## image1.jpegCURRICULUM VITAE

**HINA**

**Physiotherapist (BPT,MIAP)**

**DHA Eligibility**

**C/o- +971 501685421**

**hina.379361@2freemail.com**

**OBJECTIVE :** I am seeking for an opportunity providing a highly motivated, progressive, friendly environment, which expands my knowledge and skills.

**CAREER OVERVIEW**: A physiotherapy professional with more than 3 years of quality experience as a **Clinical Physiotherapist** at Spinex, Ghod-dod road, Surat,India. 7 months quality experience as a **Physiotherapist** at Tri Star Hospital, Surat, India. 5 months experience as **a physiotherapist** at nishra pain clinic,surat,india.

**EDUCATION :**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| EXAMINATION | BOARD/ UNIVERSITY | INSTITUTE | YEAR OF PASSING | PERCENTAGE |
|  B.P.T1st year B.P.T2nd year B.P.T3rd year B.P.T4th year B.P.T | Pad. Dr. D. Y. PATIL DEEMED UNIVERSITY, PUNE | Pad. Dr. D. Y. PATIL COLLEGE OF PHYSIOTHERAPY, PIMPIRI, PUNE, MAHARASHTRA,INDIA  | 2008200920102011 | 52.66%62.33%55.60%68.12% |
| H.S.C. | GANDHINAGAR GUJARAT | ST.XAVIER’S,SURAT | 2007 | 54% |
| S.S.C. | GANDHINAGAR GUJARAT | LOURDES CONVENT,SURAT | 2005 | 79.43% |

**PREVIOUS EXPERIENCE :**

* **RUBY HALL CLINIC, PUNE.** (Completed 1 month internship)
* **Pad. Dr. D. Y. PATIL COLLEGE OF PHYSIOTHERAPY, PIMPIRI, PUNE.** (Completed 5 months internship)
* **SPINEX.**
* **TRI STAR HOSPITAL.**
* **NISHRA PAIN CLINIC**

**PROFESSIONAL EXPERIENCE :**

 **Physiotherapist**

**1st Sep.2016- 15st Jan.2017**

**Nishra Pain Clinic (India)**

* Providing a high standard of physiotherapy service to patients to identify the physical problems
* Assisting patients with joint and spinal problems using Manual & Electrotherapy, therapeutic exercise as well as other apparatus for quick healing of patients.
* Helping patients' rehabilitation following accidents, injury and strokes
* Supervising physiotherapy assistants
* Discuss and communicate the problems,needs and rogression of patient with incharge and other health care professionals.

 **Physiotherapist**

**1st Feb.2016- 31st Aug.2016**

**Tri Star Hospital (India)**

* Providing a high standard of physiotherapy service to patients to identify the physical problems
* Rehabilitating very ill patients
* Writing case notes and reports
* Develop and review treatment programmes,along with patients themselves,that encourage exercise and movement by the use of a range of techniques.
* Assist patients with joint and spinal problems,including following surgery( cardiac,TKR,THR etc.)
* Help patients’s rehabilitation following accidents,injury and strokes;
* Assist in the supervision and education of student and junior physiotherapists and physiotherapy support workers;
* Educate patients and their carers about how to prevent and/or improve conditions;
* Providing education and advice about exercise and movement.

 **Physiotherapist**

**29th Aug. 2012- 15th Dec. 2015**

**SPINEX (Spine care international)(India)**

\*Providing a high standard of physiotherapy service to patients to identify the physical problems

\*Assisting patients with joint and spinal problems using Manual & Electrotherapy, therapeutic exercise as well as other apparatus for quick healing of patients

\*Developing & reviewing treatment programs

\*Helping patients' rehabilitation following accidents, injury and strokes

Supervising physiotherapy assistants.

\*Educating and advising patients and their careers about how to prevent and/or improve conditions

\*Keeping up to date with new techniques and technologies available for treating patients

\*Liaising with other healthcare personnel to supply and receive relevant information about the background and progress of patients, as well as referring patients who require other specific medical attention.

* Plan effective follow up program for patients.
* To treat post operative outdoor patients.
* Active involvement in the camps,awareness programs and educational sessions arranged by the centre.

**EXTRA CURRICULAR ACTIVITIES ATTENTED :**

* Aerobics/ Group Fitness Instructor Training, India (Feb, 2015)
* Kinesio Taping Technique course, India (June, 2012)
* Mulligan concept, India (Oct, 2011)
* 49th Annual conference of IAP, Delhi, India.

**UNDER GRADUATE PROJECT :**

**FINAL YEAR PROJECT**

Upper limb co-ordination in healthy elders using - Upper extremity Functional Index.

**INTERNSHIPPROJECT**

Immediate effect of Sub- occipital muscle inhibition technique release short Hamstring Syndrome

**PERSONAL PROFILE**:

Sex: Female

Marital Status: Married

Nationality: Indian

Languages known: English, Hindi, Gujarati, Marathi.

Date of Birth: 17/02/1989

**DECLARATION**:

I hereby declare that the above mentioned details are true to the best of my knowledge and I bear the responsibility for the correctness for these particulars.