REGISTERED​​NURSE



**H**​​**IRAN**

***REGISTERED****​****NURSE****​​****/****​​****NCLEX****​​****PASSED****​*

**PERSONAL**​**DETAILS**​

|  |  |  |
| --- | --- | --- |
| Date​​of​​Birth | : | 18/10/1983 |
| Marital​​Status | : | Married |
| Nationality | : | Nigerian |
| E-mail​​address | : | Iran.375307@2freemail.com  |
| CGFNS | : | Passed |

Visa​Screen​​Certificate​​​​**​​**:**​​**​​**​​​​​​​​**Issued**​**​

**PERSONAL**​**PROFILE**​

I am a Registered nurse and I work presently with The Health Medical Services. I have 10 years nursing experience working as a nurse and in various departments such as Obstetrics and Gynecology unit, General Outpatient Clinic, Reproductive Health Clinic, Medical and Surgical Unit, Pediatrics Unit etc. I speak English language fluently and I am team player. I am also computer literate. I have a strong will and possess the physical,​mental​​and​​emotional​​strength​​to​​withstand​​rigors​​of​​the​​nursing​​profession​.

***Career objective***:*​*To work as a nurse and provide quality care service, using my knowledge, training andexperience​(10yrs)​​to​​meet​​the​​international​​health​​care​​standards​.

**SKILL**​**AND**​​**EXPERIENCE**​

* Pre-operative​and​​post​-operative​management​​of​​surgical​​case​​such​​as​​thyroidectomy,​ pancreatitis,​caesarian​​section​.
* Initiate​intravenous​​therapy​​/fluids,​​administration​​of​​intravenous​​medication​.
* Management​of​​complex​​wound​​care,​​monitored​​various​​drainage​​devices​​such​​as​​pendrose​ drain,​hemovac​​drain​​etc​.
* Nursing​management​​of​​tracheostomy,​​colostomy​.
* Insertion​of​​nasogastric​​tubes,​​urinary​​catheters,​​oropharyngeal​​airway​.
* Monitored​patients​​on​​oxytocin,​​conducted​​normal​​vaginal​​deliveries,​​assessed​​the​​new​​born​ and​monitored​​for​​post​​-​partum​hemorrhage​.
* Care​for​​patients​​with​​head​​injury,​​diabetic​​coma,​​status​​epilepticus,​​eclampsia​.
* Assessed​signs​​and​​symptoms​​indicating​​physiologic​​and​​psychologic​​changes​​in​​patient’s​



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condition.

* Collaborated​daily​​with​​physicians​​and​​healthcare​​team​​to​​achieve​​optimum​​patient​​care​
* Served​as​​mentor​​and​​team​​builder​​of​​inexperienced​​licensed​​and​​unlicensed​​staff​.
* ​Responsible​​for​​discharge​​planning​.

**CAREER**​**PROFILE**​

**Registered**​**Nurse**​​**2015**​**-**​**till**​​**date:**​​**The**​​**Health**​​**Medical**​​**Services**​​**Al**​**-Ain**​**United**​​**Arab**​​**Emirates**​

**Rehabilitation Nurse(2015 Oct to 2016 Nov and (School Nurse ‘Emirates private school’,Al ain-2016 Dec**​**to**​​**2017June**​​**)**​

* Assist​patients​​to​​maintain​​functions​​such​​as​​the​​ability​​to​​move,​​eat​​or​​perform​​daily​​living​​tasks​
* Initiated​and​​maintained​​IV​​access,​​foley​​catheters,​​nasogastric​​tubes,​​administered​​blood,​​and​ assisted​with​​prn​​medications​
* Monitored​and​​managed​​total​​knee​​or​​hip​​replacement​​surgery​​patients,​​as​​well​​as​​students​​with​ fractures
* I've​reported​​to​​the​​Nursing​​coordinator​​​​in​charge​​during​​shifts​​to​​report​​occurences​​in​​the​​shift​ pertaining​to​​changes​​in​​patients​​conditions​
* I've​administered​​medication​​on​​a​​daily​​schedule​​from​​anywhere​​between​​fifteen​​to​​twenty​-​four​ patients​per​​shift​.
* I've​created​​nursing​​care​​plans​​and​​charted​​on​​the​​patient's​​progress​​then​​given​​report​​to​​the​​next​ nurse​to​​take​​over​​the​​shift​
* Educating students in breathing treatments for patients that have respiratory problems or severe asthma​who​​will​​benefit​​from​​nebulization​.
* Providing​medication​​and​​care​​for​​patients​​with​​acute​​and​​chronic​​health​​needs​.
* Assist​patients​​with​​rehabilitation​​activities​​of​​daily​​living​
* Assess,​make​​nursing​​diagnosis,​​implement​​and​​evaluate​​patient’s​​problems​
* Performed​assessments;​​provided​​intravenous​​therapy;​​complex​​wound​​care;​​monitored​​various​ drainage​devices,​​etc​.
* Collaborated​daily​​with​​physicians​​and​​health​​care​​team​​to​​achieve​​optimum​​patient​​care​.
* Established​strong​​relations​​with​​physicians​​built​​on​​trust​​and​​knowledge​​of​​patient​​care​.
* Served​as​​mentor,​​coach​​and​​team​​builder​​of​​inexperienced​​licensed​​and​​unlicensed​​staff​.

