**Mr. HANAS**

Physical Education Teacher

## EMAIL: hanas.371845@2freemail.com

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## **CAREER OBJECTIVE**

To be a part of an organization, which aims at enhancing the sports and fitness goals of individuals, where my knowledge and skills would prove resourceful contributing growth and development for sports.

**CAREER SKILLS**

* AIFF Football **D-license** holder
* Completed **CERTIFICATE COURSE IN FITNESS** from Sree Ramakrishna Mission Vidyalaya Maruthy College of Physical education
* All India Softball Inter-University Sree Sankaracharya University team Captain
* South zone and inter zone Sree Sankaracharya University team Captain
* Tamilnadu **State Kho-Kho** Referee
* Exposure in Callisthenics Exercise method
* Participated in a three-day national conference on **challenges and rehabilitation practices for the differently abled** held on Rmkvu,Coimbatore
* Participated in the State level workshop and officiating examination in Kabbadi held at Rmkvu,Coimbatore
* Worked as a Liaison officer in National games Kerala -2014
* Excellent organisational skills
* Excellent written and verbal communication skills
* Knowledge of variety of sports and their rules
* National service scheme Secretary

**PROFESSIONAL EXPERIENCE**

#### 1. Organization : Kerala Agri cultural University High School.

Period : June 2014 –April 2015

Designation : **Physical Education Teacher**

**Job Profile**

* Instruct students in fitness
* Troubleshoot sport issues that arise, specifically implement risk management procedures as required Planned Coaching activities,sessions and programs
* Helping them to develop physical ability, health awareness and social skills
* Give Coaching to sports teams
* Provided feedback and given advice on player’s performance, fitness and technical skills.
* Developed and discussed strategies and tactics for both individual and team play
* Conducting wellness classes
* Assist in the training of sport volunteers
* Coaching in Athletic,Cricket,football,volleyball,etc
* Assist in the production of sport manuals
* Performed as a link between the sport and sport coordinator
* Helping them to develop physical ability, health awareness and social skills

**EXTRA-PROFESSIONAL EXPERIENCE**

* Cricket coaching experience in various level
* Coaching experience in various games
* Various officiating experience in athletic and all other games.

**EDUCATION**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Year** | **Course** | **Institution** | **University** |  |
| 2015-2017 |  **M. P. Ed** | Sreesankaracharya University of Sanskrit,Kalady | Sree Sankaracharya University of Sanskrit, Kalady |  |
| 2013-2014 |  **B. P. Ed** | Rmkvu,Coimbatore | Vivekananda University |  |
| 2009-2012 |  **B.com** | Malabar college, Malappuram | Eiilm University |  |
| 2005-2007 |  **Class XII** | Ghss vatanappally | Higher Secondary School Certificate |  |
| 2005-2006 |  **Class X** | Ghss vatanappally | Secondary School Certificate |  |

**SPECIALIZATION & INTEREST**

* Coaching Football, Cricket, Athletic etc.
* Sports conditioning and sports management
* Yoga

 **ACHIEVEMENTS**

* Represented in all India Softball Inter-University Championship for Sree Sankaracharya University of Sanskrit.
* Winner in Sree Sankaracharya University Inter-Centre Cricket Championship
* Represented in South Zone Inter-University Cricket for Vivekananda University
* Represented in South Zone Interuniversity Cricket for Sree Sankaracharya University of Sanskrit

**DISSERTATION**

* **A COMPARATIVE STUDY ON COMPETITION ANXIETY AND MENTAL TOUGHNESS AMONG MALE HOCKEY AND FOOTBALL PLAYERS OF COLLEGES IN THRISSUR DISTRICT**

**PERSONAL PROFILE**

Date of Birth : 28. 05. 1990

Age : 27

Nationality : Indian

Marital Status : Single

Visa Status : Visiting Visa (**valid till 03 Oct 2017**)

**Declaration**: I, the undersigned, state that the data I have given here has correctly described my qualifications, experience and about myself to the best of my knowledge and belief.

 **Hanas**