**OPANY**

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**CURRICULUM VITAE**

**PERSONAL PROFILE:**

 **NATIONALITY:** KENYAN

**DATE OF BIRTH :** 08/11/1976

 **MARITAL STATUS / CHILDREN :** MARRIED WITH ONE SON

**EMAIL:** **opany.383458@2freemail.com**

* Decisive, Adaptable, gender and culturally sensitive, result-oriented, disciplined team player, energetic, self motivated, creative and dedicated individual with an eye for detail. Have a good academic background along with a broad entry level experience in Sports Sciences – Physical Education and possessing skills and offers outstanding talents and ability to co-operate with all. Driven by new challenges and desires to be successful in all endeavors. Excellent interpersonal skills, able to work under pressure with minimum supervision. Good researcher.

**CAREER OBJECTIVE:**

* To work for a leading institutions /organization that encourages growth in a position that gives me a sense of responsibility and utilizes my skills fully in achieving the firm’s objective.

**SKILLS AND EXPERIENCE**

* Team player with good communication skills and able work under pressure.
* Trained and confident.
* Knowledge of methods of Teaching and Coaching.
* Knowledge of philosophy and practice of sports education.
* Ability to teach , train ,coach and officiate various sports at Primary, Secondary ,Tertiary University ,Military /Police Force colleges – National and International level.
* Ability to Co-ordinate / Manage various Sporting Activities/Meets.
* Knowledge of management and Guidance & Counseling.

**EDUCATION AND QUALIFICATIONS**

* Bachelor of Science Honors’ Degree in Sports Science & Coaching- Zimbabwe Bulawayo

 **April 2012-November 2015**

* Level 3 IVQ Advanced Diploma in Teaching, Training, Assessment and Learning Skills- City and Guilds UK. **June 2008-July2010**
* Bachelor of Arts Degree (Physical Education) KenyattaUniversity July 2006-July 2009
* Diploma in Management of Olympic Sports Organizations- IOC –Kenya November 2006
* Certificate Early Childhood education- Ministry of Education Kisumu -Kenya April 2001
* Certificate Psychological Counseling, Institute of professional Counseling Kenya June 2001
* Kenya Certificate of Secondary Education – Ramba High school – Kenya 1991-1994
* Kenya Certificate of Primary Education – Kibuye Primary School- Kenya 1982-1990

**OTHER CERTIFIED COURSES COMPLETED**

* Certificate Life Saving Course-FINA/KRC/BSC/IOC-Mombasa-Kenya **:**2017
* Certificate Swim South Africa Officials/Referee Instructors Course- Botswana  **:**2015
* Certificate Handball Coaching/Training/Umpiring Course – Gaborone-Botswana **:**2015
* Certificate Swim South Africa Officials, Referee, Instructor’s Course- South Africa **:**2013
* Certificate Net Care First Aid level One, Two, Three –Pretoria – South Africa **:**2013

Certificate Cricket Coaching Training - ICC - Gaborone – Botswana. **:**2012

* Certificate MRI heart saver certificate – Gaborone – Botswana. **:**2012
* Certificate lifesaving course - Kenya December :2009
* Certificate Life Saving Course-FINA/KRC/BSC/IOC-Nairobi-Kenya. **:**2009
* Certificate Volleyball Umpiring/Coaching Clinic- Otse Police College- Botswana. **:**2008
* Sports InjuryManagement First Aid-Charity Research Training&Consultancy(SA) May**:** 2007
* Certificate Officials/Officiating Course –BSSA Gaborone – Botswana. **:**2007
* Certificate Softball Umpiring Coaching Course-Gaborone – Botswana. **:**2006
* CertificateAfhf Whup- Umpiring/Coaching (Hockey) Botswana - **:**August 2006
* Health Science- Nelson Mandela MetreoP University :December 2005
* Sports Trauma Management – Faculty of Health Science- Univesity of Pretoria **:**December 2004
* Certificate Cricket Coaching /Umpiring Course- SCA-Pretoria- SA **:**July 2003
* Certificate Refreshers Course P.E by Ministry of Education Nakuru - Kenya  **:**Feb 2003
* Certificate Athletics Course, IAAF/KAAF/IOC-Nairobi- Kenya **:**Dec 2002
* Certificate Business Management- Kenya Institute of Management **:**Sept 2002
* Certificate Hockey Coaching / Umpiring Kampala – IOC Uganda **:**Dec 2001
* Certificate Coaching/Officiating Tennis; KTA/WTA/ITF-Kisumu -Kenya **:**July 2001
* Certificate Coaching/Officiating (Baseball/Softball) Nairobi-Kenya **:**Sept 1998
* Certificate Provincial Secondary Schools Coaching/Refereeing Course. **:**July 1998
* Certificate World Soccer Development Clinic/Fifa /Olympic Solidarity Course **:**Aug 1996

