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| **CURRICULUM VITAE****Health Safety & Environment(HSE)**  |

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| C:\Users\Joseph\Desktop\New Doc 2017-07-14_1.jpg**MANU** ***Email***: manu-393338@2freemail.com ***Personal data:***Date of birth :10-08-1989Nationality : IndianGender : MaleMarital status : married Language skill: English Hindi, Arabic and Malayalam.***Driving licensee: INDIAN***  | ***Carrier objective*** |
| ***Energetic and versatile problem-solver with a genuine interest in implementing and maintaining best practice health and safety standards for businesses. Keen to work for a reputable employer in a stimulating role where I can apply my excellent organizational and communication skills, professionalism and enthusiasm.***  |
| ***Summary*** |
| * **International diploma in Health and Safety Management**-IIRSM – UK**(Level-3)**
* **Completed ISO 45001:2018 Lead Auditor (Occupational health and safety management system) -UK**
* **NEBOSH IGC 3** from DISS Qatar
* **Completed PG diploma in fire and safety**  approved from NSC , India (UAE attested )
* **Completed BSc in fire and safety from IILLIM University.**
* **Completed Diploma in fire and safety from NIFE**
* Successfully **Completed IOSH-Managing Safely**
* Successfully Completed **scaffold inspector course**
* Successfully completed **confined space supervisor course** from Doha industrial safety services, Doha, Qatar.
* Acquired **Medic First Aid** (Basic CPR And First Aid For Adults)
* Successfully Completed **Risk assessment course form Doha industrial safety services.**
* **Successfully completed internal Auditor course.**
* **Best HSE performer in Boom general contractor period of 2014 to 2015**
* **Best performer in Blur star Ltd (western Regen) year of 2013 to 2014**
* Have Exceptional Team Spirit Helping In Easy Achievement Of The Organisational Health, Safety, Environmental& Personal Goals.
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| ***Total Experience***  |
| 1. **Organization** : **Abu Dhabi (Offshore)**

 Position : **HSE Officer**  **Projects : Installation of gas turbine generator** **Clint : ADNOC** **Period** : 24-12-2017 to 29-07-2019 |
| 1. **Organization** :

 **Doha – QATAR** Position : **HSE Officer**  **Projects : KATARA(Cultural village)** * **ASHAGHAL *( Qatar Deserves the best)***Doha , Qatar

 **Period** : 01-11-2014 to 12 December 2017 |
| 1. **Organization : M/s Blue Star ltd Mumbai , India**

 **Position Held : HSE Officer** **Project : JW Marriot Hotel & Radisson Hotel** **Period : 05 June 2013 – 30 October 2014** |
| 1. **Organization** : **M/s Sterling and Wilson ltd Mumbai , India**

 Position Held : **Safety Officer** **Project : TCS IT park** Period : 3 Feb 2012 -04 June 2013 |
| 1. **Organization** : **M/s Vascon engineering LTD Mumbai , India**

 Position Held : **Safety Supervisor**  **Project : Neelkan palacia** Period :15 April 2010 -01 Feb 2012 |
| 1. **Organization** : **M/s Safe Tech fire engineering Pvt Ltd Mumbai , India**

 Position Held : **Safety Supervisor**  **Project : Factory** Period : 01 June 2009 -13 April 2010 |
| 1. **Organization** : **M/s Vintex fire protection Pvt Ltd Mumbai , India**

 Position Held : **Safety Supervisor**  **Project : factory** Period : 05 November 2008 -30 May 2010 |
| **Total Experience: 10 years and 8 months****Overseas Experience : 4 Years and8 month** |
| ***Job Description:*** | * Proved professional experience in occupational health, safety and environmental management.
* Drafted correspondence with client , consultant and subcontractors
* Participated in HSE audits & inspection with external parties, client and consultant.
* Experienced in working with operational staff on the implementation of initiatives to improve Health, Safetyand Environmental performance and behaviours.
* Conducted internal HSE audits on all safety aspects on a regular basis& weekly basis.
* Advised management in developing HSE policy, environment policy and updating HSE plan, manual& procedures.
* Identified , advised& implemented ergonomically chances to reduce Health and Safety hazards
* Implemented Environmental awareness on site.
* Prepares daily, weekly and monthly safety report.
* Carried out daily Inspection of assigned areas monitor site Conditions, work parities and Safety compliance and ensure that safe work Conditions/ Practices is corrected by Supervisor...
* Conducted HSE induction training session for new supervisor/workers.
* Conducted Tool box talk for workforce.
* Developed HSE training program and incentives programs.
* Issued work permits and make checklist for site activities.
* Prepares training slides for workers and staff regarding Health safety and Environment.
* Prepared COSHH assessment according to MSDS
* To participated and assisted in investigation of incidents/ accidents with involving job supervisor etc.
* Carried out Emergency Drills on worksites.
* Carried out rescue operations on worksite.( confined space , working at height, heat stress)
* To ensured good safety performance & health among the workers
* Recorded minutes of safety meetings and keep records of all Health safety and environmental activities.
* Maintained safe working environment in the organisational projects.
* Arranges schedules on CPR/First Aid & Safety training classes covering evacuation, fire extinguisher etc.
* Arranges motivational & rewards by conducting HSE programmes to staff and workers develop safety culture inside the worksite.
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| ***IT Skills:*** | Well versed with computer MS Office, Excel and Internet Applications |
| *Declaration:*I would state myself to be confident & socially conscious and to the best of my knowledge, the above-mentioned Information is true and substantiating documents in support of the details mentioned above will be provided as and when required.Place : Dubai Date : [MANU] |