**Curriculum vitae**

cc

#### NAME : BLESS

#### Email: bless.387945@2freemail.com

**POSITION: KITCHEN HELPER / STEWARD**

**CAREER OBJECTIVE**

 To utilize my skills and abilities and obtain full-time employment as Kitchen Helper. To develop my career by working in a dynamic institution/organization that offers challenging position and duties that will both effectively challenge and enable me to utilize and incorporate my technical experience and professional skills. I am very passionate, energetic, self-motivated, trustworthy and hardworking individual with good communication skills who can work under any situation. Good computer skills and willing to relocate.

**HIGHLIGHTS OF QUALIFICATIONS**

* Substantial experience of assisting in various food service operations
* Exceptional knowledge of sanitation regulations for handling food
* Remarkable knowledge of utilizing restaurant equipments
* Ability to ensure compliance to storage standards for department
* Ability to collate sales receipts and handle cash
* Solid understanding of completing work within deadline

**WORK EXPERIENCE**

COMPANY: ANTHONY RESTAURANT, LEBANON

POSITION: KITCHEN HELPER

DURATION: 2 YEARS

COMPANY: AIRPORT HOTEL, ACCRA – GHANA

POSITION: KITCHEN HELPER

DURATION: 2 YEARS

**RESPONSIBILITIES**

* Prepared food based on health codes and quality standards.
* Stored food safely to prevent spoiling.
* Identified and reported any safety concerns to management.
* Maintained kitchen clean and removed garbage at regular intervals.
* Moved food products to kitchen and storage areas.
* Maintained kitchen equipment and reported any maintenance and repair related issues to Manager.
* Prepared food and beverages as per quality, taste and presentation standards.
* Managed safe storage and rotation of food products.
* Managed kitchen expenses within assigned budgets.
* Ensured to follow health and safety procedures at all times.
* Informed Manager about food shortages and equipment repairs.
* Maintained work areas safe and organized.

**KEY SKILLS**

* Am Quick and Flexible
* Good knowledge about Food and Beverage and Guest Relation.
* Food Service practical.
* Good at Guest Relations.
* Good Public relation-Customer care.
* Respective of other people’s religion and culture.
* Hard working and good communication skills.
* Ability to work under minimum supervision.
* Physically fit and able to walk around for long periods as well as do lifting.

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**EDUCATIONAL QUALIFICATION:**

* Junior High School Certificate
* High School Education Certificate

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#### LANGUAGE SKILL:

* English fluent

**HOBBIES:**

* Making friends
* Adventures
* Reading
* Listening to music