**CURRICULUM VITAE**

JOHN

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**PERSONAL PROFILE**

A confident team oriented with 6 years’ of work experiences, skills and knowledge capable of providing highest quality of patient health care and also contributing to Organization performances.

**SKILLS**

* Good communication, interpersonal, planning, flexible, organized, supervisory and leadership skills
* Ability to work in unstable/insecure environments with emergency response experience
* Strong documentation and report writing skills
* Proficiency with MS word, Excel, PowerPoint and Internet
* Customer focused service delivery skills
* Fluent English and Kiswahili languages

**ACHIEVEMENTS**

* Entry to MSF (Currently in Likoni Mission)
* Best Hospital Covering Supervisor in Pandya Memorial Hospital
* Best Deputy SupervisorOperation Theatre Nurse in Pandya Memorial Hospital
* Maintained nursing professionalism and registration to date
* Improved overall standard of nursing service delivery through capacity building resulting to high quality care
* Demonstrated technical and behavioral competencies leading to customer service satisfaction
* Maintained nursing continuous medical education enhancing quality service delivery
* Maintenance of team building forums leading to team spirits, team work and interpersonal relationships

**EDUCATIONAL BACKGROUND**

2017 – To Date : WALDEN UNIVERSITY (Ph.D. IN PUBLIC HEALTH – EPIDEMIOLOGY

TRACK II) Ongoing.

2015 -2017 : JOMO KENYATTA UNIVERSITY OF AGRICULTURE AND

TECHNOLOGY (MASTER OF SCIENCE IN PUBLIC HEALTH)

2016-2017 : UNIVERSITY OF WASHINGTON (CERTIFICATE IN CLINICAL

MANAGEMENT OF HIV AIDS)

2011-2014 : JOMO KENYATTA UNIVERSITY OF AGRICULTURE AND

TECHNOLOGY (B.Sc. PUBLIC HEALTH)

2008-2011 : KENYA MEDICAL TRAINING COLLEGE

(DIPLOMA IN KENYA REGISTERED COMMUNITY HEALTH NURSING)

2006-2007 : THE MOMBASA POLYTECHNIC (DIPLOMA IN INFORMATION TECHNOLOGY)

2002-2005 : CARDINAL OTUNGA HIGH SCHOOL (K.C.S.E)

1998- 2001 : ST. ANDREWS KAGGWA BOYS BOARDING SCHOOL (K.C.P.E)

1994-1997 **:** SAKAWA PRIMARY SCHOOL.

**OTHER PROFESSIONAL COURSE / TRAININGS**

* Certificate in Advance Cardiac Life Support
* Certificate in Basic Life Support
* Scrub Nurse
* Emergency Obstetrics Management Training
* Reproductive Health ManagementTraining
* National Monitoring and Evaluation
* Health system management training
* Infectious Diseases Management
* HIV Counselling Testing and PMTCT
* Comprehensive Paediatrics HIV Care
* Home Based Care(TOT)
* Computer Applications
* Security and safety training

**WORKING EXPERIENCE**

**JANUARY 2017 - TO DATE : MEDECINS SANS FRONTIERES/DOCTORS**

**WITHOUT BORDERS (MSF-SWISS )LIKONI**

**Responsibility:** OperationTheatre Nurse

**Roles**

**Preoperative**

* Managing the theatre team of nurses and medical staff.
* Preparation of surgical equipment before an operation, this includes swabs, needles, suction machine, gown, gloves and mask.
* Doing baseline vital observation like temperature, pulse, blood pressure, SpO2, respiration.
* To ensure the patient has received the required amount of fluid before surgery.
* Ensuring that the patient is fully prepared before received in theatre
* Ensure the patient is fully informed about the risks and benefits of operation and that they are in good state.
* I provide information to the patients and give them opportunities to ask questions before surgery.
* Ensure soap and disinfectant for hand washing is available.

**Anesthetic Phase**

* Assisting the anesthetist in positioning the patient before administering spinal anesthesia as well as in general anesthesia.
* Assist in any preparation of special devices like head lump, drugs.
* Asses’ patient prior to surgery.
* Counterchecking the instrument like needle holder, artery forceps, abdominal retractors, dissecting forceps, uterine clamps, blade holder, mosquito, intestinal clumps, bladder retractors, swabs and recording them on the theatre board
* Ensure the suction machine is working

**Surgical phase**

* Cleaning the surgical site with hibiscrub and povidone, from the surgical outward.
* Working with the surgeon to dress the patient to create a sterile field for working.
* Work with the surgeon to provide instruments, swabs and other material in order of priority as required.
* Responsible for counterchecking surgical instruments and swabs.
* Assisting the surgeon in extracting the baby.
* Wiping the face of the baby, cutting and clamping the cord.
* Act as a link between the surgical team and other parts of the theatre/hospital.
* Assisting the surgeon in closing the site, dressing the surgical site and changing the soiled draw sheet.

