

# MOHAN

**Mohan.382973@2freemail.com**

**PHYSIOTHERAPIST WITH DHA ELIGIBILTY LETTER PROFILE SUMMARY**:

* Offering **More than 5 Years** of Experience as **CLINICAL PHYSIOTHERAPIST**
* Experience in Developing & Reviewing treatment programs along with patients to encourage Exercise &Movement by using Range of techniques
* Possess Motivational management style with a record being able to deliver positive results Independently & under pressure

**CAREER OBJECTIVE:**

I am looking ahead to work in Professional growth oriented organization to the success of organization seeking a position that involves creativity ,challenges and that provides me an opportunity to constantly strive to explore, Innovate and excel in attaining organizational and individual goals. A consistently dependable team member, I can thrive in High pressure environment, Enjoy the challenges of meeting deadlines and working in a team.

**STRENGTHS & SKILLS:**

* Good Analytical, Interpersonal, communication & Listening skills coupled with well dedication and sincerity towards the Assigned job and Quick learner as well
* Expert Physiotherapist providing direct patient care in Outpatient, Inpatient, Sports injury on field management and Rehabilitation

**ACADEMIC CREDENTIALS:**

* **MASTER’S DEGREE (MPT)** in **ORTHOPAEDICS SPECIALITY:** Duration of 2 years from DR. N.T.R UNIVERSITY OF HEALTH SCIENCES. Andhra Pradesh, India. Year of completion: **2012** with **53.66%**
* **BACHELOR’S DEGREE IN PHYSIOTHERAPY (BPT):** Duration of 4 years & 6 Months Internship from SRI VENKATESWARA INSTITUTE OF MEDICAL SCIENCES (SVIMS) UNIVERSITY Andhra Pradesh, India. Year of completion:**2010** with **66.16%. Done compulsory Internship for duration of 6 MONTHS FROM SEPTEMBER 2009 TO MARCH 2010.**
* **Intermediate** from Board of Intermediate Education**,** Andhra Pradesh, India. Year of completion:**2001** with **67.09%**
* **Secondary school certificate (s.s.c**) from BOARD OF SECONDARY SCHOOL EDUCATION, Andhra Pradesh, India. Year of completion: **1999** With **65.50%**

## ASSOCIATION MEMBERSHIP/LICENCSE:

* **INDIAN ASSOCIATION OF PHYSIOTHERAPISTS (IAP)** LIFE MEMBER with IAP Registration
* **ANDHRA PRADESH PARAMEDICAL BOARD (APPMB)** Registered as PARAMEDICAL TECHNICIAN (PHYSIOTHERAPIST) With License valid up to **24/05/2019**
* **FEDERATION OF MANUAL THERAPISTS** (**INDIAN MANUAL THERAPY TRUST)** LIFE MEMBER WITH Registration

# DUBAI HEALTH AUTHORITY (DHA) EXAM DETAILS:

## DHA Exam : Cleared

**DHA Eligibility Letter Issued Date** **:** **15-AUG-2018 (Valid Till 15-AUG-2019)**

 **DHA EXAM NAME** **: PHYSIOTHERAPIST**

 **(PHYSIOTHERAPY REHABILITATION)**

**PROFESSIONAL EXPERIENCE:**

Working in **SRINIVASA PHYSIOTHERAPY & REHABILITATION CLINIC, On FULL TIME BASIS** TIRUPATI, ANDHRA PRADESH, INDIA**.**

## DESIGNATION: CLINICAL PHYSIOTHERAPIST DURATION: 5/12/2012 TO TILL DATE

**JOB RESPONSIBILITIES:** With Work Experience of **More than 5 Years** pursuing following Job Responsibilities

* To Diagnose and Manage pain, Movement dysfunction and Enhance Physical and Functional abilities of Patients.
* Taking patient History followed by conducting systemic review and Better Treatment options for providing advanced treatment techniques.
* Providing Interventions, conducting Re examinations, Modify treatment Interventions to Achieve anticipated goals and expected outcomes and to implement discharge plans.
* Maintaining accurate Statistical records of treated patients in both IN Patient & OUT Patient wards of the clinic.
* To be Professionally & Legally accountable for all aspects of his own work including maintaining punctuality & regularity at his work environment
* Effective Implementation of Advanced Rehabilitation techniques like Group therapy, Relaxation techniques, Manual therapy, Neuronal Mobilization Techniques. Follow up the treatment regularly and work as a Team along with colleague staff. To meet with the customer and/or the patient face to face.
* To perform a thorough assessment according to the therapeutic needs of the patient by standard musculoskeletal, cardiopulmonary and neurological assessment tools.
* To perform Risk Assessment and Quality of Life (QOL) assessment.
* Goal setting - To set physiotherapist’s and patient’s mutually agreed goals.
* To develop a detailed care plan towards achieving the desired goals.
* To follow Physiotherapeutic treatment regimen and standard practices by objectively measuring outcomes.
* To strictly follow the physiotherapy protocol (internationally established) designed for particular condition.
* To use physiotherapeutic skills to rehabilitate the bed ridden patient from dependency to independent lifestyle & to ensure active ADLs.
* To regularly discuss the cases with the Clinical Evaluation Team for better results.
* To perform the therapeutic management of the patient’s condition in adequate & timely manner.
* To educate the patient & their family to promote health & prevent disability.
* To perform follow up assessment and measure outcomes to know the progression of the patient.

 **CORE COMPITENCIES:**

* + **ORTHOPAEDICS:** Mulligan & Maitland techniques of Mobilization, Peripheral & vertebral Mobilization-Manipulations, Myofascial release techniques(MFR), Muscle Energy techniques.
	+ **NEUROLOGY:** Bobath techniques, Roods Approach, Motor learning programs, Sensory Reeducation techniques, PNF, Coordination & Balance training, Vestibular Rehabilitation, Stroke Rehabilitation, Spinal cord Injury Rehabilitation, Strengthening Exercises.
	+ **CARDIOTHORACIC:** Cardio-Thoracic Endurance Training, Postural Drainage Techniques, Active cyclic breathing techniques(ACBT), Autogenic Drainage, Suctioning procedures, Cardiopulmonary Resuscitation, Ventilator Care, Spiro meter Training, Breathing Exercises.
	+ **PAEDIATRICS:** Cerebral Palsy& Mental Retardation Rehabilitation, Rehabilitation for Muscular Dystrophy, Hydrocephalus, CTEV, Autism, Poliomyelitis, Neural Tube Defects
	+ **GERIATRICS:** Integumentary system Management, Balance & Coordination Training, Aerobic Exercise Training.
	+ **OBSTETRICS & GYNECOLOGY:** Training of Prenatal, Antenatal Exercises, Post Cesarean Exercise prescription, Core Stabilization Exercises, Kegel’s Exercises
	+ **MASSAGE MANIPULATIONS:** Administration of Massage Manipulations in conditions of Peripheral Nerve palsies, Facial Nerve Palsy, Edema, Pain & Stiffness and Constipation etc.

**ACADEMIC RESEARCH/THESIS:** ”Effectiveness of calf & Plantar Fascia Stretch over Taping & Ultrasound In Subjects With Plantar Fasciitis”- Submitted to Dr. N.T.R university, Andhra Pradesh, India.

**COMPUTER PROFICIENCY:** MS WORD, EXCEL, Power point presentation, PDF & Basic Computer skills.

**LANGUAGES KNOWN:** HINDI, ENGLISH. TELUGU - FLUENT IN SPEAKING, READING & WRITING

**REFERENCE:** Available on Request.

**DECLARATION:** I Hereby Declare that the Details, Furnished above are True to the Best of my Knowledge