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| **CURRICULUM VITAE**   1. **PERSONAL PARTICULARS Description: Description: C:\Users\winner\Desktop\dental pics\hrishi pic.jpg**   **Name : Dr HRISHI T S**  **Citizen : India**  **Functional Area Health care ( DENTISTRY )**  **of Work**  **Specialty : MASTERS (MDS - Periodontology and Implantology)**  **Contact id: *[hrishi.375187@2freemail.com](mailto:hrishi.375187@2freemail.com)*** |

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| II. A. ACADEMIC AND PROFESSIONAL QUALIFICATIONS  |  |  |  |  | | --- | --- | --- | --- | | **Year** | **Degree** | **Discipline** | **University** | | 2008    2014    2014 | Bachelor of Dental Surgery (B.D.S).  Master of Detal Suregry ( M.D.S)    FAGE | Dentistry  Periodontics  General education | Kannur University,Kerala.India  Manipal University, Manipal, India.  Manipal University |   **PROFESSIONAL LISENCE**     * **Indian Dental Council ( General Dentist and Peridontist)** * **Health Authority of Abu Dhabi ( Specialist Periodontist)** * **Dubai Health Authority ( Specialist Periodontist)** |
| 1. **WORK EXPERIENCE**      |  |  |  |  | | --- | --- | --- | --- | | **Year** | **Position** | **Field of Work** | **Place of Work** | | Jun 2009 –Dec 2010 | General practitioner | Private dental clinic. | Kerala | | Dec 2010-April 2011 | Assistant Dental Surgeon | Kerala Govt Health Services | Govt District Hospital, Thrissur | | May 2011-april 2014 | Junior Resident | Manipal college of dental sciences,Manipal | Manipal | | May 2014 till August 2014 | Dental Surgeon | National Rural Health Mission | Govt Hospital ,Thrissur | | August 2014-October 2016 | Assistant Professor | Department of dentistry | P K Das Institute of Medical Sciences,Ottapalam | | May 2014 till date | Consultant Periodontist and Implantologist | Private Dental Clinics and Hospitals | Thrissur and Kochi region | |
| 1. **MEMBERSHIPS**   Indian Dental Assosciation  Indian society of Oral Implantologists  Indian Society of periodontolgy  **V .Clinical Expertise**  1. Specialized in all **Periodontal procedures**(Flap surgery, Mucogingival surgeries, Aesthetic procedures like smile designing ) andvanced procedures like ridge augmentations ,Implants and Lasers procedures  2. **General dentisry** with expert knowledge in rotary endodontics and fixed orthodontics  3. **Implantology**- Undergone training in implant dentistry during post graduation, Certificates from Hong Kong university on implants, Placed more than 200 implants. Managed complex cases which require GBR, Sinus Lift ( Direct and Indirect) etc  **VI Nature of Duties Performed**  **Consultant Periodontist and Implantologist (2014- present)**   1. Speciality practice in managing Periodontal problems, treating of referred patients 2. Nonsurgical periodntal therapy ( scaling root planing, Gingival Curettage, Local drug deliveries) 3. Surgical Periodntal therapy ( Flap surgeries, Regenrative procedures involving bone graft,GTR) 4. Mucogingival Problem Management ( Various recession coverage techniques, frenectomies, vestibular deepening procedures,Deepigmentation, Esthetic crown lengthening procedures) 5. Implants ( single tooth replacemts, multiple teeth replacements, full arch rehablitations, implant supported overdentures, both surgical and prosthetic part) 6. Advanced procedures for aiding implant placements( sinus lift procedures, ridge split, socket preservation, block grafting and Guided bone regeneration for ridge augmentation) 7. Surgical removal of impacted teeth and Canine Exposures   **Assistant Professor in Department of Dentistry ( Sept 2014-2016)**     1. Accademic duties including taking clinical discussion for Under graduate students, Lecture classes for Undergraduates 2. Management of general dental cases referred to department 3. Extractions (closed and open), esthetic fillings, Root canal Therapy, Fixed and Removable Parial Dentures, Scaling and polishing, Implants, Surgical and Non surgical Periodontal treatments 4. Management of patients with facial injuties in Casuality 5. Management of Dental needs of specially abled patients under General Anesthesia     **Dental Surgeon -National Rural Health Mission programme under Government of India (May 2014 to August 2014)**   1. In charge of District Early Intervention Centre ( Programme Under Kerala State Government) 2. Indentifying and Managing dental needs of individuals under age of 18 year 3. Extractions, Pulpectomies, Pulpotomies, Giving