**Resume**

**Uday**

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**Educational Qualifications:**

**Master of Physiotherapy (Orthopedics):** October 2010

University: NTR University of Health sciences, Vijayawada, AP., India.

**Bachelors in Physiotherapy:** November 2007

University: NTR University of health sciences, Vijayawada, A.P.

Internship: Nizam’s Institute of Health Sciences (NIMS), Hyderabad, AP., India.

**Professional Experience:** [6 years 9months]

- **From July2014 – till date**: Maa Physiotherapy clinic, Hyderabad, Telangana, India.

Job role: Working as a chief physiotherapist managing a team of 6 physiotherapists along with the front office operations to improve the OPD by means of marketing the facilities and being responsible for all the payments made to the owners. Maintaining the packages for patients appropriately and arranging the physiotherapists for each client diagnosed by a physician or by me. Maintaining the proper documentation for each client as per Outpatient and Home services, regularly checking the treatments done by the colleague physiotherapists, changing the treatment plans accordingly after discussing with the team, and referring the client to the physician if needed.

Introduced **Dry needling** technique for treating the myofascial syndromes, and Various forms of fitness activities for prevention of the physical problems in software professionals and many professionals attending the out patient department.

*-* ***From November 2010 – June 2014***: Head of The Department at RR Hospitals

(60 bedded multi speciality hospital), Kompally, Hyderabad, AP.

Job role: worked as Head of physiotherapy department, managing the team of 8 physiotherapists and team role along with other health care team.

**Responsibilities:**

* Managing inpatient and outpatients who are referred for physiotherapy along With the means of Electrotherapy, exercise therapy, Massage therapy and manipulations.
* Attending clinical rounds with doctors.

**Management of:**

* O**rthopedic -** Post-operative cases of ACL reconstruction, shoulder reconstructions, sports injuries, total hip and knee replacements and other post-operative cases.
* **Neurology**- Brain and Spinal cord disorders, stroke, Hemiplegia, GBS, Muscular dystrophies, cervical spondylomylopathies, Transverse myelitis, chronic neuropathies and Myopathies.
* **Cardiovascular** and thoracic patients Pre and Post-operative training, Chest Physiotherapy, Deep Breathing Exercises and Cardiopulmonary Rehabilitation.
* Contributing to the overall physical fitness of clients, advising and administering necessary appliances, work with other experts in the slimming team to customize client’s program to help achieve desirable results and maintain necessary documentation.

**Job Role as HOD:**

Working with patients to identify the physical problem; developing and reviewing treatment program; assisting patients with joint and spinal problems, especially following surgery, Helping patients' rehabilitation following accidents, injury and strokes; supervising physiotherapy assistants.

**Various kinds of cases dealt with:**

Orthopedic cases of neck and backaches, myofascial pain, pre and post-operative cases like spinal surgeries, THR, TKR, ACL reconstruction, knee, ankle and foot reconstructive surgeries and corrective surgeries, hand surgeries.

Neurology cases such as brain and spinal cord disorders, stroke, hemiplegia, GBS, muscular dystrophies, cervical spondylomylopathies, transverse myelitis, chronic neuropathies and Myopathies.

Cardio-thoracic cases, pre and postoperative training, chest physiotherapy, postural drainage, cardiac rehabilitation.

Assessment of clients, discussing treatment pattern with the team and treating the patients with specific physiotherapy methods including Exercise therapy, Electrotherapy techniques, Mobilization and Rehabilitation programs for Disabled and Elderly people.

**Certifications**

**­-** Certified DRY NEEDLER : [FEB2015] INDIAN ACADEMY OF DRY NEEDLING.

**-** Certified course in Advanced Fitness/Gym Instructor Training

**Memberships:**

* Member of ‘Indian Association of Physiotherapists’ with Registration no**: L-29839.**
* Member of Indian academy of Cerebral palsy(IACP)

**Conferences and Workshops attended:**

1. Attended Workshop on Wheel Chair Basics at Yashoda Hospitals, 18th June 2017.

2. Attended the CME&CPE on Orthopedics, Spine & Physiotherapy Update at Hyderabad, Yashoda Hospitals, 29th January 2012.

3. Prenatal and Postnatal Exercise, organized by Dr. SISA Educational Institution Hyderabad. 19th December 2012

**Professional skills:**

My main Goal is to prevent the daily trauma to the people with daily activities and wrong postures through correcting the postures and ergonomics in every profession. If they are getting treated they must be educated to be fit and healthy, physically and psychologically.

* Have Strong knowledge of Massage, Dry needling, Electrotherapy, Manipulative therapy, Hydrotherapy.
* Having strong clinical skills, interpersonal skills and good time management.
* Good at computer documentation.
* Determine appropriate treatment for injury.
* Evaluate physical recommendations and fitness advice.

Interested in relocation to UAE. Thank you.