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| **Jenet**  **[Jenet.383573@2freemail.com](mailto:Jenet.383573@2freemail.com)** |  |

**JOB OBJECTIVE**

To secure an entry level position in a professional company where I can learn and develop my skills whilst assisting the company in their professional efforts to the best of my abilities with a devoted and trustworthy attitude.

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| **WORK EXPERIENCES** |

**The Rever Beauty Lounge (Previously the bridal lounge)**

**Al Wasl Road Jumeirah 3, Dubai, UAE**

**Massage / Facial Therapist**

**August 15, 2017 – September 05, 2018**

**Duties and Responsibility:**

* Massage soft body tissues to relieve discomfort and provide treatment for injuries, wellness maintenance or medical conditions.
* Apply pressure to specific parts of the body with the hands and fingers to release muscle tension and bring relief from related symptoms.
* Discuss client concerns, medical histories and specific stresses or pains to develop the most effective approach to massage treatment.
* Engage clients in conversation to determine their beauty goals
* Carry out skin and hair analysis to figure out what clients need in terms of treatment
* Provide clients with information on feasible skin and hair treatments
* Explain treatment procedures and provide information of products that will be used
* Conduct a short interview to take clients’ medical histories to determine if they are allergic to any product.
* Perform a range of massages and aromatherapies
* Advise clients regarding post-treatment care
* Sell retail products based at the salon.

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**Flex Fitness for women - Ash-Sha’ab Kuwait City, Kuwait**

Position: GYM Receptionist

Date: February 2012 – February 2014

**Duties and Responsibility:**

* Talk with clients about symptoms, medical history, and desired results
* Evaluate clients to locate painful or tense areas of the body
* Manipulate muscles or other soft tissues of the body
* Provide clients with guidance on stretching, strengthening, overall relaxation, and how to improve their posture
* Document client’s condition and progress
* We do work by providing excellent customer service and enhance public relations by advertising and promoting health products and special services given by the company.

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**Mövenpick Hotel Kuwait -** Free Trade Zone, Safat, 13008 Kuwait City, Kuwait 13008, Kuwait

Position: SPA Massage Therapist

Date: January 2007 – Dec. 2012 (End of Contract)

**Duties and Responsibilities:**

* Assisted clients in assessing their requirements, recommended suitable therapies and developed massage therapy plans in consultation with physicians.
* Designed and carried out therapy sessions for clients based on their schedule and specific problems.
* Prepared different varieties and blends to fit the treatment required by the patient.
* Maintained daily treatment plans and records regarding the clients and their therapy.
* Created new contacts through referrals and contacts and sold memberships.
* Supervised and maintained the orderliness and ambiance of the waiting/dressing rooms and spas.
* We do work by providing excellent customer service and enhance public relations by advertising and promoting health products and special services given by the company.

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| **EDUCATION** |

**College University:**

**B.S in Computer Secretary**

AMA Computer School

Project 8, Quezon City, Philippines

June 2000 – April 2003

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| **COMPUTER SKILLS** |

MS Office (Word, Excel, Power Point) Scanning, Photo Editing, Internet Surfing and E-mail applications

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| **TRAININGS** |

**Electron College of Technical Education**

329 Roosevelt Ave, San Antonio, Quezon City, 1105 Metro Manila, Philippines

**Massage Therapist**

**NC II CERTIFIED (Certificate no. 15130802022473)**

**October 2015 – October 2020**

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| **SKILLS AND ABILITY** |

• Communication: Good in written and verbal English skills as well as using proper grammar and has a loud voice and a good speaking voice.

• Interpersonal skills: Able to get along with co-workers and accept supervision

• Flexible: Willing to try new things and am interested in improving efficiency on assigned task.

• Others: Learned discipline, teamwork, how to follow instructions and hard work. Ambitious, outgoing, reliable and have good etiquette.

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| **PERSONAL INFORMATION** |

**Date of Birth**: May 25, 1974

**Height**: 5’5

**Civil Status**: Married

**Religion**: Christian

**Visa Status**: Cancelled Visa