Space mantainers 4. Identifying early developmental Abnornmalties and referral to higher centres 5. Myofunctional appliances 6. Referral of Orthodontic patients to higher Centre   **Junior Resident/ Post Graduate Student, Department of Periodontology (May 2011-April 2014)**     1. Accademic and Clinical training in speciality of periodontics (5000hrs of training programme and 200 hrs of training in subject of implantology ) 2. Performing non surgical and surgical procedures which are part of curicullum 3. Basic trainig in soft and Hard tissue lasers 4. Piezo electric surgery 5. Clinical discussion and Lecture classes for Under graduate (BDS) students   **Assistant Dental Surgeon, Kerala Govt Health Services (Dec 2010-April 2011)**     * Assistant Dental Surgeon on adhoc basis in Dentistry Department of Goverment District Hospital * Adressing General Dentistry Need of patients * Performing Extractions, Restorations, Scaling and polishing, Referral of patients who require advanced care to higher centers * Primary Management of patients with facial injuries   **Junior Dental Sugeon (July 2009- Nov 2010)**  General Dental Practice in a Private Clinic  Resotarions ( Amalgam, Composites, Glass ionomers), Oral Prophylaxis, Pulpotomies, Pulpectomies  Root canal Therapy ( Anterior and Posterior teeth)  Minor oral Surgical Procedures( Extractions, Freenctomies, Surgical extractrions, Cyst e nucleation,)  Management of Orthodontic cases( fixed, removable and myofuctional cases under guidence of Orthodontist)  Veneering and Bleaching procedures under guidence of Chief Dental Surgeon  **V11. Research Interests :** Non surgical periodontal therapy, Regenrative Periodontics and Implant.  **Janurary 2012**: Conducted Randomized clinical trial on the effect of green tea dentifrice in management of periodontal disease ( selected as 2nd best Poster in 35th FDI/ SLDA annual conference, Colombo, Srilanka, 2013)  **August 2012(Dissertation project)**    Subgingival ozone irrigation as an adjunct to scaling and root planing in the management of chronic periodontitis: a clinical, microbiological and biochemical study clinical dissertation; manipal university  November 2012:  **NOVEMBER 2012**  **Assisted in Animal trials** on Wistar Albino rats to test the efficacy of a membrane in vivo. The test on rats included CT scans and histological methods. The results suggested useful properties of the membrane in promoting bone formation in any part of the body. This patch would be useful for patients with hip fractures, decreased bone strength and patients with medically compromised health. In dentistry could be used inpatients facing problemswith increased bone loss and tooth mortality. It could be used on a large scale for a variety of purposes.  **JANUARY 2013**  Observational study of levels of antioxidants in patients with periodontitis and healthy individuals  **APRIL 2015**  Periodontal Awareness health survey in Kerala ( published) |

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| **1.0** | | | **RESEARCH AND PUBLICATION** |
| **(a)** | | | **INTERNATIONAL PUBMED INDEXED**  *Effect of adjunctive use of green tea dentifrice in periodontitis patients – a clinical & biochemical pilot study.* ***International journal of dental Hygeine ;Hrishi TS, Kundapur PP, Naha A, Thomas BS, Kamath S, Bhat GS.*** ***Int J Dent Hygiene 14, 2016; 178–183***  **NATIONAL INDEXED**   1. *Periodontal health literacy assessment in two most literate cities of India.* ***Indian Dentist Research and Review Feb 2016; 28-35*** 2. *Management of an Endo Perio Lesion With Buccal Space Involvement In Maxillary Molar- A Case Report;* ***Journal of cochin periodontist society 1,July 2016;49-52*** 3. *Comparative Evaluation Of Gcf Total Antioxidant Capacity In Chronic Periodontitis Patients Before And After Non-Surgical Periodontal Therapy****.* *International Journal of Dental Research & Development (IJDRD) Vol. 6, Issue 6, Dec 2016, 11-16*** 4. *Semilunar Flap for Recession Coverage – Case Report of Two Cases with One Year Follow Up*. ***Indian Dentist Research and Review September 2016;*** 5. *Posterior Superior Alveolar Nerve Block, a Dilemma for Dental*   *Practitioners - A Case Report.* ***J Cont Med A Dent September-December 2016 Volume 4 Issue 3***  *6 Management of Multiple recession using Coronally Advanced flap,****Indian Dentist***  ***Research and Review January 2017***  *7Gingival Depigmentation-Various techniques; A case series. Journal of Oro Dental*  *Research and review Vol 1 issue 1 June-August 2017* |
