**Asia**

[**Asia.373323@2freemail.com**](mailto:Asia.373323@2freemail.com)



**CAREER OBJECTIVE**

PE teacher/ gymnastics coach

**EDUCATION**

* **2010-2014 / Bachelor of Physical education /** Ukraine, Odessa. The South Ukrainian National Pedagogical University named after K. D. Ushynsky.
* **2010-2014 / Bachelor of Foreign language and literature (English) / part-time/** Ukraine, Odessa. The South Ukrainian National Pedagogical University named after K. D. Ushynsky.
* **2014-2015 / Master's Degree in Physical Education/ Ukraine, Odessa.** The South Ukrainian National Pedagogical University named after K. D. Ushynsky.

**EMPLOYMENT EXPERIENCE**

* **2014-2015 / Ukraine, Odessa**

**POSITION:** JUDO COACH AT PRIVATE SPORT CLUB

**INDUSTRY :** EDUCATION AND SPORTS

ㆍTeach basic and advanced judo concepts

ㆍInstructing and demonstrating skills and abilities in gymnastics and judo

ㆍInstructing students into the safety practice.

* **2015-2016 / UAE, Abu Dhabi**

**POSITION:** GYMNASTICS COACH AT INTERNATIONAL SCHOOL OF CHOUEIFAT

**INDUSTRY:** EDUCATION AND SPORTS

ㆍTeach basic and advanced gymnastics concepts

ㆍInstructing and demonstrating skills and abilities in gymnastics

ㆍDeveloping and preparing gymnastics drills demonstrations

ㆍInstruct students in the safety practices associated with gymnasiums.

* **2016-present / Ukraine, Odessa.**

**POSITION:** IT-MARKETING MANAGER

**INDUSTRY :** IT (freelancer)

ㆍManage information technology and computer systems

ㆍDeveloping the advertisements in websites

ㆍCreation and publication of marketing material

ㆍCreating a wide range of different marketing materials

ㆍOverall responsibility for brand management and corporate identity

* **2016-present / Ukraine, Odessa.**
* **POSITION:** PERSONAL FITNESS TRAINER
* **INDUSTRY :** SPORT CLUBS (freelancer)

ㆍPlanning and completing fitness sessions

ㆍMotivating students to undertake an active, healthy lifestyle

ㆍSupporting clients throughout their fitness journey through providing knowledge and enthusiasm

ㆍDemonstrating exercises and routines to clients

ㆍAssisting clients in exercises to minimize injury and promote fitness

ㆍModify exercises according to clients’ fitness levels

ㆍProviding information or resources on general fitness and health issues

**SPORT EXPERIENCE**

ㆍJudo - 6 years / Brown belt (candidate of master sport)

ㆍTrack-and-field - 2 years

ㆍGymnastics - 2 years

ㆍFigure skating - 7 years (candidate of master sport / junior level)

ㆍAs an hobbies: hiking, swimming, canoeing, climbing, cycling

**LANGUAGES**

ㆍ**English** (advanced)

ㆍ**Ukrainian and Russian** (mother tongues)

ㆍ**German** (intermediate )

**DRIVING LICENSE**

ㆍValid and clean Ukrainian driving license

**COMPUTER SKILLS**

ㆍAdobe Photoshop

ㆍHTML / XHTML

ㆍMicrosoft Excel/Office/Word

ㆍPowerPoint

ㆍPrinters’ hardware

ㆍOperating Systems: Windows XP, Windows NT, Windows ME, Windows 2000, Mac, Linux.

ㆍVideo & audio editors

ㆍContent management systems: DLE & Wordpress

ㆍ250 WPM (eng.)