**Work Experience:**

**School in Abu Dhabi 2019-present**

Student Support Assistant

* Providing one to one support to children with EAL
* Liaising with other members of staff to ensure the correct support is given to students at all times
* Completing action plans for all students on the EAL register

**2017-2018**

Learning Support Specialist

* Providing one to one support to students with learning difficulties
* Aiding students who struggle with understanding concepts in lessons
* Providing workshop for special educational needs students
* Assisting individual students in lessons who struggle with SEN, in tasks such as concentration, taking notes and understanding the lesson
* Helping the teachers in the classroom to understand SEN student’s individual needs and tailoring the lesson to their needs

Open University – 10/2016 – 06/2019

Open Degree- Bachelors of Science with Honours

DeMontfort University - 10/2011 – 06/2013

Pharmaceutical Studies – Level 4 achieved

Leicester College – 2011

Preparing to Teach in the Lifelong Sector

Leicester College – 09/2010 – 06/2011

Access to Science – Distinction

Heart of England College – 02/2009 – 06/2011

NVQ Level 2 and 3 Beauty and Holistic Therapy

Wyggeston and Queen Elizabeth 1 College – 08/2007 – 06/2008

AS Levels – Psychology, Sociology and Law

Judgemeadow Community College – 08/2002 – 06/2007

10 GCSEs graded A-C in subjects including English, Maths and Science

Education

* Counselling - Current
* Occupational Therapy and Sensory

Processing Training

* Certificate in Child Health
* Cancer Massage with palliative care counselling
* British sign language – Level 1 award

Other Courses

**Languages –** English, Urdu, Gujarati and Hindi

**Nationality –**British (United Kingdom)

Profile Overview

I am a recent graduate in Open Degree Bachelor of Science specialising in psychology, biology and modules on sensory impairments. I have recently enrolled onto a UK accredited counselling course to fulfil my passion in helping individuals to navigate through life. Through my life experiences, I have gained an understanding of mental illnesses and volunteered at a local radio station, where I was a host raising awareness on mental health issues, with a focus on combatting stigma within communities, in particular within young people. I also trained as a Cancer Massage Specialist, where I developed skills to counsel cancer patients in palliative care as well as their loved ones. I also have a qualification; Preparing to Teach in the Lifelong Sector, which allows me to work with young people as well as adults. I utilised these skills by tutoring students particularly those with special educational needs. My passion was further ignited when I worked with students who were part of the inclusion department, where I dealt with students with Global Developmental Delay, Autism, Dyslexia and Down’s syndrome. My aim is to gain a Masters in Chid Psychology, so I am able to further my passion in the field of psychology. I also aim to deal with the stigma of mental health in communities so that more people are able to get the help that they need, with a particular focus on children’s wellbeing.

*Reference’s available upon request*

**KEY COMPETENCIES – Personal Skills**

* Identifying negative feelings and replacing them with positive ones
* Possessing a number of organisational skills such as timekeeping and prioritising tasks
* Controlling my own emotions, when dealing with anyone
* Having a good deal of empathy, allowing me to empathise with individuals
* With the challenging life experiences that I have had, I am able to understand what others may be going through, through non verbal cues
* Having a genuine interest in others
* Being able to self-reflect to improve my own actions and emotions
* Ability to listen to others and deduce their needs by doing so

**KEY COMPETENCIES – Professional Skills**

* Able to understand individual’s needs
* Using the skills developed, I am able to compassionately understand what each individual requires by building a rapport with them and gaining an understanding of their needs
* Managing and coaching individuals to develop new skills
* Working on student’s limitations and giving them the confidence to develop on these
* Actively listening and encouraging individuals by asking open ended questions to summarise an individual’s feelings and emotions
* Able to work with children who have autism, global developmental delay and other special educational needs
* Excellent subject knowledge and an ability to use assessment effectively to keep learning moving rapidly.

1. Pushing higher & lower ability students using their CAT data.

**2015-2016**

Business Owner –

* Specialising in Dermalogica skin treatments
* Indian Head Massages
* Cancer Massage and Palliative Care
* Managing my own business
* Training staff in salons on products and services
* Reflexology with holistic health including wellbeing and mindfulness sessions
* Allowing clients a safe place to speak about their personal problems
* Being able to identify client needs based on what they are saying and through previous experiences

**Clinic 2013-2015**

Assistant Manager and Beauty Trainer –

* Training staff on new equipment such as new laser machines and facial electronics
* Managing placement students and training them to understand the salon environment and client wellbeing
* Inventory and training staff to manage stock
* Training staff on products and services
* Ensuring salon operation including staff is run as efficiently as possible

**SHAF’s Beauty & Laser Clinic 2009-2013**

Beauty and Laser Therapist

* Conducting treatments according to SOPs
* Ensuring that clients receive treatments efficiently and with brilliant service
* Handling appointments
* Conducting stock takes