**Nursing Officer 2010- 2015: Obafemi Awolowo University Teaching Hospital, Ile Ife, Osun State Duties and**​**responsibilities**​

**Medical**​**Surgical/Reproductive**​​**Health:**​

* Counsel​and​​help​​patients​​make​​informed​​decisions​​with​​respect​​to​​their​​reproductive​​health​
* Administered​prescribed​​medications,​​started​​intravenous​​fluids,​​and​​documented​​patients'​​charts​​by​ recording​food​​and​​fluid​​intake​​and​​output​.
* Answered​patients'​​calls​​and​​determined​​how​​to​​assist​​them,​​as​​well​​provided​​family​​support​.



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* Measured​and​​recorded​​patients'​​vital​​signs,​​such​​as​​height,​​weight,​​temperature,​​blood​​pressure,​ pulse​and​​respiration​.
* Provided​basic​​patient​​care​​and​​treatments,​​such​​as​​dressed​​wounds,​​treated​​bedsores,​​gave​ enemas,​douches,​​and​​performed​​catheterizations​.
* Assisted​patients​​with​​bathing,​​dressing,​​maintaining​​personal​​hygiene,​​moving​​in​​bed,​​standing​​and​ walking.
* Integral​member​​of​​a​​health​​care​​team​​charged​​with​​assessing​​patient​​needs,​​planning​​or​​modifying​ care​and​​implementing​​interventions​.

**Staff rse 2009-2010: Lagos University Teaching Hospital, (Luth –Initiatives Idi Araba Lagos; VIP and Intensive**​**Care**​​**Unit)**​

**Duties**​**and**​​**responsibilities**​

* Prepare​patients​​for​​and​​assist​​with​​examination​​and​​treatment​
* Competently​and​​accurately​​assess​​patients​​on​​a​​continuous​​basis​
* Identify​actual​​and​​potential​​nursing​​diagnosis​​patients​​care​​needs​​and​​plan​​nursing​​care​
* Follow a doctors instruction, order ,interpret and evaluate diagnostic tests to identify and assess patients​condition​
* Document​all​​data​​on​​the​​computer​
* Adhere​to​​infection​​control​​policies​​and​​procedures​
* Administer​medication​​and​​treatment​​as​​prescribed​
* Hospice​care;​​management​​of​​chronically​​ill​​patients​
* Monitor​and​​identify​​high​​risk​​patients​​for​​transfer​​to​​intensive​​unit​

**Assistant**​**Charge**​​**Nurse**​​**2008**​**-2009:**​**Dayspring**​​**(Private)**​​**Hospital**​​**Ikotun**​​**Lagos**​​**Nigeria**​



**Duties**​**/responsibilities**​

* Providing​antenatal​​care​​to​​pregnant​​mothers​
* Monitoring​the​​progress​​of​​labor​​and​​taking​​deliveries​.
* Educating​clients​​on​​reproductive​​health​​care​
* Pre-operative and post operative care (obstetrics and gynecology surgical procedures e.g. caesarian section)
* Immunization​and​​child​​welfare​
* Direct​and​​supervise​​less​​skilled​​nursing​​personnel​​and​​train​​care​​givers​​as​​required​
* Resuscitation​of​​newborn​​and​​care​​of​​the​​infant​
* Attend​promptly​​to​​emergency​​cases​​and​​triaging​
* Allocation​of​​duties​​to​​less​​skilled​​personnel​​and​​supervision​​of​​less​​skilled​​personnel​
* Identify​actual​​and​​potential​​nursing​​diagnoses/patient​​care​​needs​​and​​plan​​nursing​​care​
* Monitor, record and report symptoms and changes in patient’s condition to the doctor, clinical and other​members​​of​​the​​multidisciplinary​​team​​as​​appropriate​



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**Staff Nurse 2006-2008: Lagos University Teaching Hospital (accident and emergency; medical, surgical,**​**obstetrics**​​**and**​​**gynecology)**​

**Duties/key**​**roles:**​

* Provide​rapid​​assessment​​and​​treatment​​to​​patients​​in​​initial​​phase​​of​​illness​​or​​trauma​
* Prepare​patients​​for​​investigations​​and​​procedure​
* Provide​collaborative​​health​​care​​with​​the​​resuscitative​​team​​to​​critically​​ill​​patients​
* Prepare​stable​​patients​​to​​the​​respective​​specialty​​wards​​for​​further​​investigation​​and​​treatment​
* Psychological​care​​to​​families​​and​​relatives​
* Supportive​care​​to​​patients​​undergoing​​investigative​​procedures​​e​.g.​ultrasound​​scan,​​x​-ray

**EDUCATION**

BNSC​-​​2015​​(Obafemi​​Awolowo​​University​​Ile​​Ife​​Osun​​State​​Nigeria)​

Registered​Midwife​​2009​​(Lagos​​University​​Teaching​​Hospital,​​Nigeria)​

Registered​Nurse​​2005(Lagos​​University​​Teaching​​Hospital​​Nigeria)​

Secondary​school​​graduate​​2000​​(Bolade​​Grammar​​School​​Oshodi​​Nigeria)​.

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| **CERTIFICATIONS** |  |
| Infection​​control | 2016 |
| Basic​​life​​support | 2015 |
| In​​service​​training​​program​​for​​nurses | 2011-2014 |
| Advanced​​cardiovascular​​life​​support | 2009 |
| Reproductive​​healthcare​​provider | 2006 |
| **HOBBIES** | reading,​​travelling,​​listening​​to​​music. |
| **REFERENCES** | will​​be​​provided​​on​​request |



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