***RESUME***

**NITHUN (BPT)**

**NITHUN.370919@2freemail.com** ****

***Objective***

To pursue a challenging career, that utilizes my knowledge & skills to the fullest extent in an organization that can exploit my working skills and provide a platform for career growth and learning.

***Licence & Registration***

Dubai Health Authority (DHA) Licence Number :

All India Association of Physiotherapists (AIAP) Registration

**Work Experience** (3yrs)

Working as Physiotherapist in PADMANABHAN’S Physiotherapy centre, Thiruvanathapuram, Kerala.

Duration: From 18/08/2016 and still working.

Worked as Physiotherapist in KERALA MEDICAL COLLLEGE Hospital, Palakkad, Kerala.

Duration: 11 /07/2014- 16/08/2016; 2.2 yrs.

**Trainings and Exposures**

* Trained in BLS for Healthcare Providers (CPR and AED) Program on 4 Apr 2017 at Health Careers Institute Pvt. Ltd, Kochi, Kerala.
* Well versed in Physiotherapeutic assessment and treatment of various Neuromusculoskeletal disorders and of pediatric neurological conditions including Cerebral Palsy, Neural tube disorders, Scoliosis, Erb’s palsy rehabilitation.
* Well Trained in Preoperative Respiratory Assessment and Management including various airway clearances.
* Educating preoperative and postoperative physiotherapy programs for cardiac patients including home care and exercises.
* Got high exposure in assessment and rehabilitation to a wide range of Orthopedic problems from broken bones to spinal disorders, from crippling arthritis to sports injuries
* Trained for respiratory management of the postoperative patients in the ICU, on and off the ventilator and Primary bedside exercise for early Rehabilitation of patients in the ICU.
* Trained in Manual Therapy Techniques (Trigger-Point Release, Myofascial Release, Manipulation and Mobilization), Cerebral Palsy Rehabilitation.

Professional Summary (3 years)

* Strong ability to asses’ efficiency of treatment plans and modify accordingly.
* Deep knowledge of anatomy, physiology and biomechanics.
* Profound ability to safely and physically manipulate patients.
* Sound knowledge of administration, indications and contraindications of various physical agents and equipments.
* Excellent communication skills both orally and in writing.
* Experience in working within a team environment.
* Immense ability to instruct physical therapy patients in the use of facilities ad equipments.
* Ability to monitor and maintain quality control and infection control standards.
* Outstanding attention to perform.
* Have the ability and willingness to take on further training for self-discipline
* Remarkable ability to perform diagnostic tests and evaluation for physical therapy patients.
* Ability to plan, develop and implement physical therapy programs.

**Educational Qualifications**

1. BPT 2008- 2013, Mahatma Gandhi University (SME Gandhinagar), Kottayam, Kerala.

**Academic Projects**

* A project on Lumbar Spondylolisthesis, (2ndyr BPT).
* A Project on Amyotrophic Lateral Sclerosis (3rdyr BPT).
* A Project on Bronchial Asthma (4thyr BPT)

**Extra Curricular Activities**

* Participated in Culturals and Sports.

**Conferences &Workshops Attended**

* Medical Education Programme on Roleof Advanced Physiotherapy in Gynaecology & Paediatric Rehabillitation organized by Sree Gokulam Medical College & Research Foundation, Thiruvananthapuram, Kerala, 12th june 2011.
* Seminar on Comprehensive Management of Obesity organized by Development Foundation, Thiruvananthapuram, Kerala, 15th August 2009.
* Seminar on FITNESS and Integrated Approach in Low BackPain Syndrome, Organized by AKPSA, Kozhikode ,Kerala 1st &2nd August 2009.
* All Kerala Allied Health Science Student’s and Professional’s Conference, organized by Co-operative institute of Health Sciences, Thalassery, 21st &22nd march 2009.

***PERSONAL INFORMATION***

Sex : Male

D.O.B : November 13, 1990.

Religion : Hindu

Marital Status : Single

**DECLARATION**

 I hereby declare that the above mentioned details are true, complete and correct to the best of my knowledge and belief.