**Postoperative/Recovery**

* Offer the patient care and support upon arrival on the postanesthetic care unit
* Monitors patients health status by taking vital signs, check urine output and general state
* Provide appropriate care and treatment until the patient has recovered from the effects of anesthesia and/or surgery
* Asses the patient and ensure they can be discharged back to the ward
* Asses the care given during each of the perioperative phase.
* Sluicing the equipment used and linen that has been used
* Handing the cleaned instrument and linen to the sterilization department

**DECEMBER 2011- JANUARY 2017: PANDYA MEMORIAL HOSPITAL**

**Responsibility**: Hospital Covering Supervisor, CME coordinator

**Duration**: 6 months

**Roles**

* Meeting nursing operational standards by contributing information to strategic plans and reviews; implementing production, productivity, quality, and customer-service standards; resolving problems and identifying system improvements.
* Identifying patient service requirements by establishing personal rapport with potential and actual patients and other persons in a position to understand service requirements.
* Maintaining nursing guidelines by writing and updating policies and procedures.
* Completing patient care requirements by scheduling and assigning nurses and other staff; following up on work results.
* Establishing a compassionate environment by providing emotional, psychological, and spiritual support to patients, friends, and families.
* Promoting patient's independence by establishing patient care goals; teaching and counseling patient, friends, and family and reinforcing their understanding of disease, medications, and self-care skills.
* Providing information to patients and health care team by answering questions and requests.
* Resolving patient needs by utilizing multidisciplinary team strategies.
* Maintaining safe and clean working environment by designing and implementing procedures, rules, and regulations; calling for assistance from other health care professionals.
* Protecting patients and employees by developing and interpreting infection-control policies and protocols; enforcing medication administration, storage procedures, and controlled substance regulations.
* Maintaining patient confidence and protects operations by monitoring confidential information processing.
* Ensuring operation of medical and administrative equipment by verifying emergency equipment availability; completing preventive maintenance requirements; following manufacturer's instructions; troubleshooting malfunctions; calling for repairs; maintaining equipment inventories; evaluating new equipment and techniques..
* Maintaining professional and technical knowledge by attending educational workshops; reviewing professional publications; establishing personal networks; participating in professional societies.
* Maintaining a cooperative relationship among health care teams by communicating information; responding to requests; building rapport; participating in team problem-solving methods.
* Preparation of hospital CME Rota and ensuring that staff attend and participate in the CME. Also organizing external CMEs with medical representatives, workshops and seminars.

**Responsibility**: Operation Theatre Deputy in charge /Operation Theatre Nurse

**Duration:**2 1/2 years

**Roles**

**Preoperative**

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* Monitors patients health status by taking vital signs, check urine output and general state
* Provide appropriate care and treatment until the patient has recovered from the effects of anesthesia and/or surgery
* Asses the patient and ensure they can be discharged back to the ward
* Asses the care given during each of the perioperative phase.
* Sluicing the equipment used and linen that has been used
* handing the cleaned instrument and linen to the sterilization department

**Responsibility:** Deputy in charge Intensive care unit

**Duration**: 1 1/2 years

**Roles**

* Assessing a patient’s condition and planning and implementing patient care plans
* Treating wounds and providing advanced life support
* Assisting physicians in performing procedures
* Observing and recording patient vital signs
* Ensuring that ventilators, monitors and other types of medical equipment function properly
* Administering intravenous fluids and medications
* Ordering diagnostic tests
* Collaborating with fellow members of the critical care team
* Responding to life-saving situations, using nursing standards and protocols for treatment
* Acting as patient advocate
* Providing education and support to patient families

**Responsibility:** Trauma and Emergency Nurse

**Duration**: 7 months

**Roles**

* Administering of medication, cleaning and bandaging wounds, taking blood work, inserting IV’s and assisting physicians in and out of the emergency room.
* Keeping records of the patients that have been treated.
* Maintaining proper supplies of medical equipment’s.
* Care for a large diversity of patients regardless of their age, health status or medical condition.
* Escorting/ wheeling patients to radiological department for investigations requested by the doctor.
* Providing resuscitation and first Aid to casualties that have arrived in the department

**MAY 2016 – JANUARY 2017 : MVITA SUB-COUNTY PUBLIC HEALTH OFFICE;**

**MOMBASA COUNTY (Volunteer)**

**Responsibility:** Public health officer

**Roles**

* Assessing the health needs of the community, Investigating the occurrence of health effects and health hazards in the community, Strengthening disease surveillance, disease prevention, control and notification and Analyzing the determinants of identified health needs.
* Advocating for public health, building constituencies and identifying resources in the community, Setting priorities among health needs, Developing plans and policies to address priority health needs and Building inter-sectorial action to support health objectives
* Assembling the evidence for the effectiveness of programmes, interventions and services for improving population health and well-being and Translating evidence into policy and programmatic action
* Managing resources and developing organizational structure, Providing leadership for population health and well-being and Informing and educating the public.
* Developing and implementing clinical intervention at population level, Implementing programmes and Evaluating programmes and providing quality assurance

**HOBBIES AND INTERESTS:**

* + - * Power Point presentations and public speaking
      * Teaching and research
      * Provision of competent health services/appropriate health messages
      * Administration and management
      * Driving &Traveling