| **(c)** | | | **ABSTRACTS AND CONFERENCE PRESENTATION (oral and poster)**  **INTERNATIONAL**  ***POSTERS***  **Green tea dentifrice in management of periodontal inflammation : A clinical and biochemical study ,CDA/ FDI/ SLDA 35th annual conference, Colombo, Srilanka**  **NATIONAL**  ***I. ORAL***   1. **Vertical root fracture diagnostic dilemma : Case series, 5TH ISPRP, Mangalore** 2. **Root Coverage in our daily dental practice; Case series , Dentisry Conference Bangalore 2016**   ***II. POSTERS***  **1. “Aloe Vera a remedy for gingival malady” 36 th National ISP Conference, Ahmedabad**  **2. Stem cell therapy: Has the goal been achieved? ICDRO World congress conference ,Goa** |
| **2.0** | | **TEACHING AND SUPERVISION** | |
| **(a)**  **(b)** | | Clinical discussion and demontstration for undergraduate MBBS students  Lecture classes for MBBS undergraduate Students | |
| **3.0** | | **PROFESIONAL SERVICES** | |
|  | | **SPEAKER**  **Invited Speaker for Continuing Dental programmes on subject Periodontology and Implants**  **Speaker for topic PERIODONTICS IN GENARAL PRACTICE conducted by IDA valuvanad branch on 25th May 2016**  **Speaker for the topic MUCOGINGIVAL PROBLEM & THEIR MANAGEMENT, IDA chalakudy 14th November 2016**  **CONTINUING EDUCATION**  ***I: Conferences:***   * 36 th  National ISP Conference, Ahmadabad, 14/10/2011- 16/10/2011 * ISPRP 5TH National conference. * ICDRO World congress conference ,Goa, 14/09/12 – 16/09/12 * 4th rapid review/revision course in Periodontology and Implantology, Chennai, 26/ 10/ 2012- 30/10/ 2012 * FDI/CDA/SLDA 35th annual conference on health and preventive care Srilanka, 29/06/13 – 03/07/13 * Perio panorama- rapid review/revision course in Periodontology and Implantology, Bangalore, 13/02/2013- 15/02/2013 * DENTISTRY Conference 2016, August 29 to 1st September Bengaluru * KERALA STATE DENTAL CONFERECE (Aloha) January 2017   **II: *CONTINUING DENTAL EDUCATION (CDE Programmes)***   1. Putting periodontology/ implantology into private practice, Manipal college of dental sciences, Mangalore, 18/06/2011 2. Negligience, revised and revisited in Pedodontics , conducted by Department of Pedodontology, Manipal college of dental sciences, Manipal, 09/09/2011 3. ‘Dentin Hypersensitivity- the fluid dynamics of dentinal science’ , conducted by Department of Periodontology Manipal College of Dental Sciences, Manipal, 16/09/2011 4. Periodontal medicine, conducted by Department of Periodontology Manipal College of Dental Sciences, Manipal, 08/09/2012 5. Management of biofilms in periodontal disease, conducted by Department of Periodontology Manipal College of Dental Sciences, Manipal, 15/09/2012 6. Bone regeneration- new concepts and materials , conducted by Department of Periodontology Manipal College of Dental Sciences, Manipal, 29/09/2013 7. IDA dental professional training and programe. conducted by Department of preventive and health dentistry, Manipal college of dental sciences,Manipal, 17/10/2012 8. Nicotine de addiction programme , conducted at AB Shetty institute of medical sciences, Mangalore, 16/03/2013 9. Piezo surgery- a new definition in bone surgery, conducted by Department of Periodontology Manipal College of Dental Sciences, Manipal, 14/12/2013 10. Medical emergencies-15/03/2014 11. Basic life support course IDA Chalakudy 2015 september 12. Basic and Contemporary Endodontics 1st May 2016 13. Interceptive Orthodontics 2nd October 2016 14. Sterilization Asepsis and Management of Medical Emergencies in Dental Clinics18th January 2017 15. Clear Aligners in Practice 5th March 2017 16. Symposium on Oral Cancer 12th March 2017 | |
|  | | **COMMUNITY SERVICES / PROJECTS**  ***School Dental Health Program and Camps***  1 Outreach camps in rural and tribal ateas conduction by Kerala State Government  2 Dental Health programmes in special Schools conducted by Indian Dental Association chalakudy Branch | |
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| **4.0** | **ACADEMIC RECOGNITION AND LEADERSHIP** | | |
| **(a)** | **RESEARCH AWARDS**  1. Best paper of the session ,5TH ISPRP Conference , Mangalore 2012  2. 2nd Prize for Poster presentation at CDA/ FDI/ SLDA 35th annual conference, Srilanka 2013 | | |
| 5.0 | **ADDITIONAL INFORMATION**  **Languages known-English, Hindi, Malayalam (Mother tongue level)**  **Tamil and Kannada (Spoken)** | | |
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