**Harmeet**

**Harmeet.372688@2freemail.com** ***Physiotherapist***

***OBJECTIVE***To pursue a challenging career in field of medical science as a member of the Working and Development Team that gives me an opportunity to excel through continuous learning process maximizing my skills and quality assurance towards continued growth with focus on public interaction, creating a work environment for self-advancement together with the organization’s goals and objectives and thus enabling me to make a positive contribution to the organization.

***PROFESSIONAL DEGREE*Bachelors of Physiotheraphy 2008 – 2012**
M.M. Institute of Physiotheraphy & Rehadbilitation, Mullana
Maharishi Markandeshwar University
Mullana – Ambala, India

***EDUCATIONAL QUALIFICATION***

|  |  |  |  |
| --- | --- | --- | --- |
| Class | Year of passing | Percentage | Board/institution from which passed |
| BPT  | 2012 | 67.82 | MMU, Mullana |
| 12th(PCB) | 2008 | 76.80 | CBSE |
| 10th | 2006 | 78.40 | CBSE |

***INTERNSHIP EXPERIENCE***

* **6 Months Rotatory Internship (1st Sep’2012 – 30th Mar’2013)**Maharishi Markandeshwar Institute of Physiotherapy and Rehabilitation, Mullana

***DEPARTMENTS/UNIT OF PHYSIOTHERAPHY***

* **Physiotherapy O.P.D**.
* **Wards**: Orthopedics, Surgery, Neurology, Neurosurgery, Medicine, Cardiology & Burn Ward.
* **I.C.Us**: Surgery, ICU, Stroke, Medical, Neurosurgery, ICCU & Burn ICU.

***WORKING EXPERIENCE***

* **PHYSIOTHERAPIST - *Par Upkar Sewa Samti Charitable Trust***
Mandi Gobindgarh, India
Duration – 2years 11months (01st April’13 – 05th March’16)

***JOB PROFILE***

* Physiotherapy Department in charge.
* Responsible for managing a clinical caseload.
* Worked with patients suffering from debilitating conditions such as back pain, arthritis, fractures, sport injuries, head injuries, strokes, and cerebral palsy.
* Record prognosis, treatment, response, and progress of the patient.
* Test and measure patient’s strength, motor development and function, sensory perception and record data.
* Plan, prepare and carry out individually designed programs to maintain, improve or restore physical functioning, alleviate pain and prevent physical dysfunction in patients.
* Administer manual exercises, massage or traction to help relieve pain, increase patient strength or decrease or prevent deformity.
* Administrator treatment involving application of physical agents, using equipment, moist packs, and ultrasound machines.
* Provide information to the patient about the proposed intervention, its material risks and expected benefits.

* **PHYSIOTHERAPIST - *Synapse Physio Private Limited***
Deputed at Healing Touch Hospital, Ambala, India
Duration – 4.5 months (08th March’16 – 23rd July’16)

***JOB PROFILE***

* Assess the physical condition of patients to diagnose problems and plan appropriate treatment.
* Use a range of techniques to strengthen and stretch muscle and joints, to improve patient mobility.
* Perform manual therapy, plan exercise program and implement them.
* Use equipment such as diathermy, ultrasound and electrotherapy, to ease pain, reduce swelling and improve daily life.
* To undertake treatment of In-patients, Outpatients and home care for orthopedic, neurological & cardiac rehabilitation.
* Retrain patients to walk or to use devices like walking frames, splints, crutches and wheelchairs.
* Educate patients & their families and the community to prevent injury and disability and to lead healthy lifestyle.
* Co-ordinate with the team for planning most effective therapy regime.
* Maintenance of Departmental Records, registers and patient treatment notes.

***CERTIFICATION***

* Certificate of Membership of Indian Association of Physiotherapists.
* Certificate of Merit by Maharishi Markandeshwar University.

***WORKSHOPS ATTENDED***

* International hands-on workshop on **Physiotherapy management of Spinal cord injuries** by Indian Association of Physiotherapy, Delhi, India on 16th February 2011.
* Workshop on **Proprioceptive Neuromuscular facilitation techniques and sacroiliac joint dysfunction** by Cheshta Physiotherapy Centreat IVY Hospital, Mohali, India on 28th &29th November, 2009.
* International workshop on **Balancing Evidence-Based Machine (EBM) with clinical reasoning – Proprioceptive/Neuromuscular control** at MMIPR, MMU, Mullana – Ambala, India on 21st and 22nd August 2012.
* Participated at Evidence-Based Hands on workshop on **Lumar Spine Assessment and Manual Therapy techniques** at MMIPR, MMU, Mullana-Ambala, India on 6th April 2012.

***KEY SKILLS & ATTRIBUTES***

* Experience of dealing with emotional and stressful situations.
* Comprehensive problem solving abilities.
* Good written, communication and Inter personal skills.
* Capable to sustain hard work to ensure time bound results.
* Willingness to learn.
* Self-motivation.

***PERSONAL DETAILS***

* DOB: 17th July 1991
* Sex: Female
* Martial Status: Married
* Nationality: India

***I hereby affirm that the information in this document is accurate and true to best of my knowledge.***