***Dr. SHAN***

[***SHAN.370453@2freemail.com***](mailto:SHAN.370453@2freemail.com)

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| **PERSONALITY TRAIT**   * Genuine interest in pt. welfare * Ability to ease out pts’ anxiety * Expert in school health services * Benefits Administration * confidential * effective communication skills both verbal & written * Ability to prioritize * Team player * Voluntary work * Hard working   **ACADEMIA:** |  |

***MBBS -******UNIVERSITY OF HEALTH & SCIENCES,LHR final yr marks: 901/1500***

***(SHEIKH ZAYED MEDICAL COLLEGE RYK)***

***F.Sc(Pre-Medical)- BOARD OF INTER. & SEC.EDUCATION BWP Grade A+ 881/1100***

**REFERENCES**

***Matric- BOARD OF INTER. & SEC.EDUCATION BWP Grade A+ 699/850***

***> Registration number of” PAKISTAN MEDICAL AND DENTAL COUNCIL”***

**PROFESSIONAL EXPERIENCE:**

**May 2014-Sept 2016 ;**

**Medical Officer Pediatrics Medicine Punjab Daanish school & center of excellence , Rahim-yar-khan**

**June’2014 – Sept. 2016:**

**WMO/Gynae & Obs evening shift in MIRZA SURGICAL HOSPITAL**

**Nov’ 2013– April ’ 2014:**

**HOUSE SURGEON/Gynae & Obs SHEIKH ZAYED HOSPITAL RYK**

**April’ 2013-Oct’ 2013:**

**HOUSE PHYSICIAN/Paeds med SHEIKH ZAYED HOSPITAL RYK**

***PAEDIATRIC PHYSICIAN:***

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| Dates | May 2014 to September 2016 |
| Position Title | Medical Officer |
| Responsibilities | * I cover indoor, outdoor, operation theater and emergency duties . My job is full time, regular and residential. * Taking history, clinical examination. * Dealing with emergencies like acute abdomen, acute appendicitis, cellulitis, abcess, infected wound, dog bite, snake bite, blunt trauma, penetrating & perforating injuries, tongue bite, epilepsy,asthma, urinary retention, , etc. * Competency in resuscitation skills and other minor life saving procedures. * Performed procedures like IV Cannulation, Foleys Catheterization, Lumbar Puncture, NG Intubation, , Airway Insertion etc * Teaching and Supervision of pre-medical students and para-medical staff. * Provided treatment to 600 students from class 6th to 12th.Each class containing 4 sub sections. * Provided treatment to 110 staff members & their families 24/7. * Spread awareness by organizing activities on “world ant-hepatitis C day”, “world Tobacco day”. * Treated gynaecological problems of students & staff members. * Provided paediatric care to children of teaching and non-teaching staff members. * **Provided special care regarding nutrition & preventive measures against diseases.** * **Monthly medical examination of each student & record keeping.** * **Provided prompt treatment e.g during sports week.** |
| Department | PUNJAB DAANISH SCHOOL & CENTER OF EXCELLANCE |
| Facility | DAANISH school(girls),RYK campus |
| City/State | Rahim Yar Khan/Punjab |
| Country | Pakistan |

***Obstetrics & Gynecology:***

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| Dates | Oct 2013 to april 2014(house job)  June 2014 to September 2016 (evening shift) |
| Position Title | Woman Medical Officer |
| Responsibilities | * I covered indoor, outdoor, operation theater & 3 labour room/emergency duties per week with gynae ward rotation every 3 months. My job was part time and regular. * History taking, clinical examination and case presentations on bedside and in class rooms. * Attending ward rounds with consultant gynecologists. * Dealing with emergencies like eclampsia, pre eclampsia, anti partum hemorrhage i.e placental abruption & placenta previa, post partum hemorrhage, hypovolemic shock, ectopic pregnancies, threatened,incomplete & complete miscarriages, obstructed labour, premature rupture of membranes etc * Managing outdoor patients of antenatal & postnatal visits, patients having gestational diabetes mellitus, hypertension, urinary tract infections, genital infections, pelvic inflammatory diseases, oligohydramnios, polyhydramnios, IUGR etc.Also assisting consultant gynecologists in managing patients of subfertility, polycystic ovarian syndrome, uterovaginal prolapse, rectocele, cystocele, post menopausal women, oligomenorrhea, dysmenorrheal, menorrhagia, obesity, ovarian,cervical & uterine malignancies, fibroid uterus, polyps etc.Performing minor outdoor procedures like PAP smear, cervical & vaginal sampling, post operative stitches out, aseptic dressing of wounds etc. * Competency in performing non invasive procedures like ultrasonography, CTG, biophysical scaling of fetal well being. * Monitoring high dependency unit patients, 1st,2nd & 3rd stages of labour with partogram, high risk patients like having pre eclampsia, eclampsia, gestational DM, hypertension, antepartum & post partum hemorrhage etc. * Skills in performing spontaneous vaginal deliveries, twin deliveries, breech deliveries, episiotomies, repair of post coital & 1st,2nd,3rd & 4th degree vaginal tears after SVD’s, assisted forcep deliveries, caesarian sections, E&C, D&C etc. * Observing & Assisting senior consultants in performing laprotomies, laproscopic procedures both diagnostic & therapeutic, abdominal & vaginal hysterectomies etc. |
| Department | Obstetrics & Gynecology |
| Facility | MIRZA SURGICAL HOSPITAL |
| City/State | Rahim Yar Khan/Punjab |
| Country | Pakistan |

***Housejob / Internship***

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| Dates | April 2013 to April 2014 |
| Position Title | House surgeon/physician |
| Responsibilities | * I covered outdoor and indoor patients as well as three emergency duties per week. My job was full time, regular and residential. * Detailed History taking, general physical & systemic examination and Case presentations during ward rounds. * Confidently dealt with all types of surgical & medical emergencies in Paediatrics medicine and gynaecology & obstetrics. * Gained experience in post operative care. * Assisted surgical procedures like caeserian sections, hysterectomies, E&C, D&C etc. * Performed surgical procedures like Suturing all types of wounds, Appendectomy, Incision and Drainage, chest intubation, spontaneous vaginal deliveries, episiotomy etc. * Dealt with emergencies and outdoor cases like chest pain, arrhythmias, acute severe asthma, epilepsy, diabetic coma, asphyxia neonatorum, JNN, mengitis, encephlitis, nephritic syndrome, acute gastroenteritis, protein caloric malnutrition, cerebral palsy etc. * Performed procedures like I/V Cannulation, Foleys Catheterization, Lumbar Puncture, Paracentesis, Thoracocentesis, N/G Intubation and Arterial Puncture, exchange transfusion, * I was awarded as the Best House Surgeon and House Physician of my session. |
| Department | Department of Paeds Medicine & Obs & Gynae unit-2 |
| Facility | Sheikh Zayed Hospital |
| City/State | Rahim Yar Khan |
| Country | Pakistan |

**ACHIEVEMENTS**

* ***Gold medalist & Distinction holder in Behavioural sciences.***
* ***Topper in F.Sc(pre medical) board exam (BISE) at district level***
* ***Topper in Matriculation board exam (BISE) at district level***
* ***Gold medalist in under 14 & under 16 landscape & science model competition***
* ***Silver medalist in badminton championship***

**LANGUAGES**

***English , Urdu & Punjabi***

**REFERENCES**

***Will******be provided on demand***