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| **CURRICULUM VITAE**  **Health Safety & Environment(HSE)** |

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| C:\Users\Joseph\Desktop\New Doc 2017-07-14_1.jpg  **MANU**  ***Email***: [manu-393338@2freemail.com](mailto:manu-393338@2freemail.com)  ***Personal data:***  Date of birth :10-08-1989  Nationality : Indian  Gender : Male  Marital status : married  Language skill: English Hindi, Arabic and Malayalam.  ***Driving licensee: INDIAN*** | ***Carrier objective*** |
| ***Energetic and versatile problem-solver with a genuine interest in implementing and maintaining best practice health and safety standards for businesses. Keen to work for a reputable employer in a stimulating role where I can apply my excellent organizational and communication skills, professionalism and enthusiasm.*** |
| ***Summary*** |
| * **International diploma in Health and Safety Management**-IIRSM – UK**(Level-3)** * **Completed ISO 45001:2018 Lead Auditor (Occupational health and safety management system) -UK** * **NEBOSH IGC 3** from DISS Qatar * **Completed PG diploma in fire and safety**  approved from NSC , India (UAE attested ) * **Completed BSc in fire and safety from IILLIM University.** * **Completed Diploma in fire and safety from NIFE** * Successfully **Completed IOSH-Managing Safely** * Successfully Completed **scaffold inspector course** * Successfully completed **confined space supervisor course** from Doha industrial safety services, Doha, Qatar. * Acquired **Medic First Aid** (Basic CPR And First Aid For Adults) * Successfully Completed **Risk assessment course form Doha industrial safety services.** * **Successfully completed internal Auditor course.** * **Best HSE performer in Boom general contractor period of 2014 to 2015** * **Best performer in Blur star Ltd (western Regen) year of 2013 to 2014** * Have Exceptional Team Spirit Helping In Easy Achievement Of The Organisational Health, Safety, Environmental& Personal Goals. |
| ***Total Experience*** |
| 1. **Organization** : **Abu Dhabi (Offshore)**   Position : **HSE Officer**  **Projects : Installation of gas turbine generator**  **Clint : ADNOC**  **Period** : 24-12-2017 to 29-07-2019 |
| 1. **Organization** :   **Doha – QATAR**  Position : **HSE Officer**  **Projects : KATARA(Cultural village)**   * **ASHAGHAL *( Qatar Deserves the best)***Doha , Qatar   **Period** : 01-11-2014 to 12 December 2017 |
| 1. **Organization : M/s Blue Star ltd Mumbai , India**   **Position Held : HSE Officer**  **Project : JW Marriot Hotel & Radisson Hotel**  **Period : 05 June 2013 – 30 October 2014** |
| 1. **Organization** : **M/s Sterling and Wilson ltd Mumbai , India**   Position Held : **Safety Officer**  **Project : TCS IT park**  Period : 3 Feb 2012 -04 June 2013 |
| 1. **Organization** : **M/s Vascon engineering LTD Mumbai , India**   Position Held : **Safety Supervisor**  **Project : Neelkan palacia**  Period :15 April 2010 -01 Feb 2012 |
| 1. **Organization** : **M/s Safe Tech fire engineering Pvt Ltd Mumbai , India**   Position Held : **Safety Supervisor**  **Project : Factory**  Period : 01 June 2009 -13 April 2010 |
| 1. **Organization** : **M/s Vintex fire protection Pvt Ltd Mumbai , India**   Position Held : **Safety Supervisor**  **Project : factory**  Period : 05 November 2008 -30 May 2010 |
| **Total Experience: 10 years and 8 months**  **Overseas Experience : 4 Years and8 month** |
| ***Job Description:*** | * Proved professional experience in occupational health, safety and environmental management. * Drafted correspondence with client , consultant and subcontractors * Participated in HSE audits & inspection with external parties, client and consultant. * Experienced in working with operational staff on the implementation of initiatives to improve Health, Safetyand Environmental performance and behaviours. * Conducted internal HSE audits on all safety aspects on a regular basis& weekly basis. * Advised management in developing HSE policy, environment policy and updating HSE plan, manual& procedures. * Identified , advised& implemented ergonomically chances to reduce Health and Safety hazards * Implemented Environmental awareness on site. * Prepares daily, weekly and monthly safety report. * Carried out daily Inspection of assigned areas monitor site Conditions, work parities and Safety compliance and ensure that safe work Conditions/ Practices is corrected by Supervisor... * Conducted HSE induction training session for new supervisor/workers. * Conducted Tool box talk for workforce. * Developed HSE training program and incentives programs. * Issued work permits and make checklist for site activities. * Prepares training slides for workers and staff regarding Health safety and Environment. * Prepared COSHH assessment according to MSDS * To participated and assisted in investigation of incidents/ accidents with involving job supervisor etc. * Carried out Emergency Drills on worksites. * Carried out rescue operations on worksite.( confined space , working at height, heat stress) * To ensured good safety performance & health among the workers * Recorded minutes of safety meetings and keep records of all Health safety and environmental activities. * Maintained safe working environment in the organisational projects. * Arranges schedules on CPR/First Aid & Safety training classes covering evacuation, fire extinguisher etc. * Arranges motivational & rewards by conducting HSE programmes to staff and workers develop safety culture inside the worksite. |
| ***IT Skills:*** | Well versed with computer MS Office, Excel and Internet Applications |
| *Declaration:*  I would state myself to be confident & socially conscious and to the best of my knowledge, the above-mentioned Information is true and substantiating documents in support of the details mentioned above will be provided as and when required.  Place : Dubai  Date : [MANU] | |