**OTHER WORK EXPERIENCE.**

-HIV and AIDS Control Centre Botswana-Testing, Guidance and Counseling- part time - 2009-2010

-Hockey Head Coach Kisumu Simba club - Africa Club Cup Championship Pretoria -South Africa - 2003

-Oasis Academy Assistance Sports P.E teacher /Coach. - 2001 – 2002

-Makerere University-Attached to Sports Department: Head Coach for East, West and Central Africa Inter University Games Kampala- Uganda. October 2001 to December 2001

**WORK EXPERIENCE.**

**HOD Sports/PE Coordinator, Guidance Counseling Rainbow Schools 2012 to 2017 DEECEMBER**

* Conducting PE Lessons from STD 1-7, and Form Ones (1) to form Fours (4) IGCSE.
* Sports Coordinator/Administrator and Extra-Curricular Activities(Sponsored walks/sport days/prize giving, hosting various sporting activities (Tournament ball sports galas, meets Athletics- (field & track), and cross county.)
* Coaching /umpiring /Training students all sports in the Private School Sports Calendar.
* Organizing and Administer Sporting Fixtures/Meets.
* Deputy Chair Disciplinary Committee.
* Committee member - Rainbow Welfare, TLC, Staff functions/Events.
* Rainbow School First Aider, Transport Manager /Coordinator /Trips/Tours.
* Treasurer, Cricket, Hockey, Athletics and Softball Code Chairperson- CHIPS /ISSA Schools.

**HOD Sports/ PE, Guidance & Counseling - Legae Academy School-Botswana, -2009-2011**

* Conducting PE/Guidance & counseling lessons form 1- 5 and afternoon activities. IGCSE
* Co-coordinating /Administrating sports and extra curricular activities(Sponsored walk/sports day)
* Coaching /Umpiring /Training/Assessing students in all sports in the Independent Secondary school sports calendar, fixtures,
* Conducting lectures in Anatomy, Physiology, Biomechanics, Kinesiology and Sports Medicine
* Setting and Making Examination and Assessment (theory and practical) PE/SPORTS
* School First Aider.
* Committee member - Rainbow Welfare, TLC, Staff functions/Events.
* Conducting sports Programme and Facilitating clinics. (Hockey code chair person)
* Class teacher form 2 and 3.
* Facilitator(Botswana hockey association)coaching/training /umpiring clinic

**Sports PE, Counseling Teacher- Legae Primary School-Botswana- Jan 2004-May 2006.**

* Conducting PE Lessons from STD 1-7. Cambridge syllabus
* Co-coordinating /Administrating sports and extra curricular activities(Sponsored walk/sports day/prize giving, hosting various sporting activities(tournaments, ball sports ,galas, meets and cross county)
* Coaching / umpiring /Training students all sports in the Private School sports Calendar.
* Organizing and administer sporting fixtures.
* School First Aider.
* Committee member - Rainbow Welfare, TLC, Staff functions/Events.
* Hockey code chair. ISSA
* Class teacher Std 6.
* Head of MaintenanceLegae school offices, classrooms, grounds, pools and staff houses.

**Sports Development Officer Botswana National Sports Council- 2003-2004.**

* Co-ordinate tertiary sports, zonal and national level.
* Introduce and Develop Hockey and other Sports in Schools,Institutions (Private and Public) UB, Botswana Police/Botswana Defense Force, Teachers Colleges, Clubs and to Develop Players.
* Conducting,Organizing,Coordinating,Development clinics{Coaching/Umpiring/Training clinics}
* Prepare and select the national teams(juniors and under 21s)
* Designated coach and manager to touring teams local, zonal, national and international.
* Organize and assist in execution of junior sporting leagues/fixtures/games.
* Guidance and counseling, Abstinence.
* Botswana Hockey Association – Umpire/Coach/Trainer

**EXTRA CURRICULUM ACTIVITIES.**

Meeting people, reading, enjoy watching, playing, coaching umpiring, training sports and fitness/health training.

**COMPUTER QUALIFICATIONS / KNOWLEDGE**

I possess hands on knowledge in the following;

* Diploma in Computer studies
* Operating and Application software
* Microsoft Office Suite[Word, Excel, PowerPoint, Publisher, Database, Spreadsheet One/Out note, Outlook]
* Internet Intranet, Extranet, browser [Internet explorer/Firefox]
* Information Networks.