

Email: [gulfjobseeker-393096@2freemail.com](mailto:gulfjobseeker-393096@2freemail.com)

**OBJECTIVE**

To work in an esteemed eye hospital at the position of an Optometrist so that I not only help the patients to improve their vision and eye sight but also fulfill my passion for this field in the most effective way.

**PROFESSIONAL EXPERIENCE**

**Mannar, Kerala, India**

July 2015 – February 2019

Optometrist

* Analyzed the present complaints and past history of patients to determine methods for treatment.
* Performed objective and subjective refraction.
* Determined each patient’s visual acuity, field of vision and hand-eye coordination
* Promoted eye health by counseling patients, including explaining how to clean and wear contact lenses.
* Conduct routine eye examinations, including visual field tests
* Developed and maintained effective and professional relationships with all levels of staff and patients.

**Mavelikkara, Kerala, India March 2019 – July 2019**

* Provide outpatient care for patients with eye-related disorders and conditions
* Lead, plan and performed objective and subjective refraction.
* Successfully conducted Streak Retinoscopy (Dilated and Undilated).
* Supervised and trained junior optometrists to perform various optometrist’ duties.
* Developed and maintained effective and professional relationships with all levels of staff and patients.

**SPECIALIST INSTRUMENTS – OPERATIONS & INTERPRETATION**

* Keratometry
* Lensometer
* Pachymetry
* Humphrey Visual Field Analysis
* Hess screening
* A- Scan (Immersion, Contact and IOL MASTER)
* Specular Microscopy
* Synaptophor
* OCT (Optopol)
* Slit Lamp Bio – Microscopy
* Applanation Tonometry, Air Puff, I –Care

**EDUCATIONAL QUALIFICATION**

B.sc Optometry

Eye Microsurgery & Laser Centre, Thiruvalla, Kerala 2010 – 14

Certificate course in Optical sales

Medical Research Foundation & Essilor India Pvt Ltd.

2012 – 13

**TRAININGS**

* Lens Manufacturing Techniques & Methods (2012)
* Optometry Update (2011)
* Glaucoma day state level programme (2012)

**ORTHOPTIC WORK UP**

* NPC measurement
* AA
* Cover Test
* Ocular Motility
* Worth Four Dot Test
* Binocular Single Vision
* Diplopia Charting
* PBCT

**KEY SKILLS**

* Flexible mature to deal with dynamic situations
* Quick learner & co-operative nature
* Team building and development capabilities.

**TECHNICAL SKILL**

A-scan, HFA, CCT, Synoptophore, Contact Lens, Lasik workup, squint Evaluation, Hess charting

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| **PERSONAL DATA** | |  |  |
| Nationality |  | : | Indian |
| Marital Status | | : | Married |
| Sex | | : | Female |
| D.O.B | | : | 27-04-1992 |