Kartik 23, 2057 to Kartik 26, 2057 in Rupandehi, Bairahawa.
* Two days training of **Peer Education on HIV/AIDS** held in Kushma on 21-22 June 2002.
* **Amphibian Conservation Educator Skills Training** organized by Zoo Outreach Organization ZOO/Wildlife Information Liaison Development Society Wild hosted by Central Zoo Nepal Katmandu on 9-10 September, 2008.
* **Conservation Education Workshop** organized by NTNC Central Zoo on 30-31 March, 2009.
* **A 5 day training on Developing Project Proposal and Fund Raising** organized by INCEND and conducted at ELD Lalitpur on 26-30 2007.
* A 5 day training on **Appreciative Inquary** held in September 27-October 1 2003 organized by IMAGINE PARBAT, Nepal.
* One day training on **Internal Management of Junior Red cross Circle** organized by NRS Sub-Chapter Jawalakhel on 15th December 2007.
* One day seminar about the changed Curriculum of Secondary Level on **“Projection of SLC Syllabus-2008**” on 2065 Jestha 04.
* Attended a participatory day workshop on developing learning partnerships between schools in the UK organized by Global School Partnerships at British Council, Kathmandu.
* Attended a Two day Training/Workshop by National Teachers Training Centre on 18th and 19th July 2011.
* Computer diploma courses and Graphic designing.

**SKILLS**

***Personal Skills*** ***Language Skills*** ***Computer Skills***  
-Problem solving. -English - Microsoft office  
-Quick decision making. -Hindi - Windows XP   
-Self-motivation. -Nepali - Internet Application

-Clear and confident manner

**HOBBIES AND INTERESTS**

I enjoy reading non-fiction books, solving puzzles and socializing with friends and family.

**PERSONAL DETAILS**

Name : Tek Bahadur Paija Pun

Sex : Male

Marital Status : Married

Religion : Hindu

Nationality : Nepalese

Date Of Birth : 17-11-1983

Visa Status : **Visit Visa, until September 8, 2017.**

Passport No. : 07525268

Passport Validity : 2024 A.D.

***Reference- Available on request.***