**Dr. Mehak, MBBS**

E-mail: [mehak.374712@2freemail.com](mailto:mehak.374712@2freemail.com)

***Availability;*** *Immediately*

***Visa Status;*** *Spouse Visa (on husband visa)*

**CAREER OBJECTIVES**

A Dedicated healthcare physician with a belief in hard work and an urge to serve, seeking suitable role as a general physician in an esteemed institution where I can utilize my existing knowledge and skills for value addition in the organization and nurture my skills for career growth.

**PROFESSIONAL EXPERIENCE SUMMARY**

I have more than 2 years post internship experience and knowledge of **primary healthcare, gynaecology & obstetrics and** **general medicine**. Evaluating a patient, making a diagnosis and providing patient care services in different clinical settings,including **inpatient and outpatient** clinics has been my area of expertise. I have good understanding of current principles, methods and procedures for the delivery of best possible care to patients in the fields of **gynaecology & obstetrics, Medicine** **and Community Health along with Medical Emergencies**.

**CORE COMPETENCIES**

1. Obstetrical Skills: management of all stages of labor, NVD, Episiotomy, Intracervical Catheterization, Emergencies related to pregnancies like APH, Pre-Eclampsia, Eclampsia, PPH and providing assistance in Caesarean Section.
2. Gynecologic Skills: management of DUB, Contraception, infertility and D&C.
3. Diagnostic Skills: good knowledge of X-RAY, CT scan, ECG. Can perform basic Obstetrical Ultrasound, Pleural Tap, Ascitic Tap and LP.
4. Surgical Skills: management of wounds, burns and abscess.
5. Medical Skills; management of HTN, Diabetes, CLD, COPD, Asthma, Gastroenteritis, Pneumonia and Infectious Diseases.
6. Preventive Medicine Skills: Mass Education about disease prevention, vaccination and Hygiene.
7. Emergency Management Skills: DKA, Stroke, Status Epilepticus, Status Asthmaticus and Poisoning.

**PROFESSIONAL EXPERIENCE**

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| **Organization** | **:** | ***Imran Medical Care Hospital*** | |
| Designation | : | General Physician | |
| Tenure | : | Dec, 2014 to Date March, 2017 | |
| Job Responsibilities | : |  | Providing complete prenatal care. |
|  |  |  | Monitoring maternal and fetal wellbeing. |

 Maintenance of all medical and laboratory records throughout pregnancy.

 Guiding patient for vaccination during pregnancy.

 Management of any concomitant disease in pregnancy.

 Management of all steps of labor.

 Postnatal care of mother and child.

 Provide assistance in surgical procedures.

 Management of gynecologic patient (i.e. DUB, PCSs, Contraception etc.)

 Collection and maintenance of patient’s record and information like medical history, reports and examination results.

 Diagnose the patient, explain procedure, discuss test results and prescribe treatment.

 Advise patients and community members concerning diet, hygiene and disease prevention.

 Refer patient to consultant when necessary.

 Coordinate with nurses, other medical staff and specialist.

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| **Organization** | | **: *Punjab Social Security and Health Management*** | | | |  |
| Designation | | : | Women Medical Officer | | |  |
| Tenure | | : Dec, 2014 to June, 2015 | | | |  |
| Job Responsibilities | | : |  Diagnose the patient, explain procedure, discuss test results and prescribe treatment. | | |  |
|  |  |  |  Advise patients and community members concerning diet, hygiene and disease prevention. | | |  |
|  |  |  |  Refer patient to consultant when necessary. | | |  |
|  |  |  |  Coordinate with nurses, other medical staff and specialist. | | |  |
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|  | **HOUSE JOB** |  |  |  |  |  |
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|  | |  | |  | |  |
| **Organization** | | **:** | ***ALLAMA IQBAL MEMORIAL HOSPITAL, SIALKOT*** | |  |  |
| Designation | | : | House Officer | | |  |
| Tenure | | : June, 2013 to Dec, 2013 | | | |  |
| Department | | : ***Department of General Surgery and Department of Obstetrics & Gynecology*** | | | |  |
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| **Organization** | | **:** | ***LAHORE GENERAL HOSPITAL*** |  | |  |
| Designation | | : | House Officer | | |  |
| Tenure | | : Jan, 2014 to March, 2014 | | | |  |
| Department | | : ***Department of General Medicine*** | | | |  |
|  | |  | | | |  |
| Organization | | : | ***ALLAMA IQBAL MEMORIAL HOSPITAL, SIALKOT*** | |  |  |
| Designation | | : | House Officer | | |  |
| Tenure | | : April, 2014 to June, 2014 | | | |  |
| Department | | : | ***Department of Cardiology*** | | |  |

**PROFESSIONAL AND ACADEMIC EDUCATION**

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| --- | --- | --- | --- | --- | --- |
| **Sr.** | **Certification / Degree** | **Institution / University** | **Specialization / Major** | **Passing Year** |  |
|  |  |  |  |  |  |
| 1 | FCPS- Part 1 | Fellow of College of Physicians and | Medicine and Allied | Feb-2015 |  |
| Surgeons- Pakistan |  |
|  |  |  |  |  |
|  |  |  |  |  |  |
| 2 | MBBS | Liaquat University of Medical & | Medicine | Feb-2013 |  |
| Health Sciences |  |
|  |  |  |  |  |
|  |  |  |  |  |  |
| 3 | Higher Secondary School | Govt. College for Women | Pre-medical group | Aug-2006 |  |
| Certificate | Samanabad Lahore |  |
|  |  |  |  |
|  |  |  |  |  |  |
| 4 | Secondary School Certificate | City Public Girls High School Sialkot | Science group | Jun-2004 |  |
|  |  |  |  |  |  |

**PERSONAL INFORMATION**

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| Marital Status | : | Married |
| Visa Status | : | Spouse Visa (on Husband Visa) |
| Religion | : | Islam |
| Nationality | : | Pakistani |
| Language Competency | : English ,Urdu and Punjabi | |

**REFERENCES**

References can be furnished